The PARENTS' MAGAZINE

Formerly called "CHILDREN, The Parents' Magazine"

May 1930
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Are Parents Bad for Children?

By BERTRAND RUSSELL

★

Guiding the Adolescent in a Changing World

★

No One Need Have Scarlet Fever!

★

What Movies for Young Folks?

★

AND 21 Other Features on Rearing Children from Crib to College

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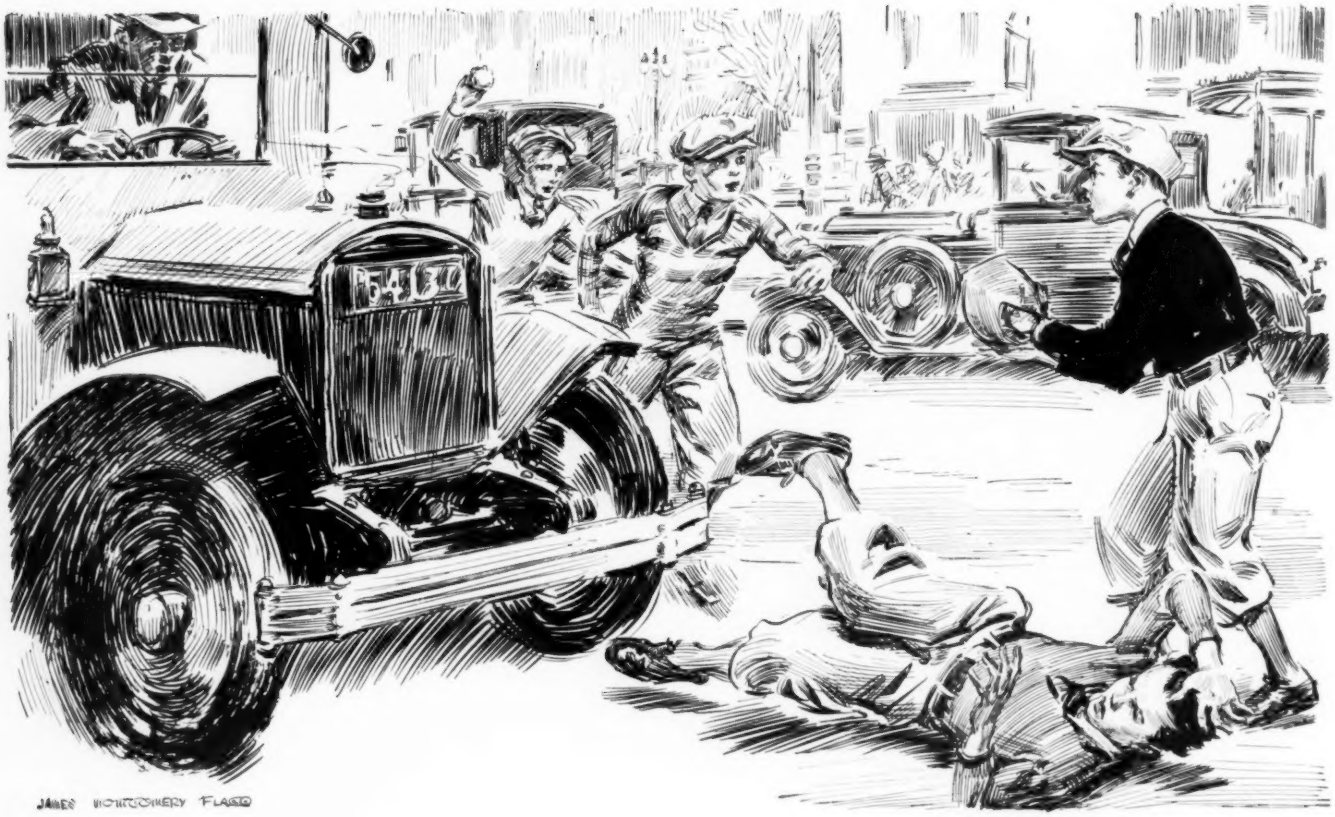
Published with the official co-operation of Teachers College, Columbia University; University of Minnesota; State University of Iowa; and Yale University.

Marion Oldham



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May, 1930

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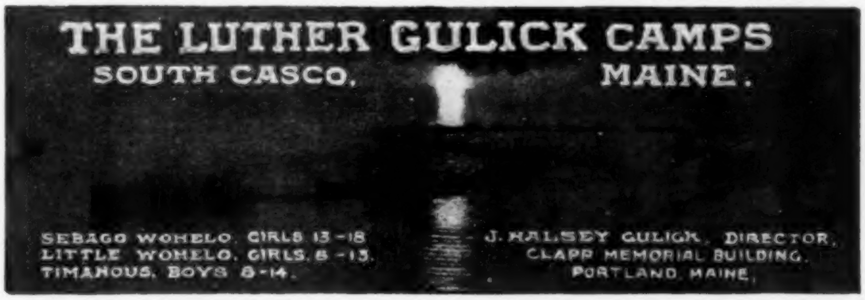

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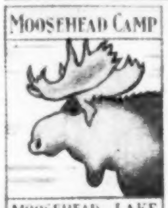

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"Special Schools for Different Children"—an article of especial interest to parents of children who will profit by individual care and instruction. Page 22.

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Answer: Some cereals in the milling process discard all of the bran and the vital part of the grain. Others keep only part of each. Quaker Oats is the outstanding *whole* grain cereal because it keeps *all* of the bran and *all* of the vital part of the oat.

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AN EDITORIAL MESSAGE

PARENTS' DAY

Is Dawning

IT is interesting to note that "Parents' Day" as a substitute for "Mothers' Day," observed the second Sunday in May, is gaining ground. An editorial, appearing on this page a year ago, urged that this broader significance be given the day. Newspapers throughout the country endorsed the idea editorially. This year the Board of Education in the City of New York has directed attention to the observance of "Parents' Day" in the city schools. What is true in New York is true in other cities and towns, the purpose being to direct the attention of children to the fact that *both* parents have a part in their upbringing and care.

We confess to no special enthusiasm for "Days" or "Weeks." And yet it is impossible to deny that "Clean-Up Week," "Good Posture Week," "Fire Prevention Week," and so forth do serve to emphasize certain much-to-be-desired ends and to focus public attention and the interest of school children upon them. If, however, such observances are to have any permanent value it is obvious that the lessons they teach must be carried over and applied throughout the year. The special week or day is useful as an intensive publicity campaign for ideals of permanent value.

And so with "Parents' Day." It is heartening that the sentimental over-emphasis of "Mothers' Day" is being replaced by recognition of the importance of both mother and father in the life of the child. But plans for the observance of such a day should not stop with oratorical remarks to the effect that children would do well to express some appreciation of their parents. A deeper significance will be given the day if it serves to emphasize the fact that parenthood is the greatest of all professions, the one requiring the most skill and knowledge. On "Parents' Day" the attention of fathers and mothers should be called to the fact that they may ask for and receive help with the care and training of their children. The sources of such help should be made clear to them and an organized effort made to stimulate parents to come together to study and learn how best to bring up their children in the light of that great body of knowledge which is being amassed today by scientists, doctors, teachers, nutritionists and experts in many fields.

We are convinced that an inspiring and truly helpful program for "Parents' Day" can be planned if all agencies concerned with parental education—churches, schools, public and private organizations—will unite to develop it. What began as "Mothers' Day" will then have acquired a significance in keeping with the enlightened opinion of today, and the best interests of childhood will be served.

"The future of the race marches forward on the feet of little children"—*Phillips Brooks*

Photograph by Clara E. Sipprell

Adolescence is a troubled time of sudden enthusiasms, sudden doubts, when the carefree days of childhood are lost in the rush of growing up

Guiding the Adolescent in a Changing World

By SIDONIE MATSNER GRUENBERG

Director, Child Study Association of America,
Author of "Your Child Today and Tomorrow,"
"Sons and Daughters," etc.

IT is late. A father sticks his head out of the upper window of an apartment house, and disregarding the comfort of his neighbors who may be sleeping, shouts to his son on the sidewalk below: "Don't you know you've got to be in by ten?"

The son, humble but irritated, "Yes."

The father, making sure that there is no misunderstanding, "Don't you know you can't have a key until you are sixteen?"

The son, still further annoyed by the irrelevancy, admits that he knows.

The father asks, "Where have you been?"

The son, wavering between despair and defiance, replies, "I've been down town with some of the fellows."

The father, strong for logic and for discipline, ends the discussion: "Well, if you can't come in on time, you can't come in at all. You can go back where you came from and see how you like it." And the window is shut.

A generation ago, in an isolated house in a smaller community, this drama of parental anger was a village comedy. Son could spend the night in the barn, or in the woodshed. In the morning it was difficult to tell which looked more sheepish, father or son; but no serious harm had been done. Today this is a bitter tragedy of youth, who feels misjudged and mistreated. Son does stay out all night. But where? And what are the effects upon his attitude toward his parents?

In one generation our means of locomotion, our dwellings, the rate of living, and the closely related ways of thinking, have been so completely revolutionized that it is very difficult to keep up with the change. Father's picture of the life of youth, what he remembers of it, fits the present facts at but few points.

NOR GRASS NOR HAY

By VIOLET ALLEYN STOREY

"Now she is neither grass nor hay,"
Is what I hear the old ones say
Of Letty, seventeen.

I think of spring's first grass that grows
Obediently through melting snows
In tender, trustful green.

I think of hay in summer mown down,
Usefully crisp and yellowish brown,
Come to its fate so soon.

And then I see one field where tall,
Lithe grasses dance and bow to all
The frivolous airs of June!

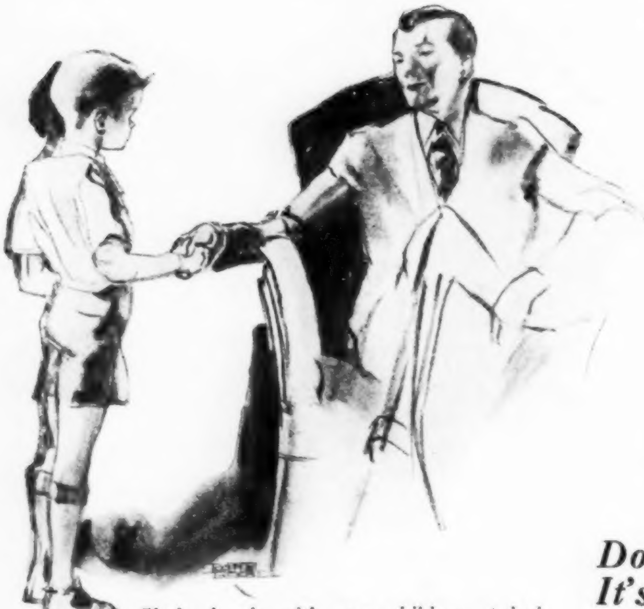
A field where daisies shake their heads,
And wild briar roses make their beds,
And buttercups are seen!

"Good hay is spoilt by wind and weed,"
The old ones say, but never heed!
Dance, Letty, seventeen!

This morning, at about seven o'clock, I heard the sound of an unfamiliar bell in the court in front of our windows. A boy on the seventh floor was ringing that bell to attract the attention of my boy—we live on the ninth floor. Here is a modern substitute for shouting across the backyard fence. If they had started their conversation by shouting across the court, a hundred persons would have been affected; yet that would have been the normal thing to do—under the conditions that existed a generation ago. This is a trivial incident, but it shows that identical needs and desires have to be met by methods entirely different from those that served our parents.

A fifteen-year-old girl shocked her mother by adopting lipstick and rouge. How well her mother remembered what the flaunting of red meant, when *she* was a little girl! Nice people didn't do things like that. She had been deeply impressed. A generation later she applies the same formula. And yet conditions have changed. Some very nice people use both rouge and lipstick. Some go farther, and bleach their hair, or have their eyebrows plucked. We cannot discuss taste; but is there a moral question involved? Even some mothers who have themselves adopted the foibles of fashion may yet be shocked when daughter approaches the problem of cosmetics. It is not exactly wrong, but isn't Margaret too young? At the present time the use of lipstick and rouge is a matter of fashion entirely. At one time there may have been definite moral connotations. At present the designers of women's clothing take for granted that for the best effect certain cosmetics will be used, just as in a previous period they designed white wigs to accentuate certain costuming. Parents must make this distinction in discussing the problem with the young person and not confuse her by introducing questions of standards and morals where *only* fashion and custom are concerned.

A seventeen-year-old high school boy was asked by a girl to take her to the "prom." It was a leap year and everything was to be quite proper. But it would be necessary for the boy to bring the girl home, in the suburbs, in an automobile. The boy's mother did not like the idea. "She cannot be a nice girl," thought the mother. That kind of judgment might have been sound thirty years ago. Today, it may or it may not be. Certainly the facts at hand did not warrant the mother's conclusion. The forming of such a judgment, aside from the disappointments and immediate effects (*Turn to page 63*)



Shake hands with your children at bedtime but don't think of kissing them, advises Dr. John B. Watson, leading Behaviorist

Are PARENTS *Bad for* CHILDREN?

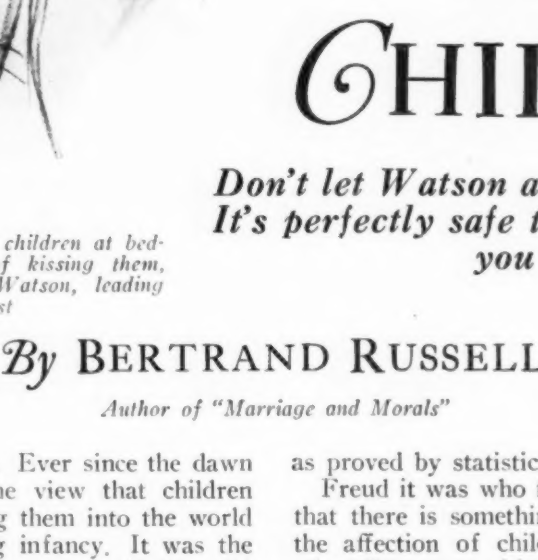
Don't let Watson and Freud frighten you. It's perfectly safe to love your children if you want to

By BERTRAND RUSSELL

Author of "Marriage and Morals"

FEW things in the modern world are more surprising than the change which has come over parents in the present generation. Ever since the dawn of history parents had taken the view that children owed them gratitude for bringing them into the world and for maintaining them during infancy. It was the duty of children to love their parents, and if they did not, their parents were justified in whipping them until they did. It was thought that mothers, unless they were exceptional monsters of iniquity, loved their children better than anything else in the world, and knew by instinct exactly how to handle them. If children behaved badly, that was due to natural depravity, not to bad handling. So long as this view prevailed, people enjoyed having children, and large families were the established order of the day.

The outlook of the modern parent is, in almost all ways, the antithesis of this. Many moderns consider existence a doubtful boon, and are inclined to apologize to their children for having inflicted upon them the miseries which life, they think, necessarily entails. They are aware that to have the company of their children all day and every day is by no means unmitigated bliss. As soon as their children show any natural affection for them, they suspect an Oedipus complex. So far from imagining themselves equipped by instinct to deal with their children, they read great books about all the mistakes they are likely to make, until they become so terrified that they dare hardly breathe in their children's presence, and are tempted to leave the job to what are called "experts," i.e., to people who have read more of the great books in question. Consequently children have ceased to be a pleasure to their parents, with the result that the number of children per marriage as proved by statistics is continually diminishing.

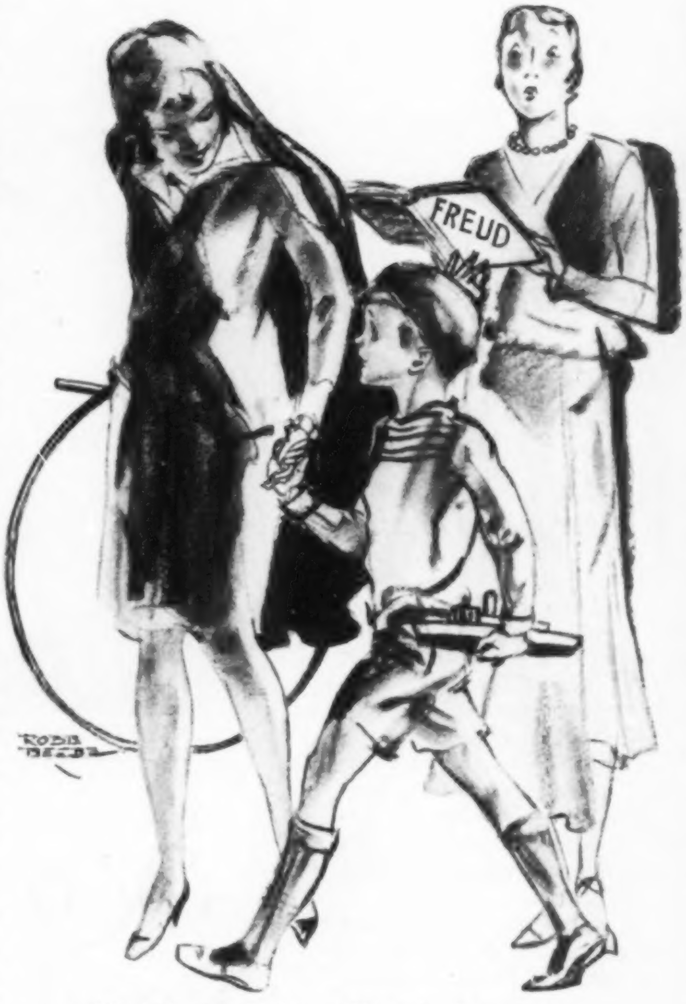


If too much loving is a dangerous thing for babies why not consult your wrist-watch and make your kisses brief?

Freud it was who first terrified parents with the idea that there is something sinful, dark, and disastrous in the affection of children for their parents. Watson, who disagrees with Freud about almost everything, nevertheless agrees with him about this; he apparently considers it a very unwise decree of nature that children have to have mothers, but he hopes that the State will soon improve on nature's plan in this respect. A child might, of course, grow fond of his nurse, which would be almost equally terrible, so the nurse must be frequently changed. The child is to sleep in a room by himself and to live in an aseptic environment; it is thought that in the end he will acquire the skilful ruthlessness which is needed to make him a captain of industry.

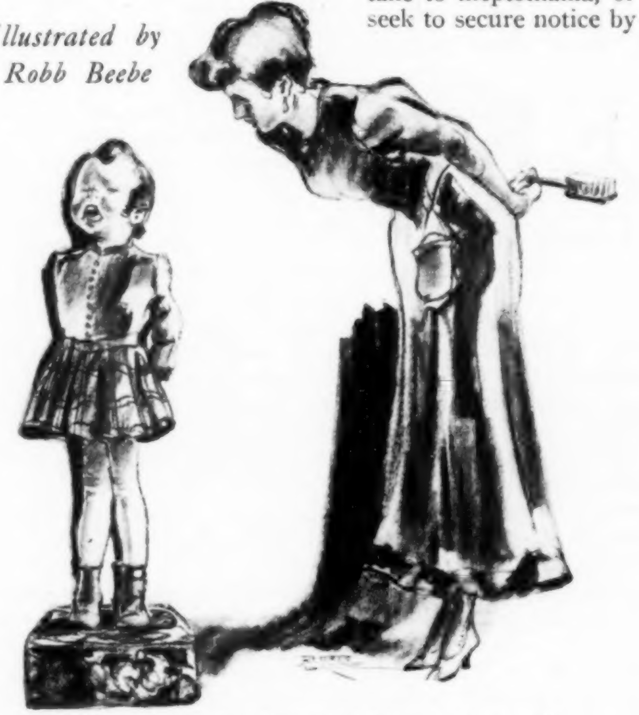
My own belief is that this point of view is profoundly and radically mistaken. The empirical evidence for it is of the slightest: its real basis is *a priori*. There is a psychological thesis to the effect that all affection is sexual, and an ethical thesis to the effect that all affection containing a sexual element is undesirable unless it can lead to a full sexual union. I do not accept either of these theses, but it is the first, especially, that I wish to controvert. Of course, the affection of parents for children and of children for parents is, in part, physical. Indeed an affection containing no physical element is nothing but the idle dream of a Manichaean. Affectionate parents like to hug and kiss their children, and children, especially when they are very young, like the warmth of their mothers' bodies and the feeling of safety that they derive from close proximity. But to call these feelings, on either side, sexual, is, to my mind, to obliterate important distinctions. The satisfaction which very young infants derive from their mothers is a combination of those that we derive in adult life from hot water bottles and policemen. The feelings of parents towards children are, of course, more complex. And I do not deny that in some parents there is a sexual element in these feelings. What I do deny is that there is any such element in the parental feeling proper. Where such an element obtrudes, it interferes with parental feeling and side-tracks parental activities. I am willing to admit, further, that where it exists strongly in the parent, it is apt in time to produce a corresponding response in the child. Such cases, however, are not to be regarded as the normal development of the spontaneous emotions of ordinary human beings, but as the warped and diseased reactions of people maimed by unfortunate circumstances. A cat likes to lick her kittens, but her behavior to them is not in any way similar to her behavior in the presence of a tom. Yet I feel that Dr. Freud, watching her physical caresses of her offspring, would suspect her of incestuous longings. The human mother, if her instincts are unspoiled and her sex life is satisfactory, is just as innocent as the cat in her dealings with her children. And if her own feelings are right, the responses of her children will also be right. The Oedipus complex, where it occurs, is always caused by a wrong attitude in the mother—an attitude, mainly, of seeking from children a spurious imitation of satisfactions only fully derivable from sexual relations between adults.

A physical affection between mother and child, when it is of the right sort, is not merely harmless, but actually necessary to the child's proper development. It is good for the child that someone loves him specially; this makes him feel safe and therefore adventurous. Unloved children are timid and apt to be thin; they tend to be filled with a kind of anger against the world, making them prone to irrational rages and rebellions; they may take to kleptomania, or seek to secure notice by sleep-walking. Watson's theory of education concerns itself with habit formation, but he thinks only of habits of doing, whereas habits of feeling are equally important. Perhaps it would be unjust to say that he ignores habits of feeling altogether: he has, for example, said many good things about habits of fear; he even knows how to teach a child to love a woolly rabbit, but for some reason he draws the line at loving persons. Yet the habit of affectionate and friendly reactions to persons is one of the most valuable of habits, and it is not easily learned if all physical contacts are viewed with suspicion. Not only so, but the mother who has taught herself never to hug her children will find her affection for them inhibited; it will become awkward, angular and shy, so that the children themselves will no longer be instinctively aware of it. When they see other children whose mothers treat them more naturally, they will be filled with envy, and this may go so deep as to make them grow up enemies of society. For all these reasons, I deprecate the onslaught of modern theorists on parental affection.



It's bad enough for children to have to have mothers, but suppose they grow fond of a nurse!

Illustrated by
Robb Beebe



It used to be the duty of children to love their parents and if they didn't the system was to spank them till they did

The fact is, that not enough is known about this whole matter to justify our removing it from the sphere of common sense to that of science. For the writers of books it is no doubt a fortunate circumstance that any man who will say a thing emphatically and at length, is sure to be believed by many people. But to the world at large, a certain measure of skepticism is much to be desired. The power of reading books without believing all they say is one which (*Turn to page 69*)

No One Need Have SCARLET FEVER!

By Gladys H. Dick, M.D.

Scarlet fever—that dreaded disease which has formerly taken a high toll of children's lives—can now be eliminated by means of antitoxin perfected by Doctors Gladys and George Dick

Dr. Gladys H. Dick, of the John McCormick Institute for Infectious Diseases, famous for her work in scarlet fever prevention

AN epidemic of scarlet fever may be controlled in forty-eight hours.

If the present knowledge of scarlet fever were universally and intelligently applied, the disease and its consequences would be eliminated.

Most people know that something has been happening recently in the field of scarlet fever prevention and control. But they do not know what that "something" is or how they may benefit by it. Few realize that we now know the germ of scarlet fever; have an antitoxin for the disease; can make skin tests to tell which persons in any group are susceptible and have a method of immunizing susceptible persons so that they become immune to scarlet fever and are no longer in danger of catching it. If the announcements of these new developments, resulting in four different biological products, had been made one at a time, separated by intervals of some years, there would have been time to assimilate each. Coming all together, they have caused confusion which is not limited to the laity but extends to the medical profession and to the druggists.

How can scarlet fever be recognized? The first symptom is sore throat. The second symptom is nausea which usually results in vomiting. If a child complains of sore throat, seems feverish and vomits, the possibility of scarlet fever should be considered and a physician called.

The rash which gives the disease its name usually appears on the second day of illness. It begins as a flush on the chest and abdomen and spreads over the whole body except the face. The fully developed rash consists of minute pin points of bright red color thickly scattered over the flushed skin. If the hand with the fingers spread out is pressed on the skin and removed quickly, it leaves its print in white on the red background. As soon as the pressure is removed the blood begins to come back into the dilated vessels of the skin and the white print of the hand promptly disappears.

While the symptoms at the onset of an attack of scarlet fever are quite constant, it is impossible to predict what the subsequent course of the disease will be. Some attacks are mild. In others, the patient grows rapidly worse and dies in a few days. Between these extremes there is every gradation. In the ordinary, uncomplicated attack of moderate severity, the rash stays about one week. The fever lasts about ten days and subsides gradually. During the third or fourth week of illness the top layer of the skin begins to peel off. This peeling, or desquamation, is most noticeable on the palms of the hands and soles of the feet.

If sore throat, rash and fever of about two weeks' duration exhausted the possibilities of scarlet fever, the disease would not cause so much concern. Even the mildest attack of scarlet fever may be accompanied or followed by complications which may cause death or permanent disability. The complications most frequently involve the ears, kidneys and heart. Scarlet fever is well known as one of the causes of partial or complete deafness. Many of the heart and kidney conditions which incapacitate useful citizens at the prime of life may be traced to an attack of scarlet fever in childhood.

In the immediate vicinity of the scarlet fever patient, the air is contaminated by minute droplets of moisture from the patient's breath. These droplets carry the microbe of scarlet fever. If the contaminated air is breathed by some one susceptible to the disease, the germs may lodge in the throat and grow there, producing the first symptom of scarlet fever—sore throat.

If the contaminated air is breathed by some one who is immune to the disease, the germs *(Turn to page 54)*

This Way to FOOT HEALTH

Whether your child's feet develop as they should and are free of defects depends upon the attention you give them

By Florence A. Sherman

Assistant Medical Inspector of Schools, New York State

THERE is nothing more important to a person's efficiency and well-being than a pair of healthy feet. Yet foot troubles are common and many of them start in early childhood. The report of a survey on foot defects of 225 children in a public school in New York State (ages between 5 and 8) disclosed that 69 showed wrong foot use. Instead of walking as they should, feet parallel, toeing straight ahead (as the Indian walks), 27 toed in and 47 toed out, 154 (more than half) wore faulty shoes, mostly too short, 47 had weak foot or beginning flat foot (3 congenital), 131 wore too short stockings (which are almost as bad as too short shoes), 171 showed no care for the nails, which were ragged, broken, ingrowing and infected. 169 showed poor foot hygiene. Corns and calluses were also noted on the feet of these young children. It is reasonable to suppose that the conditions found in this school are indicative of similar ones existing in other public schools everywhere. This situation is alarming and should arouse the interest and attention of every parent.

Congenital flat foot is easily overlooked, as the foot at rest seems normal, but when it comes to bearing weight assumes an abnormal position. The peculiar manner in which a flat-footed child places his foot in walking is indication enough of what the trouble is. He either toes out or toes in, never walks with his feet parallel as he should. In many cases he walks pigeon-toed (toes in) and because of this is brought to the doctor for examination. He stumbles frequently, falls down easily, has faulty posture, increased curve in his lower spine, and projecting abdomen. Frequently knock-knee is seen in these children. They knock their ankles together, wear holes on the inner side of the shoes, often complain of growing pains (which no normal child should have), are unable to walk far, tire easily and want to sit down or be carried. All this is due to faulty foot alignment. This condition, so easily overlooked, goes to show the necessity of periodic foot examinations from infancy up in order to prevent faulty conditions from becoming permanent disabilities. The same attention should be given to the child's feet as is given to his eyes, ears, nose, throat and mouth. Here are the most essential items of daily foot care.

$250 for the Best Story

THE PARENTS' MAGAZINE *offers a prize of* $250 *for the best two-part story dealing with the relations of parents and children, problems of child life and child training or situations involving boys and girls in their teens. Plots and treatment must be psychologically sound. The story should be written for adults. No juvenile material will be considered. Stories should not total more than* 6,000 *words and must be submitted by November* 1st, 1930. *If two or more stories are adjudged of equal merit, duplicate prizes will be awarded. In addition to the prize award,* $100 *will be paid for every other story accepted for publication. If stamped return envelope is enclosed, those stories judged unsuitable for publication will be returned after reading. Address: Fiction Editor,* THE PARENTS' MAGAZINE, 255 *Fourth Avenue, New York, N. Y.*

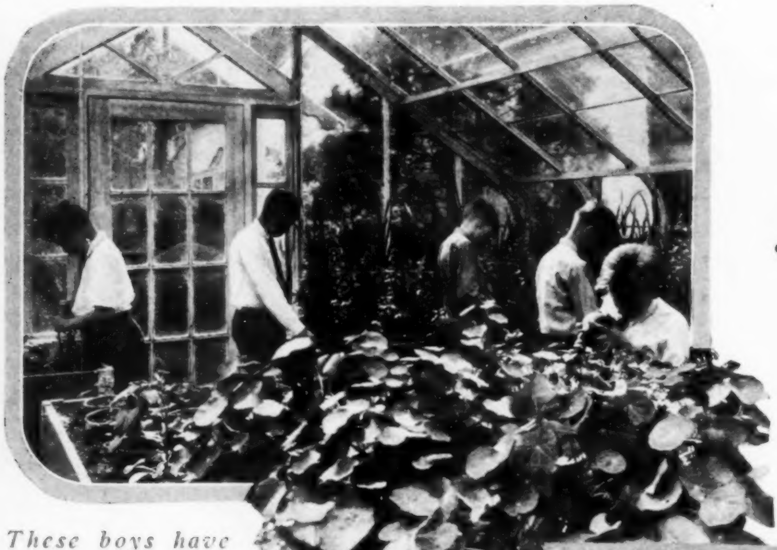
A DAILY FOOT BATH is as essential as a daily hand bath. This is of course included in a daily all-over bath which is the deal in cleanliness. However, if for any reason the daily bath is omitted the child should be capable of taking his own foot bath. The best time is just before going to bed. A brush is as important for the feet as for the hands, and should be used daily on the nails and soles of the feet. This keeps the nails soft and clean and improves skin tone.

CARE OF THE TOE-NAILS—The nails should always be cut *straight* across, flush with the fleshy part of the toe, never in at the corner, as this predisposes to ingrowing nails and infection. After cutting they should be smoothed with a file. Once in two weeks is often enough for cutting and filing the toe-nails.

STOCKINGS — Stockings are as important as shoes in connection with foot health. They should measure at least half an inch longer than the foot measures from heel to toe. They should always permit perfect foot freedom. Too short stockings are as bad as too short shoes. They should be changed daily, certainly every other day, and if worn twice they should be turned and aired nightly. They should not be worn after too much mending as this is apt to produce calluses. It is best to buy a good quality stocking which will last longer without mending than will cheap hose. It is also true that stockings worn for a day only before washing will last longer than if worn for several days.

SHOES—Children's shoes should be chosen with great care. Some authorities believe in keeping the child in moccasins longer than others. Whenever the change is made, the soft moccasins should be followed by lace shoes of soft leather with flexible sole. Whatever the type of shoe they should be long enough and broad enough to allow perfect foot freedom, roomy enough for forward foot drive and broad enough to permit of toe spread when walking. When buying shoes for children insist upon the following points: that the shoes have a straight inside line, a flexible shank, and preferably no toe caps. They should measure at least half an inch longer than the foot measures from heel to toe. For children who are walking the measurement should always (*Turn to page 53*)

SPECIAL *for* Different



These boys have learned lessons not in books through caring for flowers

THE dunce-cap with its stigma of disgrace and inferiority has been banished from our schools. In its place we have the intelligence test. And following the intelligence test the special class and the special school.

Today when a child does not succeed in school or his behavior presents difficulties, we do not punish him or reproach him. Instead we ask what we should do for him. Can the cause of his conduct be traced to the school or to the home, or is it due to the mental make-up of the child himself?

Goodness, psychologists tell us, is the normal state of the normal child. No child is born "bad." He can only be made "bad" after he is born. The child who disobeys, who rebels, who tells lies, who takes what is not his, who grows violently angry and has temper tantrums, who runs away and continues to run away, who is self-willed and stubborn, who is afraid of things or who cries too often, who destroys property and injures other children, who bullies and teases—all children who present these and similar problems in our homes and schoolrooms must be studied for the causes of their behavior.

Perhaps some physical defect is the root of the trouble. The mind and its workings depend upon the brain. The brain with its ten thousand million neurons is part of the

The joy and satisfaction of creating something with their hands means much to youngsters

Various special schools have summer camps that provide an ideal environment for the unusual child

Strong muscles, better co-ordination and a willingness to give and take come through team play

SCHOOLS
Children

The unusual child needs unusual educational opportunities. New ways of interesting and helping such children are described here

By ELEANORA MUNROE PRINGLE

body. And if any other part of the body is sick or diseased, the brain cannot do its work as it should. So first of all we must find out whether the child is a well child, and if not we try to make him well by removing the cause of the trouble or remedying it.

Or perhaps the child's environment is wrong. There may be quarrels in the home, or the child himself may not be understood. So we make it our business to study the home, sending a visiting teacher to talk with the parents so that we may find a reason for emotional disturbances.

The small class lessens nervous strain and makes possible the individual help these children need

Every one of them, once a misfit, is now happy in ideal surroundings with someone to guide and understand

Beautiful handwork is done by many a girl who finds it hard to concentrate on textbook lessons

That great healer, the sun, is given every chance to build up the vitality of these children

The school itself may be to blame. Our schools are planned for average children and can not well be otherwise as they are now organized. And the child whose mental age is several years above or below his physical age needs education that will meet that difference. We are now trying to fit education to the child, instead of demanding that the child fit into a ready-made educational system. A child who seems stupid and lazy is really a child who needs understanding and study and the right kind of help. The special class and the special school are meeting this need.

What is a problem child? To answer this we must ask what it is to be normal. A normal man can earn his own living and conduct his own affairs. By this standard, the accepted definition, grades of intelligence are of no account. A man may be as dull as he likes and engage in the simplest of occupation, gathering leaves in a bag in the public park or clearing away soiled dishes in a restaurant, and (*Turn to page* 44)

¶ What to take, what to see, how to safeguard the children's diet and many other practical questions are answered in this article

Panama Pacific Line

Children have the best kind of fun on shipboard since many transatlantic liners provide splendid play equipment and skilled recreation leaders

If You Take the Children ABROAD

By RUTH SAPIN

WHEN the long awaited time for a trip to Europe arrives, many people plan to make the Grand Tour accompanied by small sons and daughters. Immediately, if you are a mother, a number of questions present themselves. Isn't much travel in a short period too wearing and physically and mentally overstimulating to children? How about food abroad? What of costs? You're not planning on fashionable hotels and resorts, but children need certain comforts, so you can't travel in the Bohemian fashion of college students. And which are the best sections of Europe to which to take children?

In general it is safe to say that a trip planned with the aid of traveled friends at home, a trip that calls for a one to three weeks' stay at a few key places and short side trips from these places, is the best arrangement when you are accompanied by children under twelve. The large cities need not be avoided—European cities have more open spaces and more provision for outdoor life in the summer than have the large cities in America. But in addition to the cities, in addition to the places where one goes, to quote an enthusiastic ten-year-old, "to look at the wonders of God" (Lucerne and Interlaken, for instance, Chamonix and Mont Blanc) the summer trip abroad should include a stay at seashore or lakeside. Many European coast resorts are apt to be rainy or foggy, but in the south, on the French or Italian Riviera (winter resorts which are becoming increasingly popular for summer), if you have no objection to fairly warm days, you will find in many of the small but accessible towns along the Mediterranean, comfort at a

(*Turn to page* 57)

The Traversity

A glimpse of other times and other peoples together with such a wonderful experience as riding a camel are priceless memories for a child

To the girl or boy in the teens a trip abroad serves to enrich and make vivid many a lesson in history or reading from the classics

Swedish American Line

The Care of BABY'S SKIN

If you want a happy, comfortable baby, guard him from the skin irritations so frequent in infancy

By

EMELYN LINCOLN COOLIDGE, M.D.

Attending Pediatrician to the Society of the Lying-In Hospital, New York City

Photograph by Ruth Alexander Nichols

He looks to you to protect him from all discomfort

NO one thing can make a baby so uncomfortable as a badly cared for skin. Because of its extreme delicacy the infant's skin is far more readily irritated than that of an adult. Uncleanliness, rough or badly cared for clothing, too strong soap, gritty toilet powder, very hard water, failure to change the diapers as soon as wet or soiled, and many other things may cause a condition of the tender skin of an infant extremely painful to the child.

An eminent pediatrician says:—"The skin of an infant is to be looked upon as an organ with important functions to perform. Among its most important functions is protection of the underlying structures. In the skin, moreover, are located the most important organs of excretion, the sweat-glands, as well as those very delicate nerve structures, the tactile organs. Through the skin, heat radiation is carried on by means of the circulating blood in the capillaries."

Prevention being far better than cure, it is necessary to begin the right care of the infant's skin as soon as the umbilical cord is cut and the baby starts his separate existence. After the baby has been made to cry and had his eyes and mouth attended to, he should be well oiled with some pure, bland oil. Olive oil, cottonseed oil or a mineral oil is frequently employed for this purpose. Because of infections and the fact that olive oil often becomes rancid, these oils should be sterilized. After the oil application the new-born infant is usually wrapped in warm blankets and placed in his basket until the nurse has time to give the first bath. A warm water sponge bath quickly given under cover of a blanket will remove the excess of oil. The cord is then dressed and often a little more pure oil is applied to the skin to prevent any irritation from the water bath, warmed clothing is next put on the baby and he is tucked in his basket again to await his first meal from the mother.

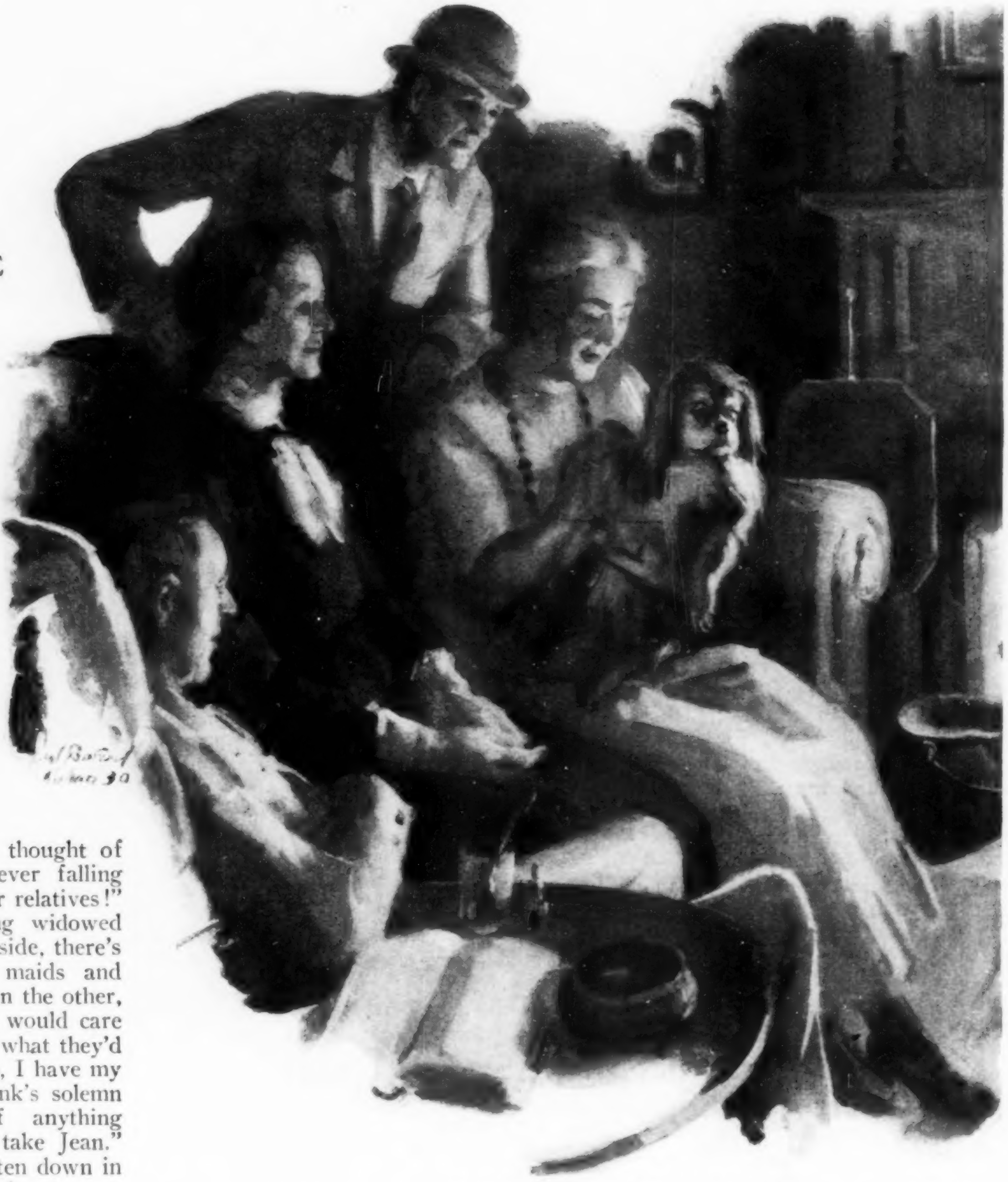
The warm water sponge bath with a *small* amount of soap, well rinsed off and followed by a gentle oil rub, is usually continued every morning until the umbilical cord separates, when the baby begins his dip in a bath tub. After the bath his skin should be gently patted dry, never rubbed, particular attention being given to the creases of flesh in the groin, neck and armpits where the two surfaces of skin are apt to rub together, causing irritation or even a raw condition. Another region to watch carefully is behind the ears. If the skin here is left moist it will often become very much irritated. It should be carefully dried and a little pure oil applied; a pure dusting powder that is *not gritty* is sometimes advocated instead. After the skin has been patted dry, many now advise an oil rub throughout infancy; this should be applied gently and not in excess. The scalp should be included. As the skin absorbs some of the oil, it should be very pure and free from rancidity. Babies who have had an oil rub *carelessly* given with a great excess of oil which becomes rancid not only have a very unpleasant odor, but frequently have badly stained underwear which is difficult to cleanse without ruining the clothing.

ADVOCATES of dusting powder in place of oil after the daily bath generally recommend it to be used in the creases of flesh and not over the entire body. There is no reason why the oil should not be used on the body as suggested above, and then gently wiped off in the groin, neck, armpits, behind the ears and on the buttocks, and dusting powder applied in these regions, preventing the two surfaces of the skin from rubbing together. Whenever the diapers are changed the buttocks should be cleansed with a little oil, and if one advocates dusting powder the oil should be wiped off and powder applied before the diapers are (*Turn to page* 70)

Suppose YOUR CHILD

By
MARY
FISHER
TORRANCE
Attorney at Law

Illustrated by
J. Sanford
Hulme



Left alone, these children face their nearest relatives, not one of whom is anxious to take them

"PERISH the thought of my child's ever falling to any of her relatives!" exclaimed a young widowed mother. "On one side, there's nothing but old maids and crabby bachelors; on the other, some cousins who would care for Jean only for what they'd get out of her. No, I have my friend Louise Blank's solemn promise, that if anything happens, she will take Jean."

"Is this all written down in your will?" I asked.

"No, I haven't made a will. Why should I? Jean gets everything, of course. My family all live to be ninety but—well, if I should die, Louise is to come forward and claim Jean, saying it was my wish."

"Well," I demurred, "I'm afraid your friend might have considerable trouble, with nothing to show in black and white; in case any one of Jean's blood relations saw fit to object. You'd better consult your lawyer concerning the appointment of a testamentary guardian for your child, and do it *now!*"

The relation of guardian and ward has always been a matter for jealous espionage by the state. Under our law, the power of the courts to appoint a guardian may be invoked for the protection of persons incompetent to control themselves or their property. Among such incompetents are classed "infants," meaning in legal parlance, not babies, but minors; all persons under the age of twenty-one years.

The obvious persons to rear a child are its own parents; the persons who gave it birth; these are its "guardians by nature." Guardians may be legally created by will of the parent; such are "testamentary guardians"; there are likewise guardians by operation of statute; guardians by court order; and in most jurisdictions, guardian by the election of the infant himself,

Became an ORPHAN

Which of your relatives or friends would care for your children if anything happened to you? All parents should provide for such a possibility

generally allowed after a child has reached the age of fourteen years.

Under the rule of the common law, it was the male parent alone who was recognized as the child's "guardian by nature"; the mother, being nothing but a woman, had no say at all. If the father died, the court stepped in. In the reign of Charles the Second, a statute was enacted empowering the father by deed or will to name as guardian anyone he chose, to acquire full authority for the child during minority. This arbitrary power vouchsafed the male parent, to be used or abused, and held as a club over the head of his child's mother, prevailed on the books well down to the present time.

But some time during the past century, a certain Chinese merchant domiciled in New York, married to an American wife, and expecting a child, realizing that his days were numbered, drew his will. The man died; and shortly after, his child—the hoped-for son—was born. When the father's will was read, it transpired that the testator had named his brother in China as guardian of the boy. The mother appealed pitifully to the court, but the court declared itself powerless to interfere. The father was well within his rights in appointing his own brother as guardian, and it was also natural that the brother should wish to rear his little nephew in his own faraway Chinese home. The baby, therefore, was sent away from his mother; but the wave of indignation that arose following the disclosure that such things could be, led to a change in the statute.

Under the law today in America, generally the father, first, and after his death, the mother, is "guardian by nature" of their infant children; where both parents are gone, the paternal grandfather is next in succession; and so on, downward through the next-of-kin. In some places, as in New York state, *both* parents are equal guardians, neither preferred above the other. In the event of domestic friction, and the break-up of the home, the court decides between rival claimants. The custody of the child himself may be given to one person, the control of his funds to another. The fact of being a child's "natural guardian" does not of itself confer upon either father or mother the right to handle that child's funds, to manage or mismanage his inheritance, large or small.

In the words of a certain learned judge:

"It is a well-settled rule of law, that in the appointment of a guardian, the interest of the minor is the paramount consideration; and this means not the provisional benefit, but the lasting good. The court will take into consideration not merely temporary welfare, but the state of the minor's affections, his training, education, and morals. . . . Indeed, under this rule, a court may override even the prior claim of a surviving parent, and certainly the expressed wishes of a deceased parent. . . . Nevertheless, the dying wishes of the deceased parents of an infant will be considered by the court in appointing a guardian, and, other things being equal, will turn the scales in favor of the person so designated. So will also the court regard the expressed desire of the deceased parent in reference to the religious education of the child."

During the past decade, the domestic difficulties of a certain young married couple, bearing an old Knickerbocker name, claimed considerable space in New York newspaper columns.

(Turn to page 66)

As delicious as it looks when pictured below and nourishing, too, is gingerbread with cream cheese between and on top

Add the piquant flavor of thin slices of cheese to the goodness of a baked potato

A new combination of delightful flavors is achieved by adding a little milk to cream cheese and then spreading it on slices of raw apple

ADD CHEESE to the Child's Diet

Nutritionists point out that cheese in various forms is readily digestible and highly nutritious for children as well as adults

By MABEL J. STEGNER

Food Consultant

FOR housewives who watch the budget rather carefully — and most housewives do nowadays—cheese offers a legitimate bargain in food value. Because cheese contains all the protein of the milk with which it is made, it is high in tissue building material; because most cheese contains the butter fat of the milk, it is valuable for its calorie or energy value and for the precious vitamin A; because it also contains the calcium and the phosphorus of the milk, it is a valuable source of mineral. The imported cheeses of rare and unusual flavor are luxuries, but Cheddar cheese usually referred to as American cheese, but appearing in various forms, is made in America and is plentiful and inexpensive. This may be purchased in the familiar wedge shaped slice of "store cheese" or, thanks to progressive American manufacturers, it may also be used in the more convenient form of one-fourth, one-half, or one-pound packages with no rind or as a flat slice cut from a foil-covered loaf. Triangular individual portions are also available. These package cheeses have a rich mellow flavor and a soft creamy texture which are very pleasing.

Cheddar cheese not only offers a bargain in food value, but offers it in a form which can be placed on the emergency shelf. On the day when unexpected duties make it difficult to plan ahead, this cheese combined with evaporated milk, or tomato, over rice or macaroni—all on the emergency shelf—can be utilized to make a satisfying main course for both children and grown-ups at luncheon or dinner.

Because cheese is savory and more or less highly flavored, it is valuable in furnishing variety in the diet and in adding interest to the bland foods, such as potatoes, rice, macaroni, and noodles, which supply bulk but very little basic flavor of their own. Cheddar cheese introduced in moderate amounts in white sauces, creamed potatoes and cream soups, and not overcooked, may be introduced into the diet of the child of eight to twelve. From that time on it can be used when desired as a substitute for meat or eggs.

In some way or other the tradition has arisen that cheese is a rich food to be used sparingly and seldom. It is a concentrated food, but neither the experience of foreign peoples nor the research of our American food experts bears out the opinion that it may not be successfully used as a source of most classes of dietary requirements. Studies undertaken by the United States Department of Agriculture showed cheese to be from 90 to 100 percent digestible. Yet America stands eighth in its annual per capita consumption of cheese. The Swiss people use approximately six pounds to one used by Americans.

Recent research has revealed the value of cottage cheese and of the delicate (*Turn to page* 48)

Furnishing the WHOLE-FAMILY HOUSE

How to arrange mother's and father's room so that it will fulfil its many functions and still have charm and beauty is discussed with practical detail in this article

By PAULINE DUFF

Interior Decorator and Home Consultant

WHAT vivid memories most of us have of mother's and father's room. This was the place to come when there was a surprise to plan, a secret to be shared, or when there was something serious to talk over. No other room in the house was just like it. It had an atmosphere, a personality of its own. And yet it was a room that seemed to be all things to all people. For instance, it frequently served as an upstairs living-room when growing sons and daughters required the downstairs sitting-room as a place to entertain of an evening. Here father retired to his desk when the day came to cast up accounts and pay bills. In the opposite corner, mother had her sewing-machine. There never was a room that was required to be as versatile as father's and mother's.

Let Us Help You

In homes where there are children special attention must be given to the wearing and cleaning possibilities of the furniture, the wall and floor coverings. Tell us your problems in this search for child-proof decoration and equipment and let us help you work them out. Address the Home Consultant, THE PARENTS' MAGAZINE, *255 Fourth Avenue, New York, N. Y., enclosing stamped addressed envelope.*

Yet, for all the variety of its uses, this room should and can be a most attractive one. If it is so fortunate as to boast a fireplace, that is decided advantage. In planning a new home include the luxury of a fireplace in mother's and father's room if possible.

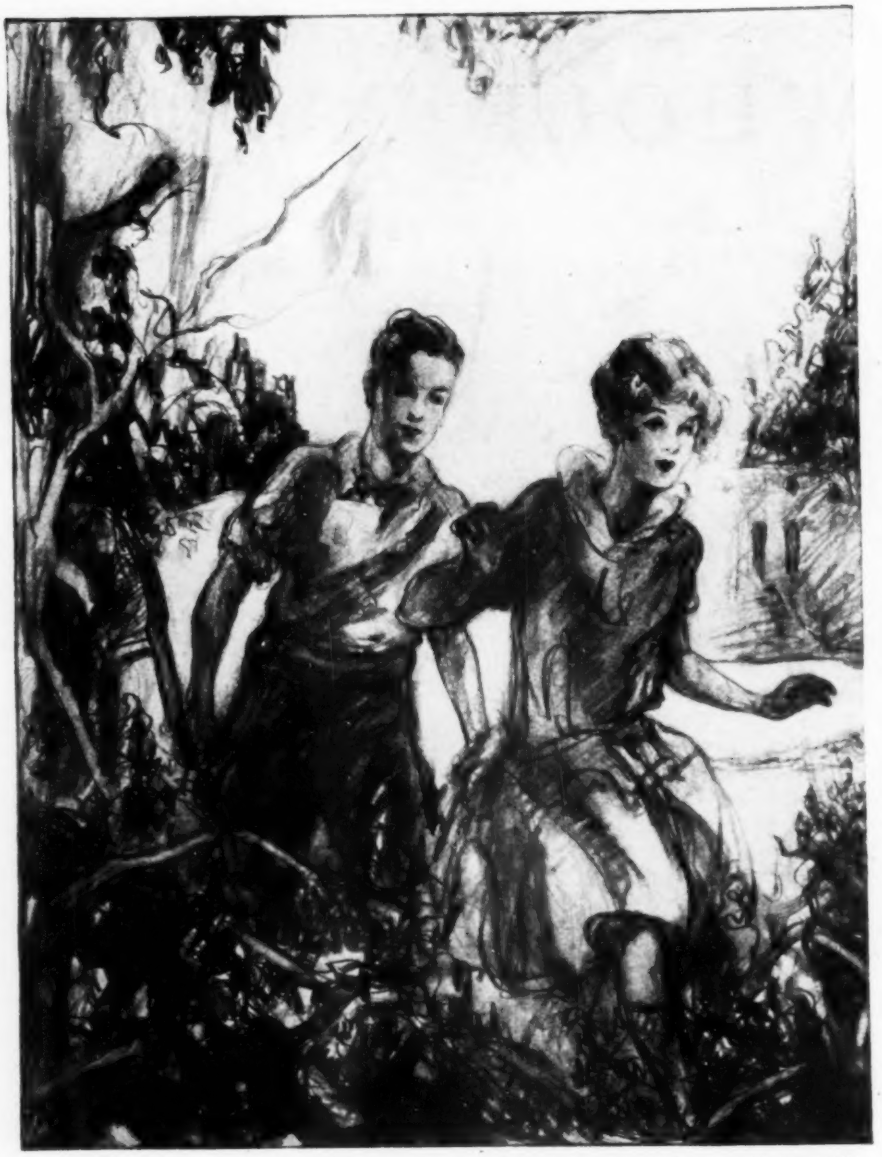
Mother's and father's room should be an attractive, hospitable place that invites children's confidences and serves a variety of purposes

An upstairs fireplace is a joy and a roomy desk an important addition to mother's and father's room

Another architectural feature of this bedroom which may serve as an aid in strengthening the relationship between child and parent is a window seat. Most children like these nooks and one in mother's room, properly padded with cushions and with a bookshelf within arm's reach, provides a cozy corner which a child may feel is his part of mother's room. Here he may sit and watch the street and chat with mother while she sews, or read quietly while father goes over the monthly accounts. Every room in the house should be open to the child and with his own corner, and a little training, it will not be necessary to exclude even a young child in order to have quiet.

There is always the business of running a house to be transacted somewhere within its walls. Whether this business consists merely of the monthly signing of checks or the preparation of a financial budget for the entire college year, mother and father will find the desk in their own room a satisfactory retreat for this purpose. Here mother may write letters and father may concentrate on the occasional work which he brings home to finish. A comfortable chair, an adjustable floor lamp and convenient bookshelves will adequately furnish the "business corner" of the "upstairs living room." In the small house there is no room which can be set aside as the sewing room, and the parental bedroom which we are describing has already a good many functions. However, with the (*Turn to page* 52)

¶ ***Daughters have a way of growing up overnight and then mothers and fathers are apt to face a boy-and-girl situation. This story gives new insight into the ways of youth***



The big boy, outraged at finding himself left with the little children walked sulkily

BLOSS

OUT in the backyard, all the children of the neighborhood were gathered for after-supper games. Crystal's mother, languid after a warm day, watched them from the porch. Crystal's father, no longer able to read his newspaper in the dying light, lighted a cigarette and looked out curiously at the sound of the children's screams and peals of laughter.

"What's the game, Mary? I don't seem to recognize it," he said in a slow drawl to his wife.

Out against the twilight green, there were rough swingings in wide arcs, fantastic poses. . . . Arms and legs stretched endlessly into the dusk. "They're playing Statues," said Mary.

Bobby, who was It, chose Crystal as the prettiest statue. Mary had felt sure Bobby would choose Crystal. She *was* the prettiest statue.

"Gosh, but Crystal's getting to be a big girl," said the father.

"Yes, she *is* getting to be a big girl. She wants long silk stockings for parties. I don't have to tell her to wash. And she's fussing with her hair every time she passes a mirror."

"She's getting to be a very pretty girl." The father gave a long contented puff at the cigarette, making it burst into a sharp yellow glow.

A bigger boy than Bobby rode up on his bike, leaned it against the hedge. "Baby game—Statues!" he called out, in big boy disdain.

Crystal instantly dropped the long, thin arms, which she had been holding out as wings, dropped a foot poised in mid-air. "We might play Hide-and-seek—" she said in a grown-uppish self-conscious effort to be polite.

"A' right! Let's play Hide-and-seek—in pairs," cried Bobby. "I choose Crystal!"

"I'm not so keen at having the kid get to the place where she's beginning to attract the bigger boys," said the father. Nevertheless, he stretched out his legs and relaxed, as though he were not entirely displeased.

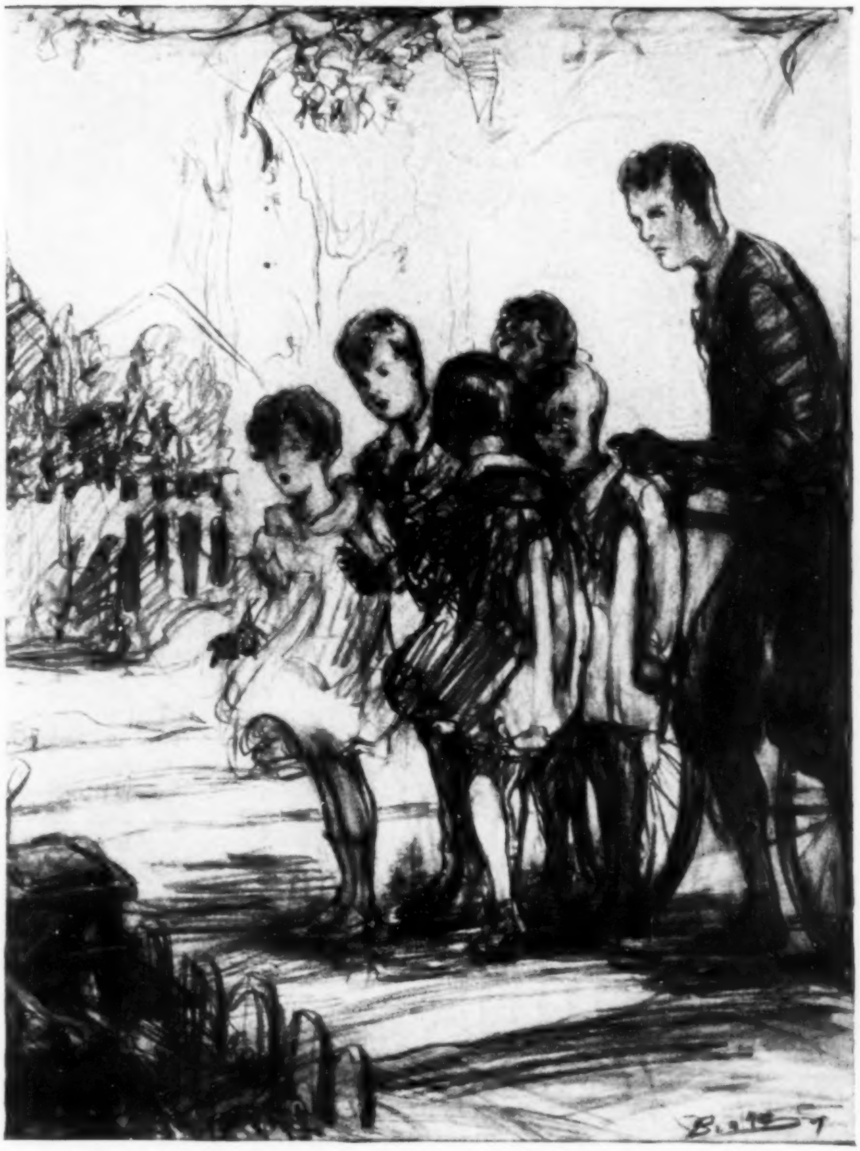
"Soon she won't be content to play with Bobby all the time," said Mary, and smiled. She, herself, was rather more pleased than otherwise at the idea that Crystal was going to be attractive to the boys.

She screwed her head to look again at the new boy. And she stopped smiling. He was so big. . . . So brutally big. His shoulders. . . .

Crystal's voice, shrill, childish, but musical, echoed through the softly stealing dark. "One, two, three for Bobby'n me!" "Crystal'n me in free—one, two, three!" came from Bobby.

Both the voices of the children were followed by a deep, harsh voice, suddenly cracking, jumping to a rasping high note: "Say, Bob, is *she* your girl? D'yer think Crystal's your best girl?" It was the new boy.

"Good Lord, has it already come to that?" said the



toward his bicycle. "Crystal's Bob's best girl!" he taunted over his shoulder.

OMING

By
RUTH
BLODGETT

Illustrated by
May C. Burke

father, and straightened, forgetting to puff on the cigarette. "Who is that big boy? Do you know anything about that big boy, Mary?"

Mary let out a silvery, reassuring laugh. "You can't expect to keep a pretty girl like Crystal shut up inside a glass case, Tom. Big boys are bound to hang around, I suppose—from now on." Catching Tom's eyes just then, she saw she had not reassured him. And she recalled her last words—

"From now on—" What did Tom mean by his apprehension of big boys with changing voices? . . .

Across the dusk darted a pair of long, thin, bare legs—followed by a heavier, stockier pair. Crystal . . . swift as a nymph—slim, sweet. Bobby, as usual pursuing. . . .

Mary was seized with an unreasoning desire to rush out and grab her little girl in her arms, away from . . . Yes, away even from Bobby!

"Bobby's getting to be a big boy, too—" she murmured, and watched Crystal and Bobby steal stealthily out of the side gate and disappear.

In a flash, she recalled how it was against the rules of Hide-and-seek to leave the grounds.

"It's time the children went home," she said to her husband. "It's time Crystal came in and went to bed." And she got up and walked down the steps on to the lawn.

The game had already broken up. One of the smaller children had seen Crystal and Bobby going out of bounds, and had "told on them." There was an indignant protesting group of children in the center of the backyard.

The big boy, outraged at finding himself left with the little children, walked sulkily toward his bicycle, flinging scorn over his shoulder. He had not noticed the woman coming down the slope over the soft grass.

"Crystal'n Bobby've got a secret," said one of the little kids.

"Yes—they sneak off to their secret every night—just at this time. And they won't let *us* come."

"A secret!" snarled the big boy in that ominous, uncertain deep voice. "A secret! Gee! A great secret, that—in the dark! Down in Bob's garden!" And then came a phrase, filthy with the kind of words one sometimes sees written in chalk on the back of barns.

Mary stopped in the cover of a syringa bush, until the big boy had got on his bicycle and gone away. The little children scattered, not having comprehended what the big boy had said.

When she moved out from her hiding place, the gathering dark, which just a moment ago had touched her like soft cool silk, seemed sticky with dankness. She was conscious of having to push her way to the gate, to hurry her own feet forward.

She had crossed the street, was hurrying along toward another gate, which led into Bobby's garden. She was hurrying to get Crystal away from——

From what? From whom? . . . From Bobby.

"Crystal!" she managed to call. "Crystal," she called more loudly. "Crystal, are you here?" she commanded.

Up from behind a high box (*Turn to page 69*)

¶This father and his boy have found a way to the best kind of comradeship. An article no father should miss

"Daddy, I almost caught a big fish—as big as this!"

My Son and I go Fishing

By

HENRY C. FULCHER

MY SON — five years of age—is a fisherman. If it were not for the scoffing of the behaviorists, I would say that he is a born fisherman; but by way of concession, I'll admit that his real love of lake and stream may be born of seeing his father crawl out of bed in gray morning hours, to set forth with rod and reel on mysterious expeditions; of wiggling crappie and bouncing bass borne triumphantly home for his and my breakfast; of the lure of colorful bits of wood, feathers and metal with which anglers are wont to prove their superiority in the ancient manner. By instinct or acquisition, he is a fisherman. So be it.

I record these facts not from parental false pride, but because I think I have found an interest through which I may help to shape my son's life to the end of making him the finest man. Not that entirely, either, but that therein he may learn for himself the greatest lesson of life, the virtues and qualities that will bear him up in later times when he must draw on some inner power or perish. For such worth as they may find in it, I pass my story on to other fathers, especially those Brothers of the Angle, whether they be of the highbrow school of dry fly anglers or cane-pole fishermen with triple hooks and dough bait.

Of those qualities which I hope my son acquires from our weekly expeditions, I should say that patience comes first. It has been his first lesson, and the one I hope he retains longest. Patience to keep the heart set on the goal, rather than to lose sight of an objective before the minor irritations, trials and failures of the present. No angler ever took fish consistently without patience. My son has learned to creep on the edges of clear streams, inch by inch, for by that method our quarry is not frightened. He can sit quietly, almost immovable, waiting for that strike that means the feeding fish. He is acquiring patience and control because he has seen their rewards in our expeditions for fish.

Then comes fortitude. I hate a whiner, and I know of no misfortune which justifies a man in sniveling. We have found fortitude tramping with tired feet back to our car from an unsuccessful whipping of waters. We have discovered its compensations under broiling suns, in bitter cold, against rain and pesky insects, and through irritating thirst and hunger. We found it one day with a tiny fish-hook embedded in a chubby hand. A razor blade removed the bit of metal, and a disinfectant from our kit guarded against later trouble.

"I didn't cry a bit, Mama." And I was proud of that.

He will meet bitterness, pain, and conditions to try his soul in later life. I would have my son bear them with fortitude.

A modicum of courage, too, I think he should acquire on our rambles. No man ever watched the fierce battle of bass or trout, or small perch, without admiration for the big heart that makes them the gamest of fishes. The mother quail, fluttering away from her covey of youngsters, simulating injury and distress to attract dog or man from her babies, shows another rare type of courage I would have my son know. Not bravado, but courage; not the spirit that sends a youth out on the tossing waves of a lake in a bark canoe, but the spirit that lets him fight coolly and intelligently to regain the shore when caught in a sudden squall. There is a distinction I hope my son will discover and make his own.

I would have him know and love the woods and streams, the birds, animals and insects that populate the outdoor world. He will have need of them later.

There will be times when their voices will bring him peace and tranquillity, and power to go back and conquer. They will give him solace, comfort and forgetfulness when he needs these blessings most. Better, I think, than the oblivion of night clubs, sanitariums, speakeasies and such.

There are other things, too, I know he will find in following man's most ancient pursuit—lessons learned in childhood that he will find equally true in adolescence and maturity. I would have my son a sportsman in the things of life as well as on the stream. I would have him considerate of the pleasures and wishes of others. I would give him knowledge and faith in the laws of nature, her rewards and her retributions.

MY son and I return all undersized fish and all of our catch above the legal limit as to weight and number to the water. That is the law of the land by which our pastime is preserved, and we must be careful of the future sport of others as well as of our own.

"Little fish grow to be big fish, and to become the fathers and mothers of hundreds of other fish. When we turn these little fellows back, we help to make sure that we will always be able to catch big, strong fish for our breakfasts. Some day we will come back and this little fish will have grown big like that one on our string. Then we'll catch him again and take him home to eat."

Likewise, "it is not right to take more fish than we need for our own table, for we must leave some for another day and for other little boys and their daddies." We find pleasure in knowing these and many other things, and in adhering to our code.

He is learning to look with some pleasure and not all envy on the success of others and to accept his own triumphs with a degree of modesty and humility. He helps me bury the scraps from our lunch and to quench the embers of our small campfire, for these things have an important bearing on our woods, streams and fish.

Our first trip to a near-by lake was more by accident than by design, I must confess. As I loaded fishing tackle, drinking water and other odds and ends into the car late one afternoon for the last two hours of fishing just preceding darkness, I became conscious of a chubby figure that stood by in silence as I worked. The figure gave me a vast feeling of uneasiness which I did not bother to analyze. At last I was ready to go, and stooped for the final hug of a pair of sturdy little arms.

"Daddy, will you—Daddy, if I eat my cereal every morning, and be a good boy, and grow up to be a big strong man—will you take me to the 'fishpond' some time?"

I sat on the running-board of the car to collect my thoughts and to find time to properly answer this query. Excuses formed in my mind and vanished. He was too young. He would be in the way. He would spoil my fun. I started to tell him he could go some other time, and stopped. There would be no thrill in that day's fishing with the memory of a deceit against a baby's trust. I *could* take him and I would.

"Would you like to go with me right now?" I asked.

The beginning of lifelong pleasure in the gentle art of angling

A face alight was my answer. I waited for no other. "Well, hop in," and with a shout to his amazed mother we were away.

We sat on the edge of a pier at our lake and fished with live minnows without success. But he wasn't a bad fishing companion, even for that first trip. Instinctively, and I defy the behavorists to challenge it, he seemed to adapt himself to our sport and my mood.

We took no fish, but I think he, too, caught something of the mystery and thrill of a low sun over the rippling waves, of the lure of deep waters, and of the ancient desire to catch fish.

"Maybe they'll bite next time," he confided to me as we trudged back to the car.

That was the first of what has been many brief expeditions to near-by lakes and streams. I have provided him with his own equipment, which is neither expensive nor elaborate. A discarded three-foot bamboo trolling rod has been revarnished and turned over to him for his own. His reel is light and smooth running—one from my own tackle box which I have long prized. He also has been given a very light cane pole, about seven feet in length, and provided with lines and corks at an outlay of less than one dollar. If your son is more than four, he is not too young to be taught the knack of bait casting. His natural desire to throw things will find a joyful outlet in working his lure into the water and bringing it back. For these first lessons, and many to follow, select open water as free of brush as possible. A floating weedless plug is easier for him to handle, and less likely to give trouble. Also he can watch its lively actions. The loop of a small leather thong fastened to the end of the rod and slipped loosely over his wrist will prevent much fishing for lost tackle, and for the same reason a rod or pole of any material that floats can be more easily retrieved.

Do not tax his interest with too much casting, for he is not likely to catch fish. The cane pole and live bait will prove most effective for him and will take fish just as fine, in his view.

MY son has learned steadily and has often surprised me with his ability to grasp my own cherished and hard-won tricks. And, this for other angling fathers, he has given me *my* biggest thrill of all the rare moments I have found with rod and reel, cane pole and line. I remember my first silver-sided minnow, taken from a small pool under the proud and watchful guidance of a Negro youth. I remember that first overnight fishing trip with the grown-ups, and later my first record catch of crappie, with an east wind biting into my neck and ice coating my gloves and boots. I recall with infinite detail my first bass taken on artificial lure, and I thrill yet to the memory of that first mountain trout, snaked out of a boiling little rapids and fighting to the very last. These have paled into insignificance since my son took his first fish.

Where our lake backs into a narrow neck for a mile or more, I had placed him on the edge of the bank with pole, small hook, and big cork. I baited his hook, helped him get it out to the proper depth, (Turn to page 77)

Motion Pictures

Which Are Suitable and Which Unsuitable for Children and Youths? Which Are Worth the While of Intelligent Adults?

It is obviously impossible to publish reviews of all current pictures in every issue. So keep all copies of the magazine carefully for reference. Binders are available at **$1.50.**
—The Editors.

William Boyd and Dorothy Sebastian in "His First Command," a thoroughly wholesome story of a recruit in the cavalry

THE BAD ONE, with Dolores del Rio and Edmund Lowe (*U.A.*)—This appears to be frankly an attempt to capitalize on the success of the stars in "What Price Glory" and "The Cockeyed World." The social status of the characters is the same, and the vulgarity similar, but in addition, all the limits of good taste are exceeded in offensive sentimentality, making it a thoroughly objectionable exhibition. (U) *For A:* No. For *Y:* No. *For C:* No.

THE BENSON MURDER CASE, with William Powell (*Paramount*)—William Powell again plays the role of the dilettante, Philo Vance, who unravels the complicated threads of a murder mystery. It is interesting of its type but probably too talkative to hold the attention of children. (U) *For A:* Good of its kind. *For Y:* No objection. *For C:* No.

THE BROADWAY HOOFER, with Marie Saxon (*Columbia*)—Heroine is a Broadway star vacationing in country. She gets drawn into playing incognito with a little road show. Love affair with the manager in the story. (E) *For A:* Hardly. *For Y:* Passable. *For C:* Hardly.

THE CASE OF SERGEANT GRISCHA, with Chester Morris (*RKO*)—Grim and tragic picture of World War time in Russia, showing the long struggle of a prisoner (Chester Morris is miscast in other than a thug role) for his freedom. Quite anti-war in effect, and anti-German in spots. Pretentious picture, carefully done, but not great. (E) *For A:* Fair. *For Y:* Unsuitable. *For C:* No.

The Best Recent Films for Young Folks

Burning Up
Dance Hall
Devil May Care
Disraeli
Fast Company
The Feminine Touch
Flight
The Forward Pass
Give and Take
The Glorious Trail
The Golden Bridle
The Great Gabbo
Half Way to Heaven
His First Command
Hit the Deck
Hunting Tigers in India
In Old California
Isle of Lost Ships
It's a Great Life
Jazz Heaven
Little Johnnie Jones
The Long Long Trail
Lucky in Love
Marianne
Nix on Dames
Not So Dumb
The Return of Sherlock Holmes
Romance of the Rio Grande
Salute
Seven Faces
Seven Keys to Baldpate
So This is College
Speedway
Sweetie
Taming of the Shrew
Three Live Ghosts
The Viking
Welcome Danger
Words and Music
Young Nowheres

CHASING RAINBOWS, with Bessie Love and Charles King (*M-G-M*)—Backstage story of a loyal heroine sticking to a hero who is an impossible ass. Very funny, but rather false, cheap and vulgar in spots. (E) *For A:* Hardly. *For Y:* Better not. *For C:* No.

THE COHENS AND KELLYS IN SCOTLAND, with George Sidney and Charles Murray (*Universal*)—The annual instalment of the Hebrew-Irish partners and their wives, same cast, same gags and some new ones, with a story somewhat more wholesome and less vulgar than usual. Very funny, for those who like the kind. (E) *For A:* Hardly. *For Y:* Amusing. *For C:* Amusing.

THE COLLEGE RACKETEER, with James Murray (*Universal*)—A college hero, an idol in athletics, sullen, unresponsive, and secretive, who is in reality a rum runner escaping justice and deliberately choosing a school in which to hide from the law, is a little difficult to credit. Throughout several reels the hero's vicious past colors his thoughts and actions, and the sentimental suggestion that he finally lives up to what the students would like to believe him, is dangerous philosophy, because he has not demonstrated that he has anything to offer except an ability to win a race. The police are shown in a most unflattering light and altogether it is a picture which is socially destructive in its influence. (U) *For A:* Mediocre. *For Y:* Unwholesome. *For C:* No.

DANGEROUS PARADISE, with Nancy Carroll (*Paramount*)—The old sex stuff of the white American girl and South Sea lust—with murder, depravity and the rest. Spotless heroine is supposed to redeem the trashy picture. (E) *For A:* No. *For Y:* Unwholesome. *For C:* No.

THE FIGHTING LEGION, with Ken Maynard (*Universal*)—Stereotyped Western action film, in which the murderer of the officer of the law is apprehended after considerable difficulty. Tarzan, the beautiful horse, takes first honors. It is of greater interest to youthful than to adult audiences and the objectionable features are, after all, only local color. (U) *For A:* Hardly. *For Y:* Entertaining. *For C:* Entertaining if not too exciting.

THE GIRL SAID NO, with William Haines (*M-G-M*)—Usual Haines story, largely silly and impossible, exploiting brazen conceit and rowdy conduct as something clever and funny. Parents will hardly wish their children to follow his pattern of offensive modern youth—breaking every law of safety, convention, good manners and good citizenship. (E) *For A:* Hardly. *For Y:* Not advised. *For C:* No.

THE GIRL OF THE PORT, with Sally O'Neil (*RKO*)—Through the help of a girl, an ex-army officer rids himself of his terror of liquid fire — a psychopathic result of the war, and he finally regains his mental and moral balance. It is an unconvincing, mediocre production which does not greatly entertain. The war scenes showing the horrors of the use of liquid fire make it unsuitable for children. (U) (E) *For A:* No. *For Y:* No. *For C:* No.

THE GOLDEN CALF, with Sue Carol and Jack Mulhall (*Fox*)—"The Golden Calf" is a facetious reference to the nether extremities which are in reality the featured players. Sue Carol is the plain little secretary, "the ugly duckling," who is transformed by a beauty specialist and a modiste so that she may win her man. Interpolated songs confuse the type of entertainment. The picture is commonplace and the emphasized suggestion of exceptional merit in rapid success puts the accent on the wrong place to recommend for children. (U) *For A:* Mediocre. *For Y:* Not recommended. *For C:* No.

THE GREEN GODDESS, with George Arliss (*Warner*)—Mr. Arliss presents a flawless picture of the suave and merciless rajah of a primitive state in the Himalayas, who cunningly plots to offer a human sacrifice to the Green Goddess in order to satisfy his desire for vengeance. It is a very artistic translation of the interesting and familiar stage play. (U) (E) *For A:* Notable. *For Y:* Good, if not too mature. *For C:* Too mature.

HAPPY DAYS, with all-star cast (*Fox*)—A ministrel troupe traveling on a showboat down the Mississippi River is (*Turn to page* 50)

What the Abbreviations Mean

E—The judgment of the National Film Estimate Service, an organization unaffiliated with the motion picture industry, having a corps of well-qualified volunteer reviewers throughout the country.

U—The judgment of the Motion Picture Committee of the Women's University Club, Los Angeles.

For A—For intelligent adults.
For Y—For youths, 15 to 20 years of age.
For C—For children, from 10 to 15 years.

Little eleven year old Bettina Belmont lives in Middleburg, Virginia. She is the granddaughter of August Belmont, banker, and founder of Belmont Park

She can do anything a boy can

. . *this little* BETTINA BELMONT

To keep her strong and stalwart her mother stresses one simple care

The heart of Virginia's fox hunting country is a splendid place for a little girl to grow up. Especially if she has a piebald pony, Punchinello . . . and jumps him . . . and is one of a very few children permitted to ride with the Middleburg Hounds.

Bettina Belmont almost lives in her riding tweeds. She swims, too, and is a breath taking performer on a complicated trapeze affair that hangs in the peaceful old southern garden. In her odd moments she collects turtles—there are now eleven of various sizes—and drops them casually around to be picked up and played with when the mood seizes.

An outdoor life that is ideal for a growing child, of course. And Bettina's mother sees to it that Bettina's playtime is quietly regulated, with a little rest every afternoon.

Her diet is a matter that receives great care. Especially the matter of a *hot, cooked* cereal. The cereal this outdoor girl eats is the children's favorite, and the one that child specialists recommend—Cream of Wheat.

"When Bettina was a baby we were advised to give her Cream of Wheat," says Bettina's mother. "It's a habit we've been very regular about."

"I just love it," says Bettina herself. "I eat it every night for supper."

Mothers are quite used to this recommendation. The specialists themselves give it almost as a matter of course. Recently when we made an investigation among 221 leading pediatricians in New York, Chicago, San Francisco and Toronto, they were *unanimous* in approving Cream of Wheat. And just a little surprised that anyone would even ask!

That's because for years they've known—as mothers know too—how rich in energy Cream of Wheat is, and how exceptionally easy it is to digest.

Make a daily habit of a good hot bowl of Cream of Wheat for your children.

The Cream of Wheat Corporation, Minneapolis, Minnesota. In Canada, made by The Cream of Wheat Corporation, Winnipeg. English address, Fassett & Johnson, Ltd., 86 Clerkenwell Road, London, E. C. 1.

CREAM OF WHEAT

FREE—this plan that makes children enthusiastic about their *hot, cooked* cereal at breakfast. The H. C. B. Club, with badges, pictures, gold stars, etc. A children's Hot Cereal Breakfast Club, with 854,000 participants. All material sent free, direct to your children, with sample box of Cream of Wheat. Just mail coupon to:

THE CREAM OF WHEAT CORPORATION DEPT. PM-5
MINNEAPOLIS MINNESOTA

Child's Name..................................

Street..................................

City.................... *State*....................

To get sample of Cream of Wheat, check here . .

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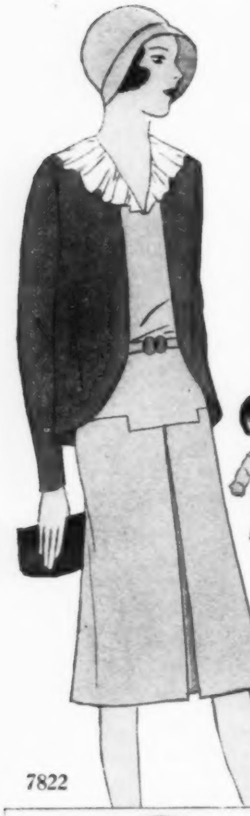
All advertisements are certified as conforming to standards on page 82.

Styles for Young Folks

A NEW FEATURE: *With each pattern comes one for a doll's dress of similar design*

By ELAINE DE FOREST, *Fashion Editor*



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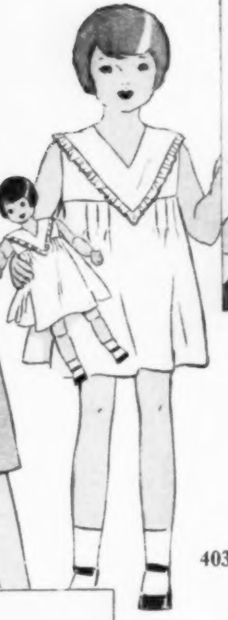

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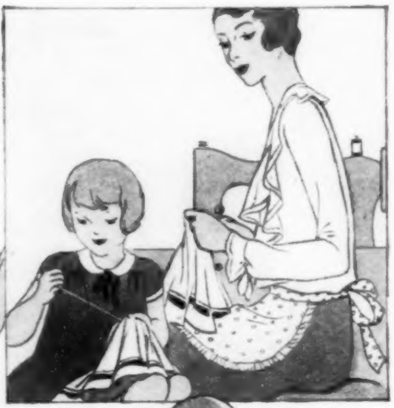

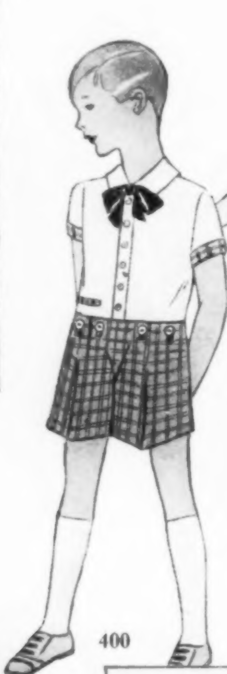

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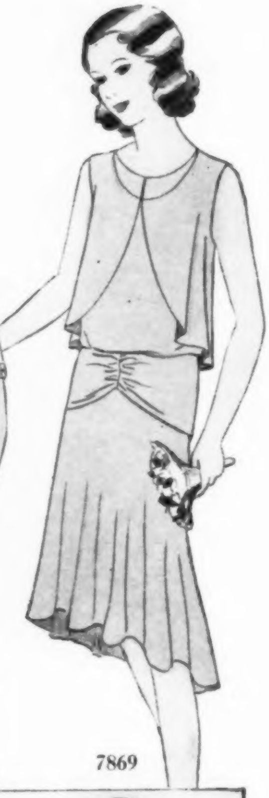

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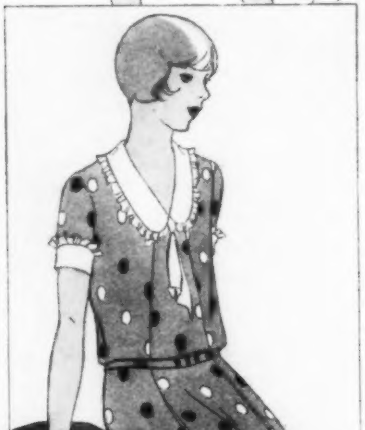

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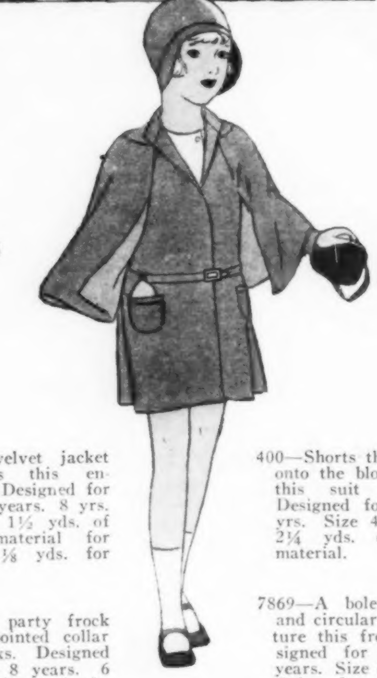

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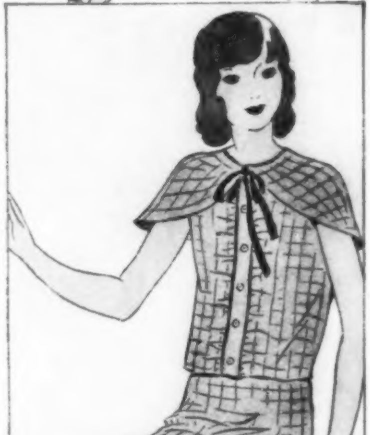


7864

7822—A velvet jacket completes this ensemble. Designed for 6 to 12 years. 8 yrs. requires 1½ yds. of 39-in. material for dress, 1⅛ yds. for jacket.

403—This party frock has a pointed collar and tucks. Designed for 2 to 8 years. 6 yrs. requires 1¾ yds. of 32-in. material, 4 yds. of 1-in. lace.

413—This model is very simple to make despite its unusual style. Designed for 8 to 14 years. Size 12 requires 4 yds. of 36-in. material.

400—Shorts that button onto the blouse make this suit practical. Designed for 2 to 8 yrs. Size 4 requires 2¼ yds. of 32-in. material.

7869—A bolero jacket and circular skirt feature this frock. Designed for 6 to 12 years. Size 8 requires 2¼ yds. of 39-in. material.

7864—A cape collar, strap treatment and buttons are this frock's features. Designed for 6 to 12 years. Size 8 requires 1¾ yds. of 39-in. material.

7870—Designed for 6 to 12 years. Size 8 requires 1¾ yds. of 39-in. material, ⅝ of a yd. of contrasting and 2½ yds. of 1¾-in. ruffle.

Back views of these designs are shown on page 43

A DELIGHTFUL feature of the new PARENTS' MAGAZINE Patterns is the accompanying diminutive pattern for a matching doll's dress to be cut from left-over scraps of material used for the child's dress. Show your little girl how to pin the pattern on the material as you have done and how to cut it out. Then let her follow you step by step in fitting the tiny garment together. Thus she will begin to learn the fine art of dressmaking and at the same time develop a sense of good taste and style.

With the entrance of cottons and novelty rayons into the field of the smartest grown-up styles, it is only natural that little children, and their somewhat (*Turn to page* 43)

These patterns are obtainable from THE PARENTS' MAGAZINE, *255 Fourth Avenue, New York, N. Y. State number and size of design desired.* PRICE 25 CENTS.

The Mennen Company Offers
$3300 in PRIZES

(A) For a NEW NAME for MENNEN BABY OIL

(B) For the BEST LETTERS on MENNEN BABY OIL

Name Contest Prizes

First Prize	*$500.00*
Second Prize	*250.00*
Third Prize	*100.00*
25 $10.00 Prizes	*250.00*
80 $5.00 Prizes	*400.00*
100 Mennen Baby Gift Sets at $1.50 each	*150.00*

Letter Contest Prizes

First Prize	*$500.00*
Second Prize	*250.00*
Third Prize	*100.00*
25 $10.00 Prizes	*250.00*
80 $5.00 Prizes	*400.00*
100 Mennen Baby Gift Sets at $1.50 each	*150.00*

BABY OIL is a new product of the laboratories of The Mennen Company, famous as the makers of Mennen Borated Baby Talcum.

It is a high grade, sterilized, medicated blend of oils, specially prepared for the massaging, general care, and protection of baby's body.

We want a better name for "Mennen Baby Oil"—and are asking the mothers of the country to help us. There is nothing to buy. Simply go to your druggist and he will give you a FREE Sample of Mennen Baby Oil and Entry Blank.

Use the oil on your baby—note how soft and smooth it leaves his skin; how it protects him from chafing and irritation. Note the feel of the oil on your own hands, and its pleasant odor

"Name Contest"

1. Use the Entry Blank that is wrapped around the FREE sample of Mennen Baby Oil which your druggist will give you and send us not more than three suggested names for this new product.
2. Suggest to us a short name that will be easy to pronounce, easy to remember and possibly descriptive—a name that does not limit the use of the product to child or adult—a name that we can use to individualize the product.
3. The 208 Prizes in this Contest will be awarded for the names which in the opinion of the judges are best.

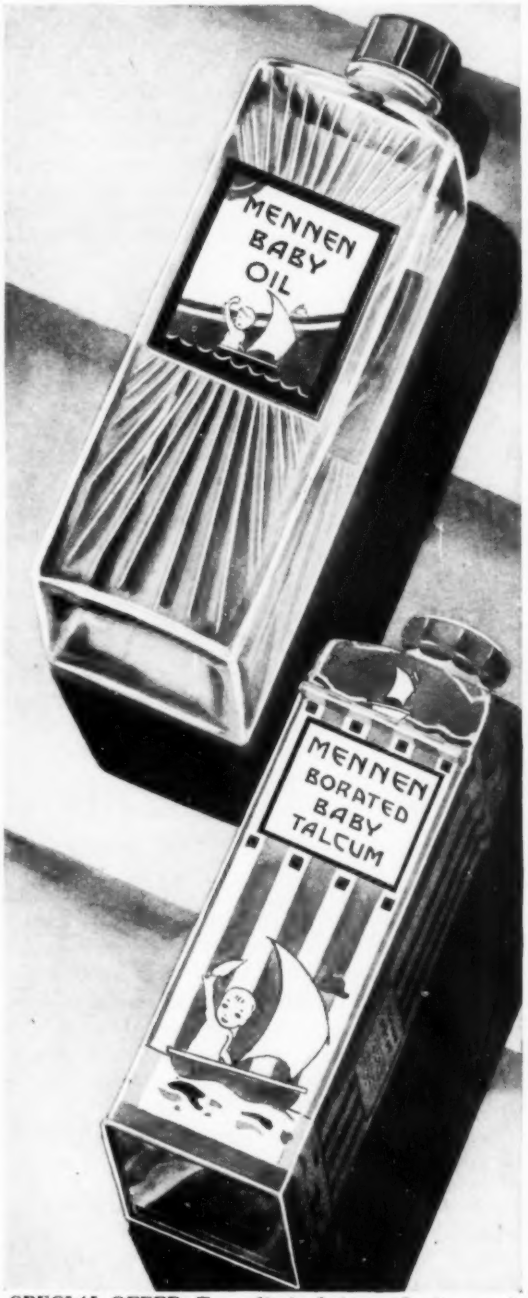
"Letter Contest"

Write us a letter of not more than 300 words, using the following topics as your subject matter:

What is your regular procedure in the use of Baby Oil on your baby, and what uses have you found for Baby Oil in the general care of baby's body and the protection of baby's skin?

What would be your procedure in applying Baby Oil and talcum powder to baby's body to prevent chafing and skin irritation?

Also tell us how you like the smoothness, feel and delicate scent of the Mennen Baby Oil which the druggist will give you as a sample and how would you use Mennen Baby Oil on your own body?



SPECIAL OFFER: For a limited time only. 1 can of Mennen Borated Baby Talcum FREE with each bottle of Mennen Baby Oil. Price 50c at your druggist.

RULES

1. Entrants may compete in one or both contests as they prefer, but each entry must be mailed in separate envelopes.
2. All entries must be mailed in sealed envelopes postage prepaid, addressed—The Mennen Company, P. O. Box No. 1605, Newark, New Jersey. (No other correspondence concerning the contest can or will be given consideration.)
3. Entry Blanks must be obtained from your druggist, with a *Free* Sample.
4. Contest opens May 1st, 1930, and closes midnight June 30, 1930. (Entries post marked later will not be considered.)
5. In submitting names for Mennen Baby Oil in the "Name Contest," the contest blank enclosed with the sample bottle must be used and not more than three names submitted.
6. All letters in the "Letter Contest" must be written with pen or typewriter, on one side of the sheet only and not longer than 300 words.
7. This contest is open to everyone, except employees of The Mennen Company and their families.
8. In the event of a tie in either contest a prize identical with that tied for will be awarded to each tying contestant.
9. All letters and names which are submitted become the absolute property of The Mennen Company, and by entering the contest and submitting a name or names or a letter, each entrant thereby consents and agrees that his or her name and address, together with the names or letter so submitted, may be used by The Mennen Company in any of its advertising matter, at its option, at any time or times, without any obligation to any entrant.
10. Names of the Prize winners will be published after the contest.
11. Names of the judges in both contests will be announced later.

BORATED TALCUM

MENNEN

THE MENNEN COMPANY Newark, N. J.

Medicated Sterilized

BABY OIL

PARENTAL PROBLEMS

And How Parents Meet Them

OUR fourteen-months-old daughter who was just beginning to walk persisted in pulling the books from the shelves of our open book-case.

HOW THE PROBLEM WAS MET: We removed all the books from the third shelf which was most convenient for her to reach. On this we placed a new attractive and durable animal book. Then each time she would reach for our books we would say "Those are Daddy's and Mother's books. Here is *your* book," and she would be satisfied to sit down and look at her book, apparently forgetting the others. From time to time another book is added. It has been several months now since one of the grown-ups' books has been disturbed.—*Mrs. W. E. A., Chicago, Ill.*

If You Have a Problem

IT is impossible for us to dictate individual letters replying to the thousands of questions we receive concerning problems that parents meet in bringing up their children. And we do not believe in answering such questions with form replies. We are convinced, however, that very practical help on almost every parental problem may be found in articles appearing in this magazine. If readers will send 25c (coin or stamps accepted) with their questions, stated as briefly as possible, we shall select from our cumulative index of back issues the article containing the best information on the question asked, and shall send a marked copy of the issue in which it appeared. If the issue has been exhausted or if we have had no article on the subject, the money will be refunded.

MY three children, ranging from eight to sixteen, had fallen into the habit of complaining at meal time about the choice of food.

HOW THE PROBLEM WAS MET: I tried the plan of letting them take week about "planning the menus." We work them out together and with surprising success. They are rapidly learning the essentials of menu-making, including dietetic value, cost and other considerations. Now good feeling reigns at the table and instead of the old complaints we hear, "Well I like sponge cake better than this custard, but next week will be my turn, so just wait!"—*Mrs. E. C., Oklahoma.*

I WANTED my four-year-old daughter to adopt the good habits of her little playmates rather than their bad manners.

HOW THE PROBLEM WAS MET: Little children are very susceptible to suggestions: So I make it a practice of never calling my child's attention to a bad habit by forbidding it. When she began picking up bad words from a little boy in the neighborhood I did not show her my real concern. Rather when she said, "Mother, see that damned dog" I answered calmly, "That's not a damned dog, Mary. That is a black dog." She realized she had made a mistake and did not use the word again. To a great extent parents can control the traits a child will adopt from his friends. I call Mary's attention casually to little Sally's politeness and am sure that she sees how kind Sam is to animals and that Walter always tells the truth. Of course, I do not let her feel I am preaching or say so much that she will dislike her friends for what may seem unattainable virtues. But by judiciously emphasizing the good and so far as possible ignoring the bad in her associates I find by actual experience that I am determining to a very large extent which characteristics she "catches" and am discouraging her emulation of the others. And I am popular with her friends.—*Mrs. B. V. C., Illinois.*

THE youngest in our family of three showed alarming signs of not outgrowing her baby dependence.

HOW THE PROBLEM WAS MET: From observing families other than ours I reached the conclusion that this danger of a sense of dependent inferiority frequently threatens the youngest. He is too apt to be petted and pampered and at the same time made to recognize the authority of his older brother and sister who should be no more than equals. Particularly does this danger become an actual menace where the mother is so busy that she frequently delegates her authority to an older child. We corrected the situation with our youngest by creating occasions where she could exercise as much judgment as the other children—let her select her own dress to wear each morning; suggest the menu for an occasional meal, and plan entertainment for all the family. We also sent her to kindergarten in a different neighborhood from the school the other children attend; so she is developing a life of her own, where she is no longer the dependent little sister.—*Mrs. E. C., New York.*

Tell Us What You Do

$1.00 for each Contribution Accepted

ON this page you will find discussions of problems that every parent is apt to meet in bringing up children. We do not present the treatment outlined in connection with the problems as a magic formula that will always succeed. But we do feel that it contains suggestions that will be helpful in similar cases. And so we invite all our readers to tell us of problems in child training which they have encountered and which they feel they have met successfully. Write briefly stating the problem and your treatment of it. One dollar will be paid on publication for each contribution. Manuscripts for this department will not be returned. Address Managing Editor, THE PARENTS' MAGAZINE, 255 Fourth Avenue, New York, N. Y.

THREE-YEAR-OLD Patty played with her food instead of eating it.

HOW THE PROBLEM WAS MET: One day we discovered a cause and a cure. The cause was apparently that Patty was an only child. The cure was Tommy, two years older than Patty, who was invited to supper. The table was neatly set with doilies at the two places and flowers in the center. The children talked vociferously until supper was served, when Tommy refused to be inveigled into further conversation until his appetite was satisfied. He ate and Patty, seeing her companion so occupied, emulated him.

(*Turn to page* 53)

How to Put Your Child's Best Foot Forward in a Snapshot

A Book that Tells and Shows in Pictures, Prepared by Experts, Sent FREE *for Coupon*

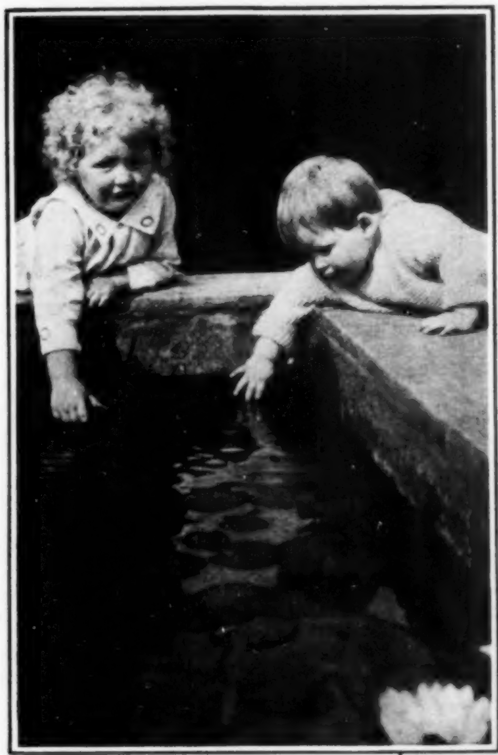
WHAT a marvelous diary they make—snapshots of your children taken week by week. How full your heart, in years to come, when at the turn of a page your grown-up children are magically before you, babies again!

There's Susan, just at her most adorable age. She was only three then and the picture brings it all back.

"There's Jim—why that's the day he started to kindergarten. And here's the picnic party the day that Anne was seven."

There are more heart throbs in pictures like that than in all the sonnets the poets have written. A diary of sweet memories that *keep* your children, children always.

Take the pictures now. Do it systematically. Take pictures *every week.* The book offered below will help you greatly in making the ones you take show your children at their best.



Accept Book—Free for Coupon

To help parents get the kind of snapshots that become more and more interesting with age, there is a new and informative book, "Taking Pictures of Your Children at Their Best." Full of illustrations. It suggests poses, "props," lightings and backgrounds. It tells how to take pictures that show the child with its best foot forward . . . pictures that bring a new thrill every time you open the album.

If You Have No Kodak

If you have no camera, you can obtain a Brownie for as little as $2. And a Kodak for as low as $5. Either is easy to use, either makes excellent snapshots.

The Modern Kodaks with fast lenses are especially desirable because they don't require bright light. See them.

Meanwhile, send for the book. You'll surely be glad that you did, for it tells exactly how to take the most interesting pictures of your child.

May 18 to 25th is

Take-a-Picture Week

—a week set aside by the Photo Finishers of the country to remind you of the finest picture opportunities of the year. Celebrate Take-a-Picture Week by making up some of the chances you have missed for adding to your collection of interesting snapshots.

Kodak Hour

Two Nation-wide Networks Weekly

Two big, different, radio programs weekly, each offering thirty minutes of lively entertainment. Thursday evening, Columbia Broadcasting System. Friday evening, N. B. C. blue chain. Extra stations and Pacific networks both nights.

KODAK

Only Eastman Makes the Kodak

MAIL COUPON FOR FREE BOOK

EASTMAN KODAK COMPANY, Rochester, N. Y.

Please send me free the illustrated book telling how to take pictures that show children at their best.

Name..

Address..

City.......................... *State*..........................

F-5

Feeding *the* Family

By RUTH WASHBURN JORDAN

Food Editor, The Parents' Magazine

How to Cook Eggs

CAN you cook eggs properly? Who will be brave enough to answer this question in the negative? It is a simple process, yet hundreds of homemakers have never discovered the art. The secret lies in using low temperatures because too much heat toughens the protein, or body-building material, in the egg. This subtracts from its palatability and makes it more difficult to digest. The aim of nutrition of both children and adults, says Dr. Margaret Chaney of the Kansas State Agricultural College, is to provide foods so prepared that they will be easily handled by the human body. Most digestive systems can take care of an improperly cooked egg, but what can be gained by providing needless work for the digestive system?

Directions for cooking eggs are given by the Bureau of Home Economics at Washington, in this manner: Cover the eggs with cold water and gradually heat until the water simmers, or until small bubbles appear in the bottom of the pan, but which do not come to the surface of the water and break, as they do in boiling. For soft-cooked eggs, remove the eggs from the water when it begins to simmer; for hard-cooked ones, cover the pan and let the eggs stay in the simmering, but never boiling, water for thirty minutes.

Prize Recipe

Upside-down Caramel Custards

Melt ½ cup of granulated sugar in saucepan until nicely browned and pour into 4 custard cups, then fill cups with custard made as follows: 2 beaten eggs, 2 cups of milk, ¼ cup sugar, pinch of salt and ½ teaspoon vanilla.

Bake in moderate oven in pan of hot water until firm. When cool unmold in sherbet cups and custard will be covered with caramel sauce.—*Mrs. P. B., Cleveland, Ohio.*

There is also a scientific way to poach eggs, according to the government food specialists. It is to drop the egg into boiling salted water to cover and then to remove the pan from the fire. Cover and let stand for about five minutes. Then remove egg with a perforated spoon.

Most of us do not even scratch the surface of the possibilities in cooking eggs. The French housewife knows more about it than most American women do. Omelets, soufflés, which provide an excellent method of using left-overs, custards and fruit whips are a few egg dishes that need to appear frequently in all homes. And in spring eggs are more plentiful than at any other season.

And why are eggs such fine food? It is because of the yolk, which is rich in the iron essential to building blood. It also has vitamin A, and if the hens have basked in the sunshine it has vitamin D, so helpful in making strong bones and teeth. Is it any wonder that sponge cakes, rich in egg yolks, are excellent for growing children? Egg yolk also has body-building protein and fat. The whites are composed almost entirely of water and protein. Some nutrition authorities advocate one egg or egg yolk a day for everyone, but seldom is more egg required.—*Nell B. Nichols.*

Recommended Recipes

Delicious for Adults, Nutritious for Children

Bread Omelets

½ cup bread crumbs 4 eggs
¾ teaspoon salt ½ cup milk
⅛ teaspoon pepper 1 tablespoon butter

Soak bread crumbs 15 minutes in milk, add beaten yolks and seasonings and fold in stiffly beaten whites. Turn into a hot buttered pan and cook slowly. Brown the top in a hot oven and serve at once.—*L. S., Suncook, N. H.*

Egg Fluff

4 eggs 1 quart milk
⅓ cup sugar 1 teaspoon vanilla
Pinch of salt

Separate eggs and beat whites until stiff. Put the milk on to boil and add sugar and salt. Slowly drop the beaten whites by tablespoonfuls into the gently boiling milk. Lift out quickly and put in a deep dish. Stir the beaten yolks quickly into the milk and stir until slightly thickened, add vanilla and pour over the whites. This is a very pretty and dainty dish for children.—*Mrs. L. B., Washington, D. C.*

Rhubarb Pie with Raisins

2 cups rhubarb 2 eggs
¾ cup sugar 2 tablespoons flour
¼ teaspoon salt ¼ cup seeded raisins

Line a pie plate with good plain pastry. Wash the rhubarb and cut it in inch pieces. Mix sugar, flour, raisins and beaten egg and add mixture to rhubarb. Put strips of crust across the top and bake a nice brown and until rhubarb is tender.

Recipe-of-the-Month Club

Send us this month your favorite recipe *using raisins*—one that will appeal to and be especially good for children. For the best recipe received before April 15, 1930, we will pay $5, and $1 apiece for every other recipe accepted for use on this page. Address The Recipe-of-the-Month Club, THE PARENTS' MAGAZINE, 255 Fourth Avenue, New York City.

Eggs in Blanket

Make a smooth white sauce by taking 1 tablespoon of flour and 1 tablespoon of butter to 1 cup of milk. Season. Let boil two minutes. Pour sauce into baking dish and allow 3 eggs to 1 cup of sauce. Break the eggs gently into the sauce and bake in moderate oven until set. This dish may be varied by sprinkling cheese over the top or adding 1 to 2 tablespoons of cheese to each cup of white sauce. A very nice Sunday morning company dish.

Ham and Noodles

(An old German dish)

Add about one cup of chopped cooked ham to two cups of thin white sauce. Put a layer of this mixture in the bottom of a baking dish, then add a layer of cooked noodles and so on until dish is full, having noodles on top. (Use about four cups of cooked, seasoned noodles.) Sprinkle with buttered bread crumbs and put in oven to brown.

(Turn to page 42)

Is your child a lucky 6-year-old?

IS YOUR little boy or girl one of those fortunate children who are still getting a full quart of milk each day . . . building strong bones and teeth and healthy bodies?

Perhaps you find it difficult to get your children to drink all the milk they should have. Then try this advice of leading dietitians:

Vary the child's menus by serving milk in different forms — a plain milk pudding, for example . . . weak cocoa . . . with crisp cereals.

Cereals and milk are a wonderfully well-balanced food — and no cereal offers greater variety to tempt lagging appetites than "the cereal that crackles in cream." Kellogg's Rice Krispies are toasted bubbles of rice that actually snap and pop with crispness.

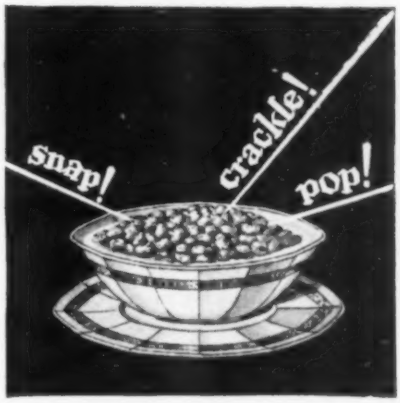
They contain the nourishing elements of wholesome rice. Exceptionally easy to digest and so ideal for bedtime children's suppers. A splendid conveyor of milk.

Order a package from your grocer. The grown-ups in the family will like Rice Krispies too. An excellent suggestion for your own lunch. Serve with fruits or honey.

You'll appreciate the advantage of the waxtite *inner sealed* wrapper that *keeps* Rice Krispies oven-fresh in your pantry. An exclusive Kellogg feature.

Kellogg's

RICE KRISPIES


snap!
crackle!
pop!

Write the Home Economics Department of the Kellogg Company, Battle Creek, Mich., and we will be glad to send free literature and advice on child feeding and diet. Your own physician should always be consulted in the event of ill health and sickness—ours is in no sense a medical service.

Dixie
A DAINTY CUP
ICE CREAM

Genuine Ice Cream Dixies show the word "DIXIE" in the familiar blue scroll design

ICE CREAM
in
DIXIES
is kept pure, clean and wholesome for your children

You may feel perfectly safe in letting your youngsters eat ice cream from Dixies. Only manufacturers of good ice cream are granted the Dixie Franchise. And Dixies are filled, frozen and tightly sealed right at the ice cream plant. Never is the ice cream exposed to dust or contamination. That's why it reaches your children in all its original purity and natural goodness.

And Ice Cream Dixies are so appetizing, so easy to hold and so pleasant to eat from!

INDIVIDUAL DRINKING CUP COMPANY, Inc.
Original Makers of the Paper Cup
EASTON, PA.

Tune in on WJZ or one of its associate stations next Saturday Evening at 8:00 o'clock E.S.T.—and enjoy some good circus fun with your children

Feeding the Family

(*Continued from page* 40)

Old-Fashioned Strawberry Shortcake

2 cups flour	1 tablespoon sugar
4 tsp. bak. powder	⅓ cup butter
½ teaspoon salt	¾ cup milk

Mix dry ingredients and sift. Work in butter with tips of fingers and add milk gradually. Toss on floured board. Divide into two parts and roll lightly to fit layer cake tins. Put in buttered tins and bake from 10 to 12 minutes in a hot oven. Split, spread with butter and fill with crushed sweetened strawberries and cover top with same. Serve with cream and crushed sweetened berries.

Crown Roast of Lamb

Purchase parts from two loins with the ribs. Scrape flesh from bone between ribs as far as lean meat and trim off backbone. Shape each piece in a semicircle, having ribs outside, and sew pieces together to form a crown. Trim ends of bones evenly, not leaving them too long. Wrap each bone in a thin slice of salt pork to prevent bone from burning. Then cover with buttered paper. Your butcher will prepare it for you if you tell him just what you want. Roast 1¼ hours in a rather hot oven. Remove pork from bones before serving and fill center with buttered peas or mashed potatoes. An attractive roast to serve at the dinner party.

Roquefort Salad Dressing

To a good French dressing made in the proportion of three tablespoons of oil to one of lemon juice or vinegar, add 2 tablespoons of creamed Roquefort cheese, season well with salt and paprika and a few drops of onion juice.

Cooked Greens Salad

Cook any good greens with any left-over salad greens. When tender drain and cut rather fine. Mold in custard cups, turn out on lettuce leaves. Garnish with hard boiled eggs or tomatoes and serve with salad dressing.

Chocolate Wafers

½ cup butter	1¼ cups flour
1 cup sugar	A pinch of salt
2 eggs	1 teaspoon vanilla
2 squares melted chocolate	

Cream butter and sugar, add beaten eggs, mix thoroughly. Add flour sifted with salt, chocolate which has been cooled, and vanilla last. Beat well and spread a quarter of an inch deep on buttered inverted pans. Bake in a quick oven about 6 or 8 minutes. Cut in narrow strips while hot.

Whole-Family Dinner Menus

I

Crown Roast Lamb
Fresh Peas Brown Rice
Green Salad
Fresh Fruit Ice Cream

II

Tomato Soup
Stuffed Green Peppers
(Lamb and Rice)
Asparagus Salad
Raspberry Junket

III

Jellied Bouillon
Broiled Chicken or
Lamb Crops
Butter Parsley Potatoes
New Peas
Fresh Strawberry Ice Cream

IV

Broiled Steak
Creamed New Potatoes
Buttered String Beans
Hearts of Lettuce
Roquefort Dressing
(grown-ups)
Boiled Dressing (children)
Old-Fashioned Strawberry
Shortcake (grown-ups)
Strawberry Sauce (children)

V

Mutton Broth
Creamed Asparagus
on Toast
Fresh Vegetable Salad
Egg Fluff

VI

Broiled Filets of Haddock
Baked Potatoes
Scalloped Tomatoes
Cucumber Salad
(grown-ups)
Lettuce (children)
Fresh Pineapple
Sponge Cakes

VII

Cream of Asparagus Soup
Baked Ham
(for older children)
Mashed Potatoes
20-Minute Cabbage
Lemon Sherbet

VIII

Ham and Noodles
(old German dish)
Buttered Spinach
Tomato Salad
Orange Gelatin
with Cream

IX

Eggs in Blanket
String Beans
Baked Potatoes
Fruit Salad
Whole Wheat Crackers
Cream Cheese

X

Rare Roast Beef
Macaroni with
Tomato Sauce
Fresh Asparagus
Rhubarb Pie (grown-ups)
Stewed Rhubarb (children)

XI

Browned Roast Beef Hash
Creamed Carrots
Cabbage and Pineapple Salad
Cottage Pudding with
Chocolate Sauce

XII

Vegetable Soup
Bread Omelet
String Bean Salad
Sliced Bananas and Oranges
with Shredded Cocoanut

XIII

Boiled Halibut with
Egg Sauce
Mashed Potatoes
Buttered Chopped Beets
Tomato Salad
Vanilla Ice Cream

XIV

Boston Baked Beans
Brown Bread
Pickles (grown-ups)
Cabbage Salad
Fruit Cup Ginger Cakes

Styles for Young Folks

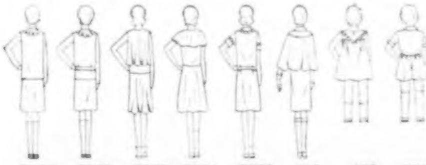
(*Continued from page 36*)

older sisters and brothers should come in for their share of these fashionable materials, too. Of course all the cottons that are washable have always been popular for these diminutive garments because of their practicality for active children who look their nicest in fresh frocks and suits. But these same fabrics can credit their welcome this year to their smartness and fashion-rightness as well as their hard-wearing and sensible qualities.

The accommodating cottons are more than ever charming in the new styles, because they are following the adult trend. There are, for instance, the cape sleeves and cape collars that are so prevalent in children's styles for this year, because of their grown-up note and their perky youthfulness. Little sports frocks, that use the adult box pleat down the entire front and back, suggest piqué for the medium, while such details as circular skirts, bolero jackets and shirred hip yokes express the party dress mood when they are in pastel shades or flowery prints of voile, batiste, organdie or other of the novelty weaves.

A FABRIC that is not so startlingly new to grown-ups but is decidedly fresh and untried for the youngsters made a timid entry this spring, only to find itself hailed as the most popular guest at every seashore, party and sandpile. This successful fabric is that lovely rough material—shantung. One finds it as decorative and practical in play clothes as in party frocks. It has even been given a hearty reception by the exacting young man of three to seven. After a vigorous tubbing these shantungs come out of their bath looking as fresh, glistening and unfaded as the best of their cotton rivals.

Velvet for the jacket and crêpe for the frock make a delightful combination for the young girl's ensemble, No. 7822, especially if the jacket is of a color a few shades darker than that of the frock. Fine lawn best interprets the very-small child's frock, No. 403. Shantung is a wise choice for the child's frock, No. 7870, with its relieving note of contrasting material on the collar and cuffs. The party frock, No. 7869, demands a soft material such as crêpe de Chine to show off its almost grown-up bolero jacket and full dipping skirt. For young gentlemen from two to eight the play suit, No. 400, is practical in a combination of gay plaid gingham trousers and white broadcloth blouse. The frock No. 7864 is girlish and cool in a crossbar weave dimity. A soft gay-colored flannel will prove most acceptable to the young wearer of coat No. 413.



Back views of designs on page 36

The Power of SUNLIGHT to Build Health *now* stored in Quaker Farina

One dish of this heart-of-wheat creamy hot cereal provides the vitamin effect of a full hour spent in healthful sunshine.

DOCTORS for years have recommended Quaker Farina as the first solid food for babies. Farina is the creamy, inner heart of the wheat. All rough, indigestible parts are removed. Easily digested, it gives both babies and older children food elements they need.

Now by exposure to certain powerful rays like those of the sun, every dish of Quaker Farina gains and can pass on to your child the bone-building, growth-producing effect that is secured from sunshine.

Laboratory experiments show a generous dish of this nourishing hot breakfast food equals in sun-vitamin effect one hour of exposure to life-giving sunshine!

Think what this means! Your children's breakfast cereal now becomes an added source of the "sunshine" vitamin which makes sound teeth . . . straight, well-developed bones.

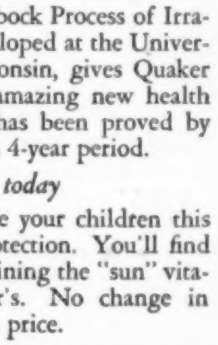
The Steenbock Process of Irradiation, developed at the University of Wisconsin, gives Quaker Farina this amazing new health aid. Its reliability has been proved by countless tests over a 4-year period.

Begin today

Start at once to give your children this vital new health protection. You'll find Quaker Farina containing the "sun" vitamin at your grocer's. No change in taste. No change in price.

WARNING: Don't be confused. The mere fact that grain is grown in the sunlight does not give the cereals the "sun" vitamin. The husk keeps out the invisible rays from the heart of the grain.

Only cereals marked "Irradiated Steenbock Process" are guaranteed to have the "sun" vitamin stored there by *ultra*-violet rays. The only two such cereals are *Quaker Farina* and *Muffets,* the new whole wheat biscuit. The Quaker Oats Company has been granted the sole right to irradiate cereals by the Steenbock method.



D-5

Quaker Farina—*Heart of the Wheat*

We do everything but dust the grapes

We'd dust and polish each grape, too—if that could make Royal a better baking powder!

AS IT IS—we don't see how we *can* make Royal any better. From the minute the ripe grapes are picked . . . to the day the red can of Royal Baking Powder arrives in your kitchen . . . each ingredient and each process that go into the making of Royal are carefully guarded.

We know all about the delicious foods Royal bakes, too . . . How much better they *taste* when made with this Cream of Tartar baking powder . . . How light, moist and evenly browned they are . . . How wonderfully well they keep!

2 Helpful Booklets—FREE!

Royal Cook Book—360 recipes for breads, cakes, frostings, desserts, pastries, soups, sandwiches, salads—Luncheon and Supper Menus.

Making Biscuits—including master biscuit recipes with many variations that will appeal to small boys and girls. Practical suggestions for saving time, material and effort.

Royal, the Cream of Tartar baking powder. Absolutely pure.

JUST CHECK THE COUPON!

ROYAL BAKING POWDER
Product of Standard Brands Incorporated
Dept. 184—695 Washington St., N. Y. C.
Please send me *free* the Royal booklets I have checked ☐ Royal Cook Book ☐ Making Biscuits.
Name
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Special Schools for Different Children

(*Continued from page 23*)

yet pass these qualifications, if he can manage the earnings from his occupations well enough to escape becoming a public charge.

The mind has as many gradations as there are degrees of light and shade, from the bright sun of a fine intellect to the dull night of distinctly impaired powers. In between we have the average, the backward, the flighty, the dull. Standards, too, change in varying eras and among different peoples. A bright school boy of 1930 probably has a higher intelligence quotient than would some of the famous characters of history, but the point with either is how he measures up to the standards of his time and his generation. The normal of yesterday may not be that of today. What is normal depends upon the standards of your community, the age in which you live and the strata of society in which you demonstrate your capacity to make a living and conduct your own affairs.

But children do not generally earn a living and very young children are not expected to manage themselves without supervision, so we must have a slightly different definition for the formative years. Expert knowledge indicates that human life tends to follow a definite rhythm of development and that the normal man is the outgrowth of the child who approximates this rhythm. The steps in development have been observed through study of thousands of infants and children, and they have been tabulated. When a child does not follow this rhythm, an expert psychiatrist should be consulted. Such help is now within the reach of all and has become a definite part of our school system.

THE publication of Binet's classifications of mental intelligence less than a quarter of a century ago aroused much popular interest. These tests are not magic formulas to solve all problems of mind and temperament, but they may be the key to a door otherwise hard to open. Patient study and ability to use the tests wisely and to diagnose correctly what they reveal are also needed; also time and extended observation, rather than a too-hasty acceptance of the result of single tests. Mistakes have been made, as in every other sort of diagnosis, but the tests, especially the Stanford revision, are being used with marked success in our schools.

The wise parent will make sure of his child's mental well-being, just as he makes sure that all is well with the child's body. Being a parent means the constant taking on of new responsibilities and nothing short of care of the *whole* child, mind, spirit and body, should be regarded as adequate.

The greatest obstacle in the path of helping the unusual child is our public attitude toward any type of mental or nervous disturbance. Every parent wants to have normal children. To be "different," even "exceptional," sets a child a little apart from the normal.

When this is the case with a child parental pride is immediately affected and the very natural desire to protect the child is carried to extremes. In early childhood the serious portent of development is not always recognized and parents are loathe to believe that any child of theirs is not all they hoped and anticipated. The natural instinct is to shut the child up and wall him in against difficulties, to take him out of school and keep him at home if he does not get along well, hoping that time may in some magical way make everything turn out all right. Or the parent may even be led astray by the many stories of children who did not fit into the school régime of their day and who later became famous. There is always a chance that this may be the case, but it is safe to say that wise training is a better risk than none at all.

Obviously a child who does not fit into the school program for the average child cannot continue in an average school, either public or private, without causing much disturbance and being impeded rather than helped by his association with other children. Parents, however, invariably cling to the desire to keep their children in a normal group, believing this very association must pull their own child back into his proper orbit, fearing also that he will go down-hill if he associates with children who are handicapped in any way. The child meanwhile is continually thrown into situations he cannot meet without difficulty and forced to compete with children when he cannot do so fairly.

MORE than any other child, the "different" child needs education and training, just because of his difference, if he is to take his place in the world. He needs patience and understanding above everything. He needs also individual study of his special disabilities and his special aptitudes. Perhaps he can be taught more easily in one way than in another, as is often the case. The very cause of his trouble may lie in the approach that has been made to this ability to learn. Perhaps it is necessary to find a special path to his understanding before the door can be unlocked.

One teacher tells an interesting story of a boy who could not be successfully taught to read until through the development of a particular phonetic method of her own she secured remarkable results. The head of a special school for boys claims a large percentage of success with the older phonetic method of reading, instead of the rapid sight method now used in the schools. Some children can learn best in small groups.

The ideal provision for the child needing special help seems to be some adjustment of our educational program, where, by occupying all the children in varying stages of a given project, requiring different grades of intelligence, there is no great competition apparent between the backward, the normal and the superior. Some efforts are being made in our schools along these lines. This keeps the child with normal children, but avoids making the work too hard. In general, however, we have as yet only the special school and the special class.

THE special class exists in most of our public schools at the present time. The difficulty it presents is that brighter children quickly learn the distinction involved and the children who attend special classes are usually subjected to teasing and similar forms of cruelty, arousing in them feelings of fear and inferiority, which interfere with the good accomplished by the teachers. But many children have been helped in these classes and are going from them into normal grades after periods of individual teaching.

With many maladjusted children, the whole trouble seems to lie in the environment—the necessity of living in a normal community and in a normal home. The child does not fit into the environment suitable for the rest of the family. The conditions of life are too hard for his delicately organized nervous system, he cannot meet the strain of everyday living that seems so simple and easy to the child who has not this difficulty within himself.

In such cases the home usually strives to make every effort to help the child. The normal members of the family give up their rights in order to make life easier for the unusual child. But this teaches the child to be a tyrant, to expect and receive the major share of the attention and consideration, and the good gained is undone in another direction. Or by too much coddling and protection he is held back from becoming the strong and independent individual he must be in order to conduct his own affairs. In a variety of ways the home fails to help, because it cannot provide the necessary environment, and though the home is not to blame and the child is not to blame, one or both must suffer.

Special schools come as another answer and from some points of view they offer the most successful one. Undoubtedly the better schools of this type are studying every possible means of meeting the problem in a constructive way. Perhaps the most important aid they offer is the provision of a continuous atmosphere of training, as the home cannot well do when the child goes from the home to attend school and returns again each evening. The entire day of the school, including the simple activities of everyday life and affairs, is planned with the idea of overcoming the child's difficulties. He gets attention but not too much, and by association with other children in work and play, learns to adjust himself socially in a healthy community life. This social life has an advantage over private tutoring in the child's home.

A day in one of these schools reveals the ordinary outdoor life and school

(*Turn to next page*)

Your Baby's Health Depends on It!

THE most important factor in the sound growth and healthy development of your baby is proper feeding.

Eminent physicians everywhere recognize the vital necessity of a well balanced diet for delicate infant digestions.

Yet there is no need for complicated formulas or expensive baby foods. A simple mixture of Karo Syrup and pure milk, either fresh or evaporated, supplemented with cod liver oil and orange juice provides every need. And Karo and milk is so easy to prepare, economical and, above all, SAFE!

Karo is recommended by leading doctors and hospitals throughout the country. Why not ask YOUR physician?

Free to Mothers!

"The Food of the Infant and the Growing Child" is a practical, helpful booklet written by one of America's leading baby specialists. Mail the coupon below for your copy.

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Please send me my copy of "The Food of the Infant and the Growing Child."

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DON'T TAKE SUCH A CHANCE WITH YOUR CHILD

AN IMPROPER tooth-paste may seriously affect a child's gums and teeth. For instance, harsh abrasives may actually grind away the tooth enamel (which never replaces itself). Strong astringents may irritate the gums.

Be doubly sure the dentifrice your child uses is safe. Dentists know Squibb's Dental Cream as a thoroughly safe dentifrice for children. Thousands of mothers will use no other.

Squibb's contains no abrasives, no astringents—nothing to injure delicate teeth and gums. It cleans safely and beautifully.

But it does more than clean. It contains 50% Squibb's Milk of Magnesia, a wonderful antacid which penetrates tooth crevices and renders destructive acids harmless. These germ acids are the cause of tooth decay.

Your child will like the pleasant taste of Squibb's. You'll appreciate its safe effectiveness. The large Squibb tube is a real economy.

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SQUIBB'S
Dental Cream

Squibb's Milk of Magnesia
Squibb's Dental Cream

Special Schools for Different Children

(*Continued from page 45*)

curriculum of a well-regulated boarding school. To all outward appearances we have simply another one of thousands of boarding schools. It is in the methods of teaching rather than in its content that the education offered differs from that of other schools. It must of necessity be highly specialized, since it is primarily intended for the child whose individuality constitutes his disability.

Like the doctor, the successful educator of the unusual child must have "an eye to see, a mind to know and a heart to understand." He must have the intuitive ability to piece together a series of manifestations, to work out their pattern carefully until to some extent he has its key. The school needs to know why the child is different before it can try to remove that difference by treating the cause.

EDUCATION in the special school may best be described as objective, apart from its individualistic aspects. Jangled nerves tend to interfere with mental capacity for abstract thinking, in particular in subjects requiring concentration and judgment such as mathematics. Lines, circles, objects, various mechanical devices are used to help the pupils grasp the operations involved in addition, subtraction, multiplication and division. In time, by repeating these operations and actually performing them himself, the child's mind grasps the number combinations sufficiently to put them to average use—a result not far different from that attained in many average classes with the child of mediocre mathematical capacity.

Reading and spelling, though less abstract than arithmetic, are also taught more concretely. The words are printed, they are sounded, they are pictured with the objects they represent, and in every possible way they are presented to the child's attention so that they may be impressed upon his mind.

Poor coordination is one of the accompaniments of many nervous disturbances as well as physical diseases, and in learning to write many children need help because of this interference between mind and hand. The teacher offers various simple aids, holding a ruler to guide the child in his first efforts to spell words, teaching him simple strokes by the use of dots for an outline which he may follow, gradually leading him on to the more intricate strokes. The method that fits and helps one child may not always help another and educators confess their inability to describe their work as having a method at all, saying it is rather a knack of teaching or the ability to hit upon the right approach.

Probably the greatest task and opportunity of the special school lies in the discovery and development of special talents and aptitudes, and in this especially it differs from the general school. Every child, declares an educator of many years' experience, has a talent of some kind. To find it, to develop it, to give it marketable value is the all-important work of the special school.

"I have had one pupil," says this educator, "who could never learn to spell. But now he can draw so well that when he misspells words in his titles, he is taken for a humorist and the spelling thought to be deliberate. I happen to know better but the important thing is that the boy's marketable talent overcomes the relatively unimportant fact that he has not the ability to spell.

"However, I have also a boy with a marvelous mechanical memory. If I should give him the telephone book, with instructions to commit all the numbers to memory in three months I believe that he would successfully accomplish the task. But such memories have no commercial value that I know of, interesting as they may be as phenomena. To earn a living he must market his talents. So we seek for such a child a simple allied channel into which we may direct this talent."

TO continue quoting from this same expert: "The special schools are not yet reaching many children who need help because the child who is neither definitely very much above or very much below the average often goes unrecognized as a problem by both parents and teachers, although he does present peculiarities in his make-up that keep him from happy conformity to the routine of his fellows. Such a child struggles along against the tide, clambering up a little way here, falling behind again there, prodded from behind by anxious and solicitous parents, urged on by faithful teachers, yet perhaps sensing in his own heart that he cannot do this thing for all his trying. Discouragement, often rebellion, fill his heart as he battles the waves that will submerge him. With a little help at the right time this child might be saved from failure and his mental health and happiness salvaged, saving society the cost and waste of another social misfit."

One of the interesting attempts to find the special causes underlying differences among these unusual children is along the lines of diet. Studies are made of body chemistry and metabolism, to determine, if possible, why one child thrives on eggs and another does not, why one child squirms and kicks at the sight of milk and another willingly drinks all that is given him, why some grow strong on spinach and others disgorge it or fail to digest it if forced to eat it. Following upon a long period of maternal over-solicitation, it is an interesting and arresting thought that, where no other reason can be discovered in training and example, some of these food aversions may have a cause that challenges consideration. Work along these lines is still in an experimental state so that it is only possible to state the theory, but food chemists are seeking ways of understanding such idiosyncrasies and accepting their importance as a factor in the selection of diet. It appears to be true that one man's meat can be another man's poison and we may eventually change many of our ideas on diet when these theories finally pass the experimental stage.

For a number of years a special diet has been used in the alleviation of a special type of nervous and mental disorders, but only very recently has anyone felt that it might have value in nervous disturbances less severe in nature.

WE have learned that by taking thought as to their living and eating we may actually add cubits to our children's stature. We can alter them mentally and physically in some degree by changing their environment from bad to good. Now we are seeking to learn whether we can also alter the individual within himself. If, for example, his bodily chemistry is setting up trouble that affects his nerves and well-being can it be altered and his state of being improved? Nothing beyond the theory can yet be stated, but startling discoveries may lie ahead.

It becomes more and more obvious that no parent's duty has been fulfilled unless he has made sure of his child's mental welfare in addition to caring for his physical well-being. The intelligent parent will not attempt to decide arbitrarily a child's bent of mind or seek to force him into a profession or groove in which he does not belong. In the case of the unusual child, parents must put aside their personal ambitions and consider only the child's welfare. It is not easy to face the fact that their child has not all their ability and a little more besides since this is the normal wish of every father and mother. But if a child has not the capacity to learn certain things, if he is being goaded on by his parents' ambition, literally hewn and sawed to fit the mold to which they want him to conform regardless of his capacity he is bound to be the pitiful victim of his parents' unreasoning attitude. If your child is "different" look the facts in the face. Some things are hard to accept, but the sooner they are learned and faced, the better for both child and parent.

The all-important thing is to find out in what the child's disability consists, to unearth his special talents, to train and salvage all that is possible. Much has already been done for the child who is uneven in performance or who has definite disabilities, and greater effort to meet the problem is being made today than ever before. Rather than wasting time in mourning over the blow to their hopes, parents should see what can be done to help the child find a way to successful living, remembering that a handicap has often been turned into a benefaction by training.

Let us never forget that from these "different" children have come many of our greatest dreamers and artists in every age.

A list of recommended schools for special training is given on page 13.

Junior was so frail
I almost cried

. . . but now he's grown so husky we can hardly believe our eyes . . . . .

"I WAS at my wits' end. Junior was so thin and delicate. Every time I gave him his bath, I almost cried at the sight of his frail little body and pipestem legs.

"Goodness knows, we tried everything. But it wasn't until we put him on Cocomalt that he started to improve. Within a week he started to round out, and soon real, solid muscle began to develop. You can't imagine how pleased we are to have him growing strong and husky at last!"

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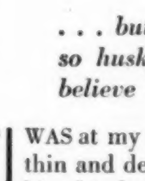
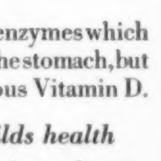
To try Cocomalt free, mail coupon below for a generous trial package.



Cocomalt
DELICIOUS HOT OR COLD



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WHEN fathers are doctors, every bit of baby's routine is planned in the most *scientific* way.

Take the question of washing woolens and diapers and the rest of baby's things. Doctors know how important it is to use the very purest, finest soap there is! To quote a well-known child specialist—"Strong soaps allowed to remain in the garment, often cause severe eruptions."

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We asked scores of doctors' wives . . . 91% answered, "We use Lux."

Lux is made of the very purest materials known . . . contains not the least trace of the harmful, irritating alkali found in so many soaps . . . is soothing and gentle and bland.

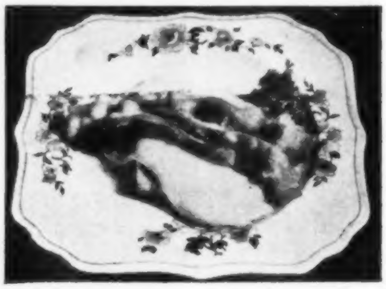
Just a dip in the instant, sparkling Lux bubbles—no rubbing—and baby woolens are soft and downy as new. Diapers sweetly, safely clean!

LUX
For all fine laundering
LUX

Add Cheese to the Child's Diet

(*Continued from page 28*)

cream cheese which comes wrapped in little oblong tinfoil packages in the diet of the younger child. In fact the cream cheese has been in some cases added to the milk of the child of less than one year of age. Both of these cheeses have proved valuable in adding interest and variety to the protein requirement which some children object to receiving, year after year, in the form of eggs and milk only. Mixed with fruit such as dates, raisins, or figs, or with finely chopped raw vegetables such as cabbage or carrots, and used as a sandwich filling or a salad, these cheeses are usually well received by children. These furnish not only protein in a concentrated yet delicate and easily digestible form, but a content of calcium and vitamin A, which places them in the list with fresh fruits, green vegetables and milk in this regard. Due to the more scientific and carefully controlled method of manufacture, the cream cheese retains more of the calcium of the milk than does the cottage cheese.



A cheese rarebit made as this author suggests is nourishing and easily digested by the older boy or girl

In considering its adaptability to children, some one may remember cottage cheese as tough as rubber. Again it is well to remind one who makes cottage cheese at home that all proteins are toughened and rendered indigestible by the application of too high a degree of, or too long continued, heat. An approved method is to cut and stir the clabbered milk, then heat it to 100° F. (about body temperature) for thirty minutes. Pour on cheese cloth until the whey drains off. Do not press or squeeze. Season with salt and cream. If cottage cheese is purchased, to which the cream has not been added, for the sake of both palatability and nutritive value, additional cream should be mixed with it.

Try spinach supreme made with cheese and topped off with breadcrumbs and bacon

In adapting cottage and cream cheese to the feeding of the eight to twelve-year-old, an attractive use and one which will add variety to familiar foods is its use with desserts and salads. Try stuffing a hot or cold baked apple with a spoonful of either of these cheeses. Use a mold of cottage cheese surrounded by fruit or chopped vegetables. Cream cheese may be attractively served as a topping for salads or desserts. Cream one cheese (2¾ oz.) with one tablespoon of cream. Whip until light. Serve over fruit, canned figs, baked apples, or fruit gelatin.

The child of eight to twelve will enjoy Cheddar cheese properly prepared and not in concentrated form. A medium thick white sauce to which a few tablespoons of grated cheese to the cup of sauce is added, affords an interesting change used with vegetables as spinach, cauliflower and potato, or with rice, noodles or macaroni. A cheese timbal, really an egg custard with cheese, makes a simple, interesting and savory main course dish. A tapioca cheese omelet is another substantial dish. For sandwiches for the school lunch or for home consumption, cottage or cream cheese may be combined with jelly, marmalade, chopped tomato, finely chopped olives or, as for the younger child, with chopped raw cabbage or carrots or with chopped dates. Grated American cheese added to egg sandwiches makes them more interesting. Chopped egg and cream cheese sandwiches are also attractive and savory. Cold Boston brown bread is a welcome change for sandwich bread.

For the child of twelve to eighteen with his capacious appetite and his large requirement for both body building and energy, cheese will be found a satisfactory and economical food. A rarebit made by adding from one-fourth to one pound of grated cheese to a well-seasoned medium thick white sauce is decidedly grown-up and perfectly digestible. Cheese fondues, macaroni and cheese, tomato rice with cheese, toasted cheese sandwiches, a celery and cheese casserole, scalloped spinach and cheese, cheese and nut roast, hominy and cheese, potato and cheese soufflé are just a few of the ways in which it may be offered.

Casserole dishes containing cheese should be baked in a moderate, not a hot, oven. This last group of dishes may well come under the caption "Main Course Dishes for Luncheon and Dinner," and will be just as thoroughly enjoyed by father and mother as by the rapidly growing son and daughter. Eat more cheese. Some recipes follow.

Scalloped Spinach with Cheese

1 can (1½ lbs.) spinach or 3 lbs. raw spinach
1 cup milk
1 teaspoon salt
¼ teaspoon pepper
½ lb. grated or finely diced cheese
1 cup buttered bread crumbs

Have spinach cooked and drained. Heat the milk in the double boiler. Add the cheese and seasoning. Beat until the mixture is smooth. Stir together cheese mixture and spinach. Pour into buttered casserole and cover with buttered crumbs. Bake in a moderate oven (350° F.) for fifteen minutes or if spinach was cold, thirty minutes.

Onion and Cabbage Soup Gratinee

3 onions
3 tablespoons butter
3 pints beef stock
1 pint finely sliced cabbage
¼ loaf French bread
½ cup grated cheese
Pepper and salt

Fry sliced onion slowly in butter. Add beef stock, salt and pepper to taste. Add cabbage and cook until tender. Cut bread in thin slices and dry in the oven. Pour soup into large tureen or serving dish. Cover with slices of bread and sprinkle with cheese.

Date and Cheese Sandwiches

1 cream cheese or ½ c. cottage cheese
½ cup finely chopped dates

Blend together cheese and dates. Spread generously between slices of whole wheat or Boston brown bread.

Cream Cheese Dressing

1 cream cheese
1 tablespoon cream

Cream the cheese, which has been standing for some time at room temperature. Gradually add the cream. Whip until light and fluffy. Serve over stewed fruit or gelatin; or mix with macaroni or raw or cooked vegetables as salad.

Tomato Cheese Sauce

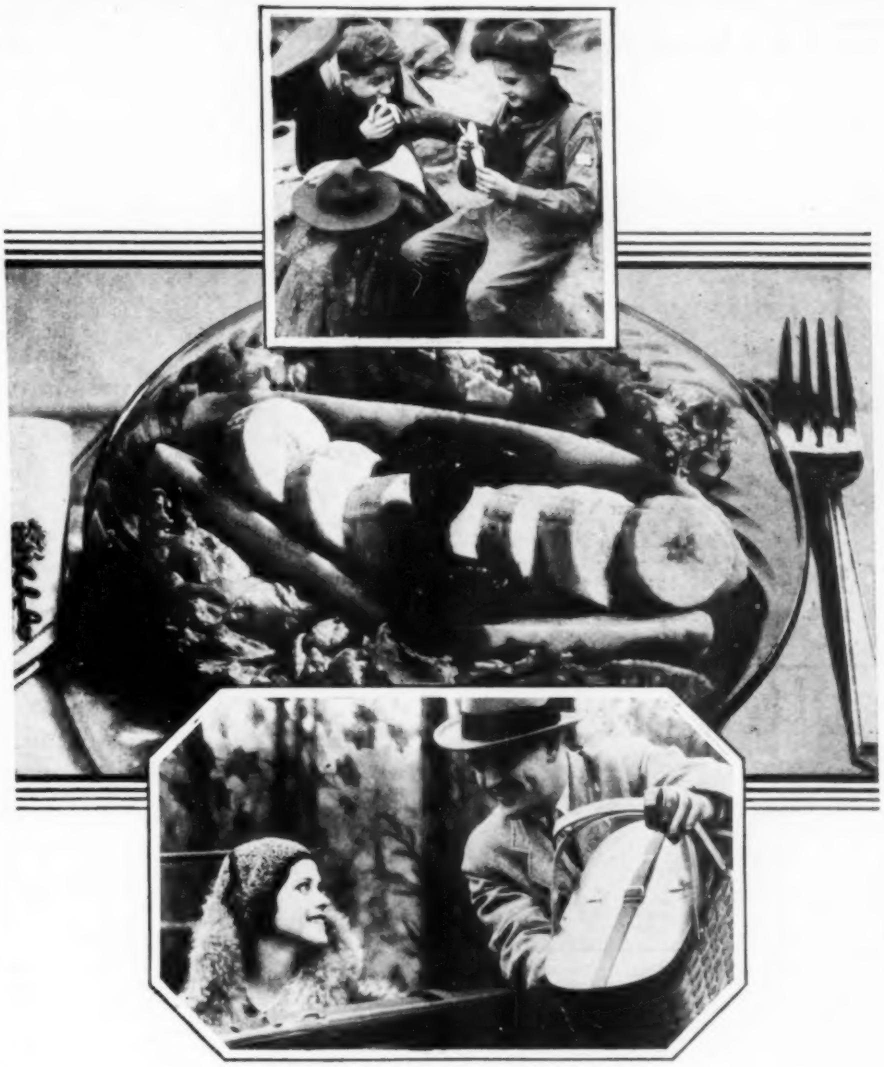
1 pint hot cooked tomatoes
2 tablespoons granulated tapioca
½ teaspoon salt
½ lb. grated or finely diced cheese

Cook tomatoes and tapioca in double boiler for fifteen minutes, stirring frequently. Add salt and cheese. Beat until smooth. Use on toast as rarebit or with rice, macaroni or hominy to make a casserole dish.

Cheese Sauce

1 tablespoon flour
1 tablespoon butter
1 cup milk
¼ teaspoon salt
1 cup grated or finely diced cheese

Heat milk in double boiler. Cream butter and flour into a soft ball. Drop into the hot milk and stir until the mixture thickens. Add seasonings and cheese and beat until smooth. This sauce is delicious for au gratin dishes. It may also be served on toast, poached eggs, vegetables, and so forth.



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SPRINGTIME—with its call for foods that are light yet nutritious. Let bananas help build vitality for you. Everybody responds to their smooth, distinctive flavor. They're handy to eat right out of their golden skins—or sliced in milk, or in tart fruit juices. Try them in crisp, refreshing salads—or in your favorite cool dessert.

Bananas are rich in vitalizing properties—in the body-toning minerals and those precious vitamins, A, B and C. They're easily digested, too—by little children as well as grown-ups. Today, dietitians urge that bananas have a place in the regular diet.

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Please send me "Bananas in the Modern Manner"—24 pages of unusual recipes—illustrated.

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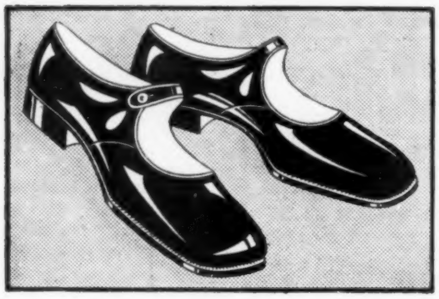
All advertisements are certified as conforming to standards on page 82.

"YOUNG FEET should wear FLEXIBLE ARCH SHOES"

says **MARGARET L. BURT**
M. L. Burt School, Peekskill, N. Y.



YOUR child's flexible feet need flexible arch shoes! So say doctors and teachers. Cantilever Shoes are flexible—scientifically constructed to protect young bones and muscles. They allow young feet to grow as nature wants them to.

And Cantilevers are made for *active* children. They wear so well that they don't strain the family budget.

FLEXIBLE for COMFORT

CANTILEVER CUBS

"LITTLE BEARS FOR WEAR"

Motion Pictures

(*Continued from page* 34)

stranded at Memphis. Former members of the troupe, now famous, put on a show to get the owner on his feet financially. A romance is interwoven. Interest in the production is due to the new technique which gives a stereoscopic illusion, and in the larger screen which can show ensembles to greater advantage. With the larger screen there seems to come a larger volume of sound also—which is a doubtful asset! (U) (E) *For A:* Rather novel. *For Y:* Entertaining. *For C:* Morally harmless, but too long and noisy.

HELL HARBOR, with Lupe Velez (*U.A.*)—A melodrama bristling with bold crimes, bloodshed and cruelty which has as its setting the lovely background of the Caribbean Sea Islands and life among the pearl fishers and traders. The incredible plot might have seemed heroic as a silent picture but dialogue betrays the banalities and increases the objectionable characteristics of the persons portrayed. (U) *For A:* Hardly. *For Y:* Not recommended. *For C:* No.

HELLO SISTER, with Olive Borden (*Sono Art*)—Improbable and unconvincing story of a jazz-mad girl who tried to reform for six months to win an inheritance. Unobjectionable but poorly acted and unimpressive. (E) *For A:* Mediocre. *For Y:* Passable. *For C:* No interest.

HER UNBORN CHILD, with English cast (*Windsor Pictures*)—A serious and dignified picturising of the problem of the unwed mother—propaganda against birth control and abortion. Uneven in quality but delicately done and notably acted, especially by the mother and the doctor. (E) *For A:* Rather good. *For Y:* Doubtful. *For C:* No.

HONEY, with Nancy Carroll (*Paramount*)—True to its title, "Honey" is a sweet and romantic comedy with interpolated songs which, while they are entertaining, seem out of place and rather hinder the logical interest in the plot. It is the story of a clever Southern girl whom circumstances force to masquerade as a cook in her own kitchen. The settings and dialogue are in good taste, the characters are well cast, and it can be recommended as excellent entertainment for family audiences. (U) (E) *For A:* Amusing. *For Y:* Wholesome fun. *For C:* Amusing.

A LADY TO LOVE, with Vilma Banky (*M-G-M*)—The unconventional situations of the story have been skilfully handled, and although it lacks the emotional, stirring problem which the play, "They Knew What They Wanted," presented, it is interesting and entertaining. Edward Robinson gives an excellent portrayal of the excitable grape grower, and Miss Banky is attractive. (U) *For A:* Fair. *For Y:* Too sophisticated in theme. *For C:* No.

LET'S GO PLACES, with Joseph Wagstaff (*Fox*) Amusing farce-comedy of the manager who gets his star singer into the movies—but accidentally under the name of a really great singer. Lively action, kept free from the cheap or the risque—and with one notable stage-chorus scene not too long to be good. (E) *For A:* Amusing. *For Y:* Very good. *For C:* Amusing.

THE LIGHT OF WESTERN STARS, with Mary Brian and Richard Arlen (*Paramount*)—A story which gives us the spirit of the old West as we like to imagine it: two-fisted likable heroes, despicable villians meeting well deserved ends, a charming girl introducing romance and plenty of action amid gorgeous surroundings. It is an entertaining picture, good of its type, recommended for family audiences. (U) (E) *For A:* Good Western. *For Y:* Good. *For C:* Exciting.

LILIES OF THE FIELD, with Corinne Griffith (*First National*)—Preposterous attempt at combining mother-love, stage-life, whoopee and prostitution. False, incredible, cheap and not helped by Corinne Griffith's poor voice and ordinary acting. (E) *For A:* Worthless. *For Y:* No. *For C:* No.

LOVIN' THE LADIES, with Richard Dix (*RKO*)—A light and amusing farce which shows that wagers on anything as intangible and ungovernable as love are futile. (U) *For A:* Passable. *For Y:* Amusing and innocuous. *For C:* No interest.

LORD BYRON OF BROADWAY, with Charles Kaley (*M-G-M*)—Another backstage story, with a tin-pan-alley song writer as hero. Little to redeem it from mediocrity save a few tunes. (E) *For A:* Mediocre. *For Y:* Better not. *For C:* No.

LUMMOX, with Winifred Westover (*U.A.*)—"Lummox" is the story of a servant girl—an unemotional drudge, who constantly sacrifices herself to help others. The theme is beautifully executed. Miss Westover is admirable in the title rôle, and the direction throughout is realistic and satisfying. It is an excellent portrayal of Miss Hurst's well known novel. (U) (E) *For A:* Interesting. *For Y:* Unsuitable. *For C:* No interest.

THE MELODY MAN, with John St. Polis and William Collier, Jr. (*Columbia*)—An interesting theme which presents a conspicuous contrast between classical and jazz music. The plot concerns a composer, guilty of a crime, who is traced after a period of many years through a rhapsody of his own composition. (U) (E) *For A:* Rather good. *For Y:* Passable. *For C:* Rather mature.

THE MURDER ON THE ROOF, with Raymond Hatton (*Columbia*)—Excellent "murder thriller," well played and directed, but with unwholesome central situation of cabaret dancer "kept" by the night club owner, though no offensive scenes are shown. Plenty of booze and wild night life. (E) *For A:* Good of its kind. *For Y:* Unsuitable. *For C:* No.

NO, NO, NANETTE, with Bernice Claire (*First National*)—The stage success fairly well done in color, many laughs and little else. The central idea of the bald-headed Bible publisher having "affairs" with other women than his wife is made utterly farcical. Obvious fun and probably harmless. (E) *For A:* Fair of its kind. *For Y:* Amusing. *For C:* Perhaps.

ONLY THE BRAVE, with Gary Cooper and Mary Brian (*Paramount*)—The story is that of a young Union Cavalry Captain who, jilted and embittered by the girl he loves, volunteers for the almost certain death of spy duty. His adventures provide a pleasantly entertaining romance, which for pictorial charm and excellent acting excels others of its type. While the background is the dramatic and stirring period of the Civil War, it is nicely balanced by the romantic element, and the settings, costumes and action all contribute to provide a charming picture. (U) (E) *For A:* Enjoyable. *For Y:* Highly recommended. *For C:* Good.

ON THE LEVEL, with Victor McLaglen (*Fox*)—A rough and ready iron worker, who becomes enmeshed in a crooked real estate deal after being "vamped" by a beautiful woman, has to resort to his courage and brawn to get him out of the mix-up into which he was plunged by his simplicity. It is not a very sympathetic story and has little interest. (U) (E) *For A:* Poor. *For Y:* Passable. *For C:* Too mature.

PEACOCK ALLEY, with Mae Murray (*Tiffany*)—Possesses only the cheap appeal of an embarrassing situation, in which a rural bridegroom (crudely played by Robards) is threatened with ejection from a New York hotel on his wedding night because of his bride's well-known and lurid past. (E) *For A:* Cheap. *For Y:* Unsuitable. *For C:* No.

SALLY, with Marilyn Miller (*First National*)—Complete musical comedy, à la Ziegfeld, gorgeous in color and settings, sometimes garish, with a human little thread of a story that is incessantly clogged with elaborate ballets, songs and dances. Many laughs, some of them cheap, but with fine work by Marilyn Miller. One of the best productions of its kind to date. (E) *For A:* Fine of its kind. *For Y:* Entertaining. *For C:* Good.

SARAH AND SON, with Ruth Chatterton and Frederic March (*Paramount*)—The story tells of the progress of Sarah Storm through a period of years to the time when tenacity of purpose and financial success make it possible for her to reclaim the son who was parted from her in infancy. It is a charming story in which mother-love is not sentimentally overdrawn, but is portrayed in a human and interesting way. This, with Miss Chatterton's exceptional ability and the support of a well chosen cast, places the picture among the foremost of recent releases. (U) (E) *For A:* Notable. *For Y:* Perfectly wholesome but possibly little interest. *For C:* No interest.

SHE COULDN'T SAY NO, with Winnie Lightner (*Warner*)—Another backstage-racketeer-night-club concoction, with Winnie Lightner's laughable sayings as the chief relief. She is an humble nightclub entertainer, raised to stardom by her crook-backer, who then turns his affections to a rich society girl. Guns bring "happy ending." (E) *For A:* Hardly. *For Y:* Better not. *For C:* No.

THE SHIP FROM SHANGHAI, with Conrad Nagel (*M-G-M*)—Five English people becalmed on ocean, supplies running low, at the mercy of an armed lunatic with bestial intentions who has seized control of ship and crew. Harrowing throughout, with fantastic solution supposed to be psychological (E) *For A:* Not worth seeing. *For Y:* Unsuitable. *For C:* Too brutal.

THE SKY HAWK, with John Garrick (*Fox*)—The story of a young British aviator who clears his name of an unwarranted charge of cowardice through a gallant feat of courage. It gives a vivid conception of air fighting and the Zeppelin raids over London and is a thrilling and moving production which challenges the imagination and arouses patriotism without actually glorifying war. (Correcting review in February issue) (U) (E) *For A:* Good melodrama. *For Y:* Good. *For C:* Probably too exciting.

SONG OF THE WEST, with John Boles and Vivienne Segal (*Warner*)—This picture is not the epic it is heralded to be. Although set in the days of '49 with all the beautiful scenery, colorful and picturesque costumes and settings of the time, it is not convincing or consistent. It is light entertainment with pleasant songs and dances which slow up the story and action. It is one of the many hybrid productions now showing—neither straight drama or operetta, and consequently disappointing. (U) *For A:* Mediocre. *For Y:* Mildly entertaining. *For C:* Passable.

TIGER ROSE, with Lupe Velez (*Warner*)—Romantic melodrama, containing some fine scenery of the Northwest and the Redwoods, much hokum and artificial thrill and some poor acting by Monte Blue and others. Serves no visible purpose. (E) *For A:* Mediocre. *For Y:* Mediocre. *For C:* Hardly.

THE VAGABOND KING, with Dennis King (*Paramount*)—A masterpiece. The finest romantic comedy made since the talkies came. Based on the famous historical romance of the 15th century in France, "If I Were King," the picture is gorgeous in color, beautiful in sets and costumes, dynamic in action. Excellent singing enhances and does not interfere with the dramatic story. Notable acting by Dennis King as Villon and O. P. Heggie as Louis XI, with fine supporting cast. (E) *For A:* Excellent. *For Y:* Excellent. *For C:* Good.

WEDDING RINGS, with Lois Wilson (*Warner*)—Triangle-drama decidedly above average, notable for fine work of H. B. Warner and Lois Wilson. The dramatic conflict is between the admirable sister who loves the man, and the younger who tricks him into marriage for his money. Unconventional situations and conduct make it thoroughly unwholesome for youth. Olive Borden is not equal to her rôle of the cheap and contemptible younger sister. (E) *For A:* Interesting. *For Y:* Unwholesome. *For C:* No.

Books and Pamphlets

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A Doctor's Letters to Expectant Parents—A helpful book treating the psychological side of pregnancy as well as the physical. Invaluable to both mothers and fathers-to-be. Containing 18 letters—two for each of the prenatal months. $1.75.

The Modern Baby Book and Child Development Record—A unique book in which to record the development of children from birth to 16 years. It combines the charm and sentimental features of the old-fashioned baby book with the scientific records prepared by two of the foremost child specialists. Contains a detailed description of the development of normal children. Enables you to compare your child's development with the "average" child and with other children. The book comes in a box containing a handy file for photographs, letters, school report cards and other mementos you wish to preserve. An ideal gift to the mother of a new baby. The regular edition in pink or blue binding—$5.00. De Luxe edition in half leather in either color—$10.00.

If Parents Only Knew—What the modern school is doing for the child and how the home can help. Health, Recreation, Citizenship, Character Training and Choice of Vocation are among the subjects. $1.75.

How to Adopt a Child—How to select the right child for you; the methods of adopting a child; a list of reliable agencies through which they may be adopted and information on the rearing of adopted children. 25c.

Choosing the School—Questions parents should ask when choosing a school. A school catechism and a bibliography on educational methods. 10c.

What a Camp Can Do for Your Child—This pamphlet explains the advantages of camp life for boys and girls and includes a bibliography on camps and camping. 10c.

Should Children Eat Canned Foods?—An unbiased report based on scientific findings concerning the quality and safety of canned foods and their use in the child's diet. 10c.

How to Boost the Membership of Your P.T.A.—12-page pamphlet outlining a well-laid plan of action for a successful membership drive, including methods of gaining cooperation of enrolled members and school children and ideas for publicity in local newspapers. 10c.

When the toothbrush says *"Good Morning"* to their teeth

"Good Morning, Good Morning," says Mr. Toothbrush. "Pleased to see you," says every tiny little tooth. "We just have *to smile when we have Colgate's in the Morning!"*

CHILDREN are thrilled by the captivating taste of Colgate's. Youngsters everywhere are *glad* to brush their teeth with this delicious racing foam that always tastes *so* good.

Dentists everywhere say that Colgate's is the ideal dentifrice for children. It keeps their teeth ever so clean and with absolute safety, too!

Colgate's cleans with a *washing* action . . . its sparkling, bubbling foam sweeps over teeth and gums, surging down into tiny pits and fissures where food collects and where ordinary toothpaste cannot reach.

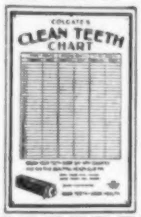
Important! Colgate's contains no drugs or medicaments which may derange the bowels or upset the digestion. This is a factor of prime importance with young children, as many mothers can testify.

More dentists recommend Colgate's than any other toothpaste . . . be guided by their advice, which is based on twenty-six years of experience with this wonderful dentifrice.

COLGATE'S
RIBBON DENTAL CREAM
COLGATE'S RIBBON DENTAL

FREE: ***to Mothers—This makes Toothbrushing a Game!***

"The Way to Happytown" is a delightful little child's book about the adventures of Bob and Betty on the Way to Happytown. In it is a toothbrushing chart which appeals to the child's play instinct . . . and offers a *reward* for brushing teeth regularly. It is approved by educators and helps you to teach your children the clean teeth habit. Mail the coupon and get this book—free—with a free trial tube of Colgate's.



Colgate, Dept. M-900, P. O. Box 375, Grand Central Post Office, New York City.

Please send me "The Way to Happytown" and free trial supply of Ribbon Dental Cream for .... children.

Name .... Address ....

City .... State ....

MOVIE of a Boy who didn't like MILK

Aw, gee, mother, I hate that cow taste
Wait, now; this is going to taste like ice-cream
I thought you were just fooling, Mom, This is great.

This business of getting milk into children who dislike it need cause no anguish to the wise mother who changes the flavor by adding half a teaspoonful of Burnett's Vanilla and a little sugar to the glass.

vanillamilk

is making more converts every day—made with Burnett's pure delicate vanilla, safe to give children in milk and desserts.

If your grocer is out of Burnett's Vanilla, send 40c for 5-oz. bottle to

JOSEPH BURNETT CO.
Dept. P-5 437 D St., Boston, Mass.

Furnishing the Whole-Family House

(Continued from page 29)

new table electric sewing machine, which may be used as a bed table, the evidence of this last function may be quickly effaced. There is, too, a small portable sewing machine, light in weight, which fits into a small chest or box and may be stowed away in a medium-sized closet when not in use.

In selecting furniture for the parental bedroom, choice is not so limited as in the other rooms of the house because this is primarily an adult room and, while the children have free access to it, they will not be frolicking here as in their own rooms. Mahogany or walnut, which we have advised against for other rooms of the house, may be chosen for this room. Oak or chestnut is always durable and both are finding renewed favor. They will withstand much hard wear also. Maple or pine is sturdy and most appropriate for certain types of furniture. If parents prefer a semi-formal bedroom, there are three styles in favor now which may be recommended: the eighteenth century English type of furniture which is so widely popular now, expressed in a suite of Queen Anne style in walnut; the heavier, and earlier, type of English furniture, in oak, which is also popular and practical (the Tudor or Jacobean type with linenfold carving is especially simple and effective); and for those who favor American styles, but wish to retain a certain comfortable formality in the furnishing of this room, there are the simple Heppelwhite or Duncan Phyfe styles in mahogany.

FOR the more informal type of room, early American, or Colonial, furniture retains its place in the hearts of the American public. Dark maple is the smartest wood to choose for this, as well as the most practical. There is also an English pine of a rich, slightly red-gold color, which is a newer provincial style, and which may be used very effectively in a room of this type. Chestnut, less expensive than oak, and giving a similar effect, is also available in the simpler styles of furniture.

In buying furniture for the bedroom today, the purchaser will find that most suites are priced in four-piece groups, whereas a few years ago the ten-piece bedroom suite was common. This change in the method of pricing applies to the fine furniture as well as to the cheaper lines and has resulted from the merchants' discovery of an increasing tendency on the part of the public to select individual pieces for the bedroom (as well as for other rooms of the house). This is done to give more character to a room and to avoid the set look which a large group of furniture, exact in all details, will have when it is set against the walls of a room. The fashion now is to avoid duplication in pieces, but to be sure of harmony among them. This trend toward individual selection of pieces may be carried out completely, if one's knowledge of periods and woods is sufficiently trustworthy, but it is safest to work from a small matching group of essentials, as in the four-piece suite, which usually consists of dresser, dressing-table, chifferobe and bed.

Of the individual pieces which may be advantageously added to this group, to increase the room interest, the most universally popular is the boudoir chair. This small, upholstered arm chair should be truly comfortable and upholstered in a colorful fabric to make it a bright spot in the room. Or, if the room is large enough, a chaise longue, similarly upholstered, is a luxury which mother will enjoy—a place where she may rest quietly for a few moments in complete relaxation. The dressing-table with its skirt of colored silk or chintz, suitable for use in a Colonial or provincial room, is another piece which gives a distinctive note to the bedroom. Chests of drawers, for linen or clothing, are useful additions to any room.

IN assembling individually selected pieces for the bedroom, it is often difficult to find the pieces one desires in the right design or wood coloring to harmonize with the other pieces. For this reason many stores now have sections of unfinished furniture where one may find excellently styled pieces which may be reasonably finished to match the four-piece group about which one is building. Many of these unfinished pieces are authentic copies of period styles (especially is this true of early American pieces), and here one may find the skeleton of the draped dressing table, small night tables, rush seat chairs, small chests of drawers, the type of desk shown in the room-corner on the first page of this article, and even bedsteads. The room shown in the other photograph used to illustrate this article has been assembled of individual pieces with a charming result.

IN order that the home decorating expert can be of real service to readers seeking advice relative to their house furnishing problems, she must have certain definite items of information on which to base her judgment. So if you have a request to make you will be wise to see that it contains the answers to the following questions: What style is your house? Is it new and are you buying all new furniture? If not, what pieces have you that must be used? About how much do you plan to spend, or to what income group do you belong—$3,000 or $30,000 a year? How many children have you? What are their ages? Are you interested in a particular color scheme, types of furniture, fabrics or rugs?

This Way to Foot Health

(*Continued from page* 21)

be taken when the child is standing and bearing his weight on the foot measured. Heels on shoes are undesirable for children up to the eighth year. When they are added it is important that they be broad, straight and not more than half an inch high. It is also important that they be kept level. Rubber heels are desirable. It is best, if possible, to buy two pairs of shoes at the same time in order that they may be worn alternately. This is not only good for the feet but good economy as well.

Foot Exercises

Have the children join you in practicing these exercises in bare feet night and morning, working up from 20 to 30 times apiece for each exercise.

(1) Walk a straight line—feet parallel toeing straight ahead as the Indian walks.

(2) Walk on your toes, then run on your toes.

(3) Practice toe gripping—picking up a marble or a pencil with your toes.

(4) Stretch your toes as far as possible.

(5) Walk first on the heel and then on the toe.

(6) Stand with weight on outer edge of foot and grip the toes.

Parental Problems

(*Continued from page* 38)

She quite forgot to play and ate with interest, announcing finally after the last mouthful, "I beat." She had, too! Now once or twice a week Tommy comes to supper and as often Patty goes to Tommy's house next door. It saves the mothers work, combining in this way, and the interest carries over to the other meals which are taken alone.—*Mrs. E. L., New York City.*

SIX-YEAR-OLD Jeany had a way of faithfully promising to do things and never carrying out her promises. Talk as I might I could not get her to do the things she promised to do.

How the Problem Was Met: One day I had the club of which I am a member meet at my house. There were a thousand things to do. Jeany was everywhere at once especially "under foot." She asked if she might be allowed to pass the napkins and I promised her that she could, more to get rid of her questioning than anything else. Several women came to the kitchen at serving time to help. I gave one the silver, one the trays, and one the napkins. Then I remembered. I had promised Jeany she might pass them. Right then I knew what was wrong with my daughter's promises! They were just like her mother's; she never meant to keep them. I made a decision then and there that has helped both Jeany and me. I gave the woman the cream and sugar tray. Jeany passed the napkins.—*Mrs. G. J. H., Kansas.*

To *be healthy children's feet* must exercise

THEY CAN IN HOODS

Podiatrists strongly favor the scientifically made flexible shoe for children's play and recreation hours.

One well-known specialist says: "Stiff, hard shoes prevent the proper exercise of certain muscles of the foot which is necessary to its normal healthy development. Going barefoot is unsafe. But your children can have all the comfort and fun that 'going barefoot' gives by wearing soft flexible shoes."

Hoods not only measure up to all the specifications of these authorities but they have additional advantages. A special, non-absorbing "Hygeen" insole prevents perspiration from coming into contact with the rubber sole and does away with excessive and unpleasant perspiration odor.

The seams are on the outside to eliminate chafing and blistering. Narrow shanks give firm support to the arches. And several of the better grade styles have a sponge cushion heel that extends way down under the instep and prevents heel bruises.

Write for the Hood booklet on the care of your children's feet. Written by a well-known orthopedic surgeon.

HOOD RUBBER COMPANY, INC.
Watertown, Massachusetts

Look for the Hood Arrow
HOOD

The period during which children's feet are correctly or incorrectly formed is between the ages of ten and eighteen years. During this formative stage the shoes worn should be soft and roomy and yet provide ample support for ankles and arches.

Let Them Have More Fun in Hoods

HOOD MAKES CANVAS SHOES • RUBBER FOOTWEAR TIRES • RUBBER SOLES AND HEELS • RUBBER FLOOR TILING

You can work magic, too!

LISTEN to this . . . Right in your own kitchen you can make delightful, quivery, fairylike desserts . . . So easily, so quickly it seems too good to be true. The secret? Just use the new Royal *Quick Setting* Gelatin Dessert!

Since Royal introduced—ROYAL *QUICK SETTING* GELATIN DESSERT—your gelatin dishes will be ready to unmould in *half* the time you have heretofore allowed.

You'll love the delicious real fruit flavor of desserts made with Royal . . . the delicate, quivery texture and sparkling colors. They're nourishing and wholesome, too!

NET WT.
3¼ OZS.
ROYAL
Quick Setting
GELATIN
DESSERT
RASPBERRY FLAVOR

In the red box—the same color as the Royal Baking Powder can. Be sure to ask for Royal Gelatin Dessert—the *quick setting* kind. Just follow the directions on the package.

FREE: Booklet of delicious gelatin desserts—recipes for quivery, sparkling dishes the whole family will love.

ROYAL GELATIN DESSERT
Product of Standard Brands Incorporated
Dept. G-184, 695 Washington Street, N. Y. C.
Please send my free copy of your booklet of recipes for Gelatin Desserts.

Name______________________________
Address____________________________
City________________ State__________

No One Need Have Scarlet Fever

(*Continued from page* 20)

are not able to make the immune person sick, but such an infected immune person may carry the germs in his throat for a few days and pass them on to some one else who is not immune. It commonly happens that when one child in a family of several children develops scarlet fever and is quarantined in a room by himself, the mother who takes care of the sick child continues to cook the meals or eat with the rest of the family. Under these circumstances the mother either contracts the disease herself or becomes an immune carrier and may pass the germs on to the other children while she herself remains well. Such immune carriers together with the very mild, unrecognized cases of scarlet fever in persons who stay home for a day or so with sore throat and then go back to their school or business account for the development of typical attacks of scarlet fever in persons who have not been in contact with a scarlet fever patient.

WHEN the germs of scarlet fever lodge and grow in the throat they manufacture a potent poison, or toxin. This scarlet fever poison or toxin is absorbed from the throat into the blood stream and carried to all parts of the body. When it reaches the skin it causes the rash. It also causes the fever and vomiting. If the scarlet fever patient survives the first stage of the disease he does so because his body manufactures an antidote for the toxin. The antidote which neutralizes the action of the toxin is called "scarlet fever antitoxin." If the patient's body manufactures the antitoxin promptly enough and in adequate amounts he survives the early stage of the disease, though he may succumb to complications later. After recovery from an attack of scarlet fever, the body usually continues to manufacture the antitoxin indefinitely. It is this continued production of antitoxin which protects against a second attack of scarlet fever. If for any reason the body fails to keep up the production of antitoxin a second attack of scarlet fever may occur on another exposure.

Not every one is susceptible to scarlet fever. Some recall having had the disease and some are immune to it because they have had it in a mild, unrecognized form.

In order to learn which persons in any group are still susceptible to scarlet fever and which ones are immune, a test is made to determine which ones have scarlet fever antitoxin in their blood. Those who have enough scarlet fever antitoxin in their blood are immune and those who do not have scarlet fever antitoxin in their blood are susceptible to the disease. The test for antitoxin in the blood is made by injecting between the layers of the skin a carefully prepared and accurately standardized preparation of scarlet fever toxin. The amount of toxin used for this test is very minute. It is so dilute that it represents about 1/1,500 of a drop. If there is sufficient antitoxin in the blood, this minute amount of scarlet fever toxin is neutralized and causes no reaction. If there is not enough scarlet fever antitoxin in the blood, a small pink spot appears at the site of the injection. If there is some antitoxin in the blood, but not enough to protect against an attack of scarlet fever, the pink spot is smaller and fainter in color. If there is no scarlet fever antitoxin in the blood, the pink spot is larger and brighter. Thus this test not only tells whether or not one is susceptible to scarlet fever, but shows the exact degree of susceptibility. The test for susceptibility to scarlet fever must be observed between 20 and 24 hours after it is made. It causes no soreness. It is only a pink spot which disappears in one or two days. Because it is so mild in its appearance and often faint in color, one must not overlook its significance. The slightest reddening, no matter how faint the color, still present 20 to 24 hours after the test is made, indicates some degree of susceptibility to scarlet fever.

PERSONS who show entirely negative tests may come in contact with scarlet fever patients without fear of contracting the disease. But persons who show positive tests, indicating susceptibility to scarlet fever, should be immunized against the disease before they risk exposure to it.

Natural immunity to scarlet fever depends on the acquired ability of the body to produce scarlet fever antitoxin. In the ordinary course of events the body does not acquire this ability until an attack of scarlet fever occurs; always too late to prevent the disease; often too late to prevent complications; and sometimes too late to prevent death. It is apparent that if some way could be found of teaching the body to produce scarlet fever antitoxin before an attack of the disease occurred, scarlet fever would be prevented. This is one of the steps which has been accomplished in the control of the disease. It has been learned that by injecting carefully standardized and graduated doses of scarlet fever toxin under the skin, beginning with a small dose and gradually increasing the amount of toxin injected, the body reacts by the production of scarlet fever antitoxin and the artificial immunity acquired in this way, without inconvenience or risk, is just as effective in protecting against subsequent attacks of scarlet fever as is the natural immunity acquired through having an attack of the disease with its attendant dangers.

There is no danger of the toxin employed in the skin test and immunization causing an attack of scarlet fever or any of its complications because it is entirely free from germs, and is given in graduated and carefully standardized doses.

It has been pointed out that scarlet fever can be prevented. If this has not been done and an attack of scarlet fever occurs, the next best procedure is to supply the patient with artificially prepared scarlet fever antitoxin. Antitoxin for this purpose is obtained by immunizing horses with gradually increasing doses of the toxin in a way similar to that in which susceptible persons are immunized. After the horses are producing a good antitoxin, they are bled and the fluid portion of the blood which contains the antitoxin is subjected to a complicated chemical process to purify and concentrate it. The resulting scarlet fever antitoxin is injected in persons suffering from scarlet fever in order to supply them with the means of neutralizing the large amounts of toxin produced by the scarlet fever germs growing in their bodies.

If the antitoxin is administered in adequate amount as soon as the first appearance of a rash suggests the diagnosis it gives brilliant results. The course of the disease is cut short and the chances of complications are greatly reduced. With every hour of delay in administering the antitoxin the benefit derived from it is diminished and if its administration is delayed too long the tissues of the body may be damaged beyond repair. No amount of antitoxin can then prevent death. The influence of the antitoxin in reducing the chances of complications is also markedly lessened by delay in administering it.

TO illustrate the various applications of the new knowledge concerning scarlet fever, let us follow the up-to-date procedure as carried out in a family of five in which one child has developed scarlet fever:

First; antitoxin is given to the child who has scarlet fever and arrangements are made to remove the child to a hospital.

Second; skin tests are made on the other members of the family.

Third; at the same time the skin tests are made, cultures are taken from the nose and throat of each parent and child. These cultures are for the purpose of learning which members of the family, if any, are already infected with the scarlet fever germs.

The following day, the skin tests are observed.

Let us assume results as follows:

Mother: skin test negative, indicating that she is immune to scarlet fever and will not contract the disease.

Culture positive, i.e. shows the presence of scarlet fever germs.

Since the mother is immune, she needs no preventive treatment, but because she is infected with the scarlet fever germs, she might give the disease to others. She should therefore isolate herself from the rest of the family until she is free from the germs.

Father: skin test negative.

Culture negative.

The father is immune and he is not infected with the germs of scarlet fever. He will not develop the disease himself nor will he give it to others. There is no reason why he should not go about his business.

First well child: skin test positive. Culture negative. (*Turn to next page*)

For Mother's Convenience!

THE new Heywood-Wakefield baby carriages have many conveniences which mothers will appreciate. On six of the de luxe styles there is an attractive Baby Vision Mirror fitted into the front of the carriage. This new, serviceable feature enables the mother to see her baby while she is wheeling the carriage (as shown in the illustration above). There is no need to stop, put on the brake, and then walk around in front of the carriage to see if the little one is comfortable. . . Another useful feature to be found on many Heywood-Wakefield carriages is a roomy storage pocket inside the carriage to hold the baby's bottle, small packages, etc. . . . Ask your dealer to show you these beautiful baby carriages (with the red hub caps), which have been designed for mother's convenience as well as baby's comfort.

Send 6 cents to Heywood-Wakefield Company, 209 Washington Street, Boston, Mass., for a copy of our new edition of "In the Life of a Baby," a helpful book for new and prospective mothers.

IN THE LIFE OF A BABY

Heywood-Wakefield
makers of
Baby Carriages
and Juvenile Furniture

SPRING DAYS *are* SHREDDED WHEAT DAYS

For the thousands of children whose mothers have learned the energizing power of this light, nourishing and so easily digested food. For it is Shredded Wheat that takes young people out of the dullness of shut-in days into the joyous activities of spring and summer. Shredded Wheat, an all year 'round food, delicious for any meal. Fussy appetites respond quickly to Shredded Wheat with milk and fresh fruit.

With All the Bran of the Whole Wheat

SHREDDED WHEAT

Ask any teacher about pre-school materials and she will instantly say "Bradley's"—for Bradley products are supreme in the field of childhood education.

BRADLEY'S PRE-SCHOOL PLAYTHINGS

ASK ANY TEACHER

Modern in conception, colorful and beautiful, Bradley's Pre-School Playthings present the highest degree of perfection in entertaining and instructive amusements for children of nursery age.

Here the mother will find officially approved assortments of:

MANIPULATIVE MATERIALS: Building Blocks of strong cardboard, light, durable, and covered with waterproof paper in brilliant colors; Large Nested Wooden Blocks, Colored Counting Blocks, etc.

CONSTRUCTIVE MATERIALS: Peg Boards, Bead Boards, Stencils, Sewing Cards, Puzzles, Dissected Clock Dials, etc.

ART AND COLOR MATERIALS: Crayon Sets, Large Size Crayons, Design Blocks, etc.

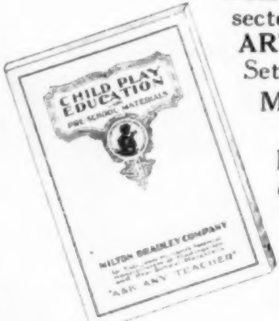
Mothers, write for free booklet

CHILD PLAY EDUCATION

It explains the theory, purpose and method of pre-school education, and shows how you may apply modern child teaching in your own home.

MILTON BRADLEY COMPANY

78 Park Street Springfield, Mass.



No One Need Have Scarlet Fever

(*Continued from page* 55)

This child is susceptible to scarlet fever, but he is not infected with the germs of the disease. He should be kept away from all contact with scarlet fever patients and from contact with anyone who is infected with the scarlet fever germs while he is being immunized by a physician with five graduated doses of scarlet fever toxin given at intervals of one week.

Second well child: skin test positive. Culture positive.

This child is susceptible to scarlet fever and already infected with the germ of the disease. He is in danger of coming down with scarlet fever. There is not time to immunize him with the five graduated doses of toxin, but he may be given a dose of the antitoxin to furnish immediate protection. However, it must be kept in mind that, unless his body is educated to produce its own antitoxin, the protection will not be permanent. It will last from one to two weeks. At the end of this time, he will again be susceptible. To give him more permanent protection, immunization with the five graduated doses of toxin should be started one week after the antitoxin was given.

The usual period of quarantine for scarlet fever is four weeks. About half of the scarlet fever patients still have the germs of the disease in their throats at the end of this time; so that they are still able to give the disease to others. Unless the susceptible members of the family have been immunized before the scarlet fever patient is sent home from the hospital, they may contract the disease from him.

It is safer and easier as well as less expensive to have the susceptible members of the family immunized with five graduated doses of toxin before a case of scarlet fever occurs in the family.

How Much Are You Worth?

A CHEMIST recently made an analysis of the actual physical structure of an adult's body and found that the commercial value of the ingredients which make up our delicate mechanisms of thinking, hearing, seeing and talking, our intricate systems of circulation, digestion and reproduction, our strong bones and muscles is just 98 cents! After determining the quantities of each substance present he described them in terms of products in household use, estimating that the 98 cents worth of body substance would comprise:

Iron enough for a medium sized nail;
Sugar enough to fill a shaker;
Lime enough to whitewash a chicken coop;
Phosphorous enough to make 2,200 *match tips;*
Magnesium enough for a dose of magnesia;
Potassium enough to explode a toy cannon;
Sulphur enough to rid a dog of fleas;
Fat enough for seven bars of soap.

If You Take the Children Abroad

(*Continued from page* 24)

reasonable price and excellent facilities for boating, bathing and driving along smooth, picturesque roads. Or if you prefer, Lake Geneva in the Alps with the interesting city of Geneva at one end, beautiful Montreux at the other, and many small towns easily reached by convenient lake boats on either the French or Swiss side, is another delightful place to plan to stay a while.

While your itinerary is still only roughly mapped out, the first definite step in your travel plans and one that should be made as many months in advance of your departure as possible, is the choice of your ship. Since children often consider the voyage the "most fun" of the entire trip abroad, the cabin ships which take about eight days for the crossing are preferable to the large, speedy liners. Second-class travel on a large liner is not advisable with children because of the vibration, the limited deck space and the preference given to the needs of the first-class passengers. A cabin ship which has been used in the winter for long cruises is an ideal boat for the summer crossing with children. It is likely to be very steady and have ample facilities for games and deck sports. An outside stateroom on a cabin ship for two adults and two children under ten should cost for a passage during the season approximately five hundred dollars. (This includes U. S. and port taxes but not tips.)

Children have none of the psychological dread of seasickness with which adults often embark on an ocean voyage. But if the crossing is rough they may temporarily succumb to *mal de mer*. The best food after such an attack is, according to an experienced ship doctor, the kind that "sticks down, whether or no." Toasted crackers with slices of peeled oranges (not orange juice, because it is too liquid) is his recommendation. After this first light meal the child should be taken out on deck, if possible, to eat his lunch—a small chop and baked potato, but nothing as liquid as milk or broth. People traveling with children will find it a pleasant rest to arrange to take their shipboard meals at the first sitting rather than at the later, more formal second sitting.

CHILDREN, to their parents' surprise, usually stand the strain of travel very well. They are not, like adults, annoyed if a train compartment is dirty or if a hotel mattress is not perfection. Nevertheless, since travel means taking the child out of his routine, away from his regular environment, it is well before you get too involved in your European plans to have your children gone over by your family physician. In addition to the general physical examination, children, as well as adults who are going abroad, should be inoculated against typhoid. (The water supply in most European cities has been immeasurably improved since the war, but the milk supply is not above reproach.) The typhoid inoculations are given in three injections, one week apart. If given by a reputable physician there is, except in cases of extreme susceptibility, little discomfort from them. It is comforting to realize that if one is ill while abroad one can buy all the standard American medicines at the chemist shops in the cities. However, since these are sometimes one hundred per cent higher than at home, put into your medicine kit before starting the medical supplies you may need for minor ailments.

Next to the problem of general physical welfare the question that most concerns the prospective family traveler is the matter of children's food on shipboard and in the hotels abroad. If you are traveling with an infant or small children in whose diet milk is an important item, make sure in advance what kind of milk your ship provides. If you are doubtful of it, have the "baby-milk" company in the port from which you sail send bottled milk or specially prepared formulas on board for you, a service which they are equipped to render. Since milk abroad is seldom either iced or pasteurized, avoid raw milk as much as possible. There are now on the market powdered milks which are satisfactory for infants for the months of travel. Great care should be taken, however, to see that it is powdered *whole* milk and not skimmed milk. Or use unsweetened evaporated milk later for the baby and the older children, being careful to see that there is also plenty of orange juice and cod liver oil in the diet. As to other food, there is such a variety of fresh vegetables, stewed fruits, meats (except steaks), and excellent cheese in the table d'hôte meals usually served abroad that your boys and girls will not lack for nourishing fare. If you are fearful of the "natural" drinking water served you, the bottled, non-gaseous table water of the Continent is satisfactory for children.

THE itinerary planned, the ship chosen, health and food worries allayed, the mother of the innocent voyagers will next wish to know what to take along—what clothes, what toys and books, what baggage. As to the wardrobe, except for the heavy coats which are needed at any season of the year on shipboard, the garments for a summer in Europe should be about the same as those for a summer in America in the vicinity of New York or Boston. It is obvious that clothes must be simple, both because packing space is precious and laundry, even in modest hotels, is high. Cotton crêpe undies, bloomer dresses for the girls, knitted, one-piece undergarments and sports suits of wash material for the boys will prove a boon. For practical wash clothes you will search in vain abroad for garments equal to our ready-to-wear American product in make, material or low cost.

Since toys are expensive in most of the countries of Europe, it is a good plan when traveling with small children to take along an inexpensive supply to

(*Turn to next page*)

$1.00
Introduces you to
STARTEX
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Linen in Warp and Weft

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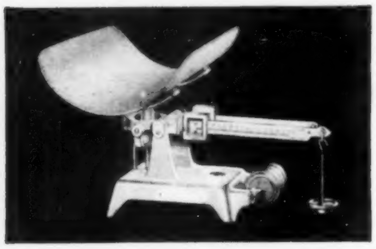

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If You Take the Children Abroad

(*Continued from page* 57)

be given as "surprises" in the precious rest periods abroad. Older boys and girls, cut off from their home cronies, will frequently have more time for reading than they did in America. You need not load your baggage with books—the paper edition of English books sold everywhere on the Continent, even at the railway stations, contains a number of titles suitable for older children

Although adults traveling alone can usually manage for many months abroad with capacious suitcases as their sole baggage, the family with children will need at least one trunk. Your trunk need not accompany your party everywhere; when it is not wanted for a period it can be turned over to the very reliable baggage service of the larger travel agencies in any city abroad, shipped to the point you designate and stored at a small cost pending your arrival.

Since a European time-table is an enigma that no American, even one of long residence abroad, can solve, buy your train tickets through a travel agency and get from the agency all information as to train connections and rates for the children. (In some countries children can travel on half fare only up to five or six, in others up to eleven or twelve.) Second-class travel in most of the countries of Europe is as comfortable as first-class travel and considerably less expensive. Before the Continental school holidays, which do not begin until the middle of July, trains are usually not crowded. From that time until early September, whether you are traveling first or second-class, compartments will be filled with Europeans and your fellow American tourists. Meals are usually table d'hôte and are served in two systematic sittings which take care of all diners.

FOR people with children who wish to curtail train travel the automobile tour is a pleasant possibility. These tours, which usually take from three to five days, may be arranged through the travel agencies abroad. They are a delightful way in which to see the English countryside, the château country of France, the German Schwarzwald and certain parts of Italy. Whether you are traveling by train, boat or automobile, since it is not advisable to arrive with children in a strange town and risk finding no accommodations, it is wise to let the travel agency make reservations in advance for the first night of your stay. After that you may prefer to go poking about the city or town and make inquiries in regard to room and board. Use your mother tongue, since either the hotel manager or the concierge will have an innkeeper's knowledge of English.

Prices for room and board vary from country to country, but in most of the cities and in the tourist centers where there is much competition among hotels you should be able in the smaller hotels to arrange for all accommodations, including food for a party of two adults and two children for about two dollars per day per person. For rooms with baths (private bathrooms are not so exceptional as they used to be) the rate is somewhat higher. In London, where hotel accommodations are something of a problem, you are likely to make the best arrangements for your family in the "private" (residential) hotels around Lancaster Gate. In the German cities avoid the commercial hotels, as these are frequently as expensive as first-class hotels in New York. In Paris you can find comfortable quarters and excellent food at a very reasonable price in the small hotels on the side streets that run into the avenue of the Champs Elysées. If you have an "extra" in Paris, a governess whom you can hire for full time at about five or six dollars a week, you will be free to shop and to visit the museums while your small children are rolling hoops, digging in the sand piles or riding in the goat carts of the numerous parks and open spaces within walking distance of your hotel.

A WORD as to museum trips for children. Unless the boy or girl has had considerable art training—not only had it, but loved it—it is unwise to force too many trips to the picture or sculpture gallery upon him.

Children usually prefer museums of history such as the Carnavalet or the Hôtel des Invalides in Paris, a place like the Tower of London in London or medieval castles with moats and dungeons, to art museums. In addition to the usual sight-seeing trips which you can plan from your guide book or the leaflets you find at the travel bureau, here is a very general list of interesting things for the children to do in the cities and towns abroad:

PARIS—(1) Trips on the city boats, up and down the Seine. Board the boats at any of the docks under the bridges that span the river. The trip through the city and open country as far as Suresnes takes about an hour and costs about three francs (twelve cents). (2) The guignol or puppet shows held at frequent intervals in the public parks. The dialogue is in French, but even children who do not understand the language can enjoy the comedy. (3) The bird-and-pet market held every Sunday morning near Notre Dame.

LONDON—(1) Boating on the Thames around Hampton Court. The canoe trip past the house boats is an experience which children enjoy. (2) The Museum of Natural Science in South Kensington. (3) The Children's Theatre. A professional company, similar to the Clare Tree Major company in New York, gives delightful plays for children during the season which runs until August. (4) Mme. Tussaud's Wax Works will also delight children.

THE CITIES OF GERMANY—(1) Band concerts in the parks. (2) The zoos. (3) The puppet operas. These are worth while for adults as well as for children. Puppets do the acting and well-trained soloists sing the one-act operas of Mozart and other classic composers or condensed versions of the longer operas. (4) The clocks with performing figures. Children are fascinated by these clocks on many of the public buildings throughout Germany.

SWITZERLAND AND THE TYROL—(1) Trips up the mountains on funiculaires and aerial railways. (2) Outdoor performances of "William Tell" and other historic plays in Switzerland. (3) Yodlers' concerts and performances of folk dancing, given frequently at the hotels and inns in the Austrian Tyrol.

ITALY—(1) The colorful processions on saints' days and other Italian holidays. The processions usually occur at night and are concluded by fireworks. (2) Venice—this city with its canals and gondolas, its beautiful bells, its pigeons, its band concerts, is exceptionally interesting to children. The Lido beach can be reached in about a half hour from the Grand Canal and a bath house for half a day in its most exclusive section costs less than a bathhouse for an hour at Coney Island.

IN ANY COUNTRY—(1) Attend the native fairs or carnivals, the special services in the churches or cathedrals wherever you see notices of them. The confirmation of children in the cathedral at Chartres at Whitsuntide is, for instance, a gorgeous spectacle and, incidentally, an opportunity for your children to see a famous building of the Middle Ages. (2) Let the children purchase cards and souvenirs characteristic of places. With these concrete aids children are often encouraged to give little talks about their trip at school or camp after they come home. (3) If possible, secure native costumes for theatricals or fancy dress occasions at home. Tyrolean costumes can be purchased in the regulation clothing stores in Austria. Italian, Hungarian or Dutch peasant costumes can be found at special stores in these countries.

A final word as to what you may expect your children to gain mentally from a summer abroad. Do not expect that they will acquire more than a smattering of a foreign language. Do not count on more than a disconnected acquisition of history, even on the part of children of junior high-school age. Do not be surprised if your child's interest in folk ways is limited entirely to "folk" of his own age. Your son will probably be more interested in the short, tight trousers that Paris school boys wear than in the exquisite lace three generations of women—grandmother, mother and daughter—are making in an Italian village. Yet out of the odd assortment of experiences something positive emerges. Children who have been abroad see how important a tool is the possession of a foreign language, and their subsequent struggle with syntax and grammar is made easier because of that knowledge. In the same way their future lessons in geography and history are grounded in something concrete and vivid. From a wisely guided trip abroad they gain an embryonic notion of other folk, other ways that may develop into a true understanding of peoples.

Don't let them worry

-over their school work

WE are coming right to the school season now when children do worry most. Some of them are worrying about catching up in this or that subject, others about getting farther ahead.

And those worries are real. Don't make any mistake about that. And they are terrible, because children do not have the understanding to fall back upon. They don't tell you and they pretend not to mind, but such things leave their marks.

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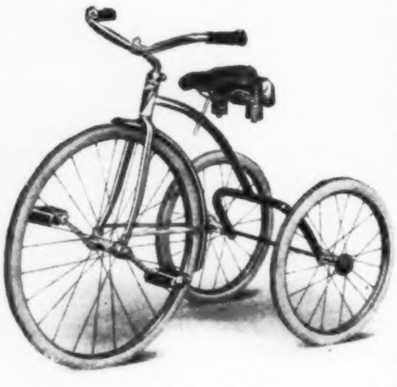

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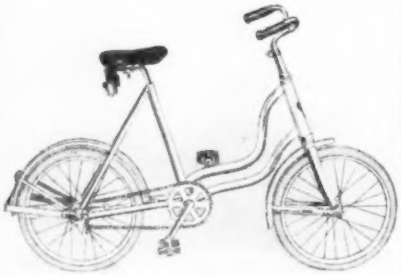

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Pointers for Parents

Practical Suggestions Submitted by Readers

I HAVE FOUND MEALS IN BED TO BE SOMEWHAT DISASTROUS to bed covers, when there is a small patient whose spoon is apt to leave a trail on the way to his mouth. So I hit on the idea of spreading a thick, large turkish towel high over the covers and under the tray or dish. This is so absorbent that it catches any stray drops that trickle down, and keeps them from seeping through to the other covers. And when the towel is soiled it is far less trouble to supply a fresh one than it is to change sheets, bed spread, and even blankets and quilts, as has frequently happened.—*Mrs. B. L. F., Philadelphia, Pennsylvania.*

Mending Books

Keep several colors of passe-partout binding on hand or just the tan strips of gummed paper used in wrapping packages. When the children's books, especially the little inexpensive copies of "The Three Bears" and "Mother Goose Rhymes" become torn or come apart, or when the hollow picture blocks give way at the corners, it takes but a few minutes to mend them and the children frequently think them prettier than before. When the leaves of books are torn, use thin waxed paper which is transparent and paste a piece of it larger than the tear on each side of the leaf.—*Mrs. R. E. D., Abilene, Texas.*

A Novel Washcloth

To use up the small pieces of soap that accumulate in the bathroom, put them all in a soft piece of cloth and tie like a bag. This makes a fine washcloth, especially for the children, and utilizes the soap.—*Mrs. M. W. M., Woodbridge, N. J.*

New Use for Old Cribs

If you have a cot or crib that the children have outgrown, here is a new use for it; convert it into a comfortable settee for them. It is easily done. Take away one side and shorten the legs so that it will be of convenient height for the children to sit on. With cretonne, or similar material, cover the mattress and make a valance to hang to the floor at front and sides. Cover one or two little cushion forms with the same material and you have a cosy little seat the younger children will enjoy using.—*J. L., Victoria, B. C.*

On Display

When any one of the children brings home a piece of school work which is especially well done, I let him put it under the glass cover of my dressing table. No matter what kind of work it may be, I let him know that it is *decorative* to me, and beautiful, because real labor and effort have been put into it. So an arithmetic paper is just as likely to have the place of honor as a drawing. A spelling slip is at present proudly framed beneath the glass of the tray we use for serving the children's meals.

This gave me the idea of letting the youngsters passe-partout their work and hang it in their rooms. A small glass, a heavy pasteboard from a school pad for the back, and a roll of colored passe-partout paper (a different color for each child) makes an outfit that keeps them happily employed. When a child tires of one "picture," he can take it apart and make another with a new piece of school work which shows improvement. The passe-partout outfits make acceptable and inexpensive gifts to the children on their birthdays.—*Mrs. A. C., Hollywood, Calif.*

Make It Definite

My little four-year-old is proud of her ability to dress herself, but is prone to play and waste time during the process. I find it better for my nerves and the child's too if, instead of continually saying, "Hurry, dress yourself," I say, "Put on your shirt now," or stockings, etc. The same principle holds at table. It is far better to say, "Eat your beans" or "Finish your salad" than to say, "Hurry and eat your dinner." A child's mind wanders easily and should be brought back to a definite task rather than jarred with the regrettable American slogan, "Hurry."—*Mrs. C. O. C., State College, Pa.*

A Habit Chart

In order to help my daughter of seven to form some useful habits without too much outside urging she was given a chart (she helped with its construction) on which numbers and suggestive sketches of her tasks were made in vigorous black crayon. One sketch shows her bed airing and a glass of orange juice beside it. Another shows tooth and hair brushes and a hand with very conspicuous finger nails. A jolly clock face showing the time to start to school is No. 7 and the last. This chart is hung in my little daughter's bedroom and is a source of delight to her and real satisfaction to Mother.—*Mrs. R. S. R., Sandwich, Ont.*

A World Viewpoint

If you want your children to have the "world viewpoint" try the experiment of decorating the walls of the playroom or even the dining room with maps—a good map of the whole world, and extra ones of any parts of the world you are particularly interested in, such as the United States, the state in which you reside, and any foreign country where you have friends whom the children know.

Make a game of seeing how many countries are represented by the food served and the equipment used at your table, and let your children see how interdependent the different parts of the world are. If the search for the source of nutmeg, pepper, linen, silk, china and so forth leads you to a reference book, so much the better! This game will not only cultivate the children's "world viewpoint" but will increase their pleasure in the trip abroad when the time comes to take it.—*Mrs. E. E. E., Portuguese West Africa.*

If you have practical suggestions that would be helpful to others, tell them to us briefly. For every suggestion accepted one dollar will be paid on publication. Unaccepted contributions to this department will not be returned. Address Managing Editor, THE PARENTS' MAGAZINE, 255 Fourth Avenue, *New York, N. Y.*

One Morning in May

By HAZEL HARPER HARRIS

It was one of those sunny days in May
When the balmy air has a coaxing way
And whispers of blossomy things that are sweet
And I walked with the morning along our street
Where fleur-de-lis fluttering catches the eye
Of every one who goes passing by
With its azure blooms revealing that spring
Had patterned its flag from a bluebird's wing.
I slowed my steps as I passed a home
Where bridal wreath broke in a feathery foam
For a flushed little boy was holding up
A bedraggled, disreputable-looking pup
To his mother who stood in the open door
With a smile for this laddie of three or four.
"Jes' look what I found to keep," said he,
"It came out of the alley and followed me——"
Then breathless he waited for her reply
While the May paused tiptoe and so did I.
She looked from her spotless porch to his eyes
Where faith in a mother eternally lies,
And thoughts of footprints faded away
For his face held the hope of the tiptoeing May.
"Why, this is a beautiful dog," she said,
"We will give him a bone and a pleasant bed,
And a good, soapy bath to tidy him up,
You couldn't have picked out a nicer pup!"
"Muvver," he said and his voice was gay,
I'm jes' so glad you will let him stay."
Then I knew with the fleur-de-lis unfurled
That everything still was all right with the world!

Smart sleeveless suits for little boys

Just the thing for the manly little youngsters! Kaynee Sleeveless Suits were made to give the utmost freedom of action and comfort without binding. Latest fabrics combined with the finest needlework mean a suit that is not only good taste in style, but one that wears and wears and wears.

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To aid you in dressing your boy we have prepared an interesting illustrated 28-page booklet "Boy Types and How to Dress Them." It will be sent upon request. Write for your copy today.

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Announcing the Program on Child Training for 1930-31

To groups who have been following the Program on Child Training in THE PARENTS' MAGAZINE, and to others who are interested in this constructive course of study, we will send copies of the new Program on Child Training, which forecasts the subjects for discussion for the next club year, beginning September, 1930, through August, 1931.

The Programs are attractively printed, and provide space on the back page where leaders may imprint the names of local officers and the time and place of the meetings.

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HOME MOVIES

By LOUIS M. BAILEY
Amateur Cinema League, Inc.

Animated Doll Pictures

"THE king of indoor sports," is the way the making of minature animated doll movies is described by Carl L. Oswald, an expert in this delightful phase of home movies. And should you, too, experiment with such a film, you will find a complete cast and probably all necessary "properties" and sets in the children's collection of playthings.

For photographic equipment you will need only a cine camera which will focus at relatively short distances; about five 100-watt lamps; a steady tripod; a "depth table" and an exposure meter.

To take a practical example from Mr. Oswald's experience. If you wish to include a space three feet wide by one and a half feet deep in your picture and are using a 16mm. camera with a lens of one-inch focus, you will find that your camera must be placed about six feet away. To focus properly you should place your toy actors at a point one-third the distance from the front of the set to its back and focus on this point. Test the proper exposure with an exposure meter and set your diaphragm. Then consult a "depth table," which can be secured from almost any camera dealer, and you will find just how far you can move your figures toward or away from the camera and still have them in satisfactory focus at the diaphragm opening you are using.

Since lights can be used very close to the little subjects in table-top work, you can get a maximum lighting value from each light used. Also, the use of five 100-watt lamps will give better results than using one 500-watt lamp, as a much better play of light and shade can be arranged. This amount of light will prove sufficient, providing no stop smaller than f:3.5 is used. Contrasty lighting effects will be obtained by using the lights without any covering. Soft lightings can be secured by hanging some translucent material, such as silk, before the lights.

With the stage all set for the scene desired and equipment in its proper place, then comes the question of the toy actors. Jointed dolls or animals are best. They are put in the desired place, the lighting arranged, the exposure determined and set and then a short shot made. To get but three or four frames of each position of the toy, the starting button should be depressed and released again as quickly as possible. Having made this exposure, the position of the doll or toy should be changed slightly in the direction you wish the action to take. Continue this process until the scene has been carried out as you wish.

Further information will gladly be furnished readers of the PARENTS' MAGAZINE *by this department.*

Guiding the Adolescent in a Changing World

(*Continued from page* 17)

upon the party could only discredit the mother's standing in her son's eyes. Such a mother must appear to the young people at least prejudiced—and at worst, evil-minded.

The adolescent period has always been one of difficult tension between parents and children; it is probably today in as bad a state as ever. Part of the tension, of course, comes from the fact that people grow older and forget; but part of it comes also from the fact that there is something always present which the older people do not take into account because it is too new. We forget our own chafing, our restlessness, our wild dreams, our revolts and resentments. We forget even that it is somehow significant and important that youth is rebellious and impatient: where would we be if all young people of previous generations—including our own—had accepted the world and society as they found it?

On the other hand, we take too much for granted the thousand changes in our material and spiritual surroundings, and disregard the profound effects that new modes of living have imposed upon young people, making them in many ways hold views and values at variance from our own. We are living in a new world, but we insist upon applying old rules and standards, which may, to be sure, be just as good as ever—but which may, for all we know, fit the conditions poorly or not at all.

THE relationship towards which we are aiming ought to make it possible for parents increasingly to give growing boys and girls a chance to explain their positions objectively, with more light and less heat than is usually found in these discussions. Out of the contact, whether a common decision is reached or not, there ought to arise a feeling that the parents are honestly and sincerely striving towards an understanding of the present-day situation and offering whatever guidance and clarification and help is possible.

A young high-school girl is supposed to be doing some school work at home. She is called to the telephone five times. There was a time when a school girl or boy, indoors for the evening, was fairly safe from the intrusions of the outside world. That was when people lived in single dwellings and had no telephones. Today we cannot close doors and windows tight enough to exclude the telephone and the radio; and these somehow break in upon the adolescent trying to do homework. This is a new problem for which our old patterns of right and wrong made no provision. The ethics of telephoning cannot be exactly the same as the ethics of calling in person to ask how you solved that fourth problem, or to straighten out the details for next Saturday's excursion, even if we do feel very strongly that a student at work should not be interrupted by such trivialities.

And yet it is from his parents, with all of their shortcomings in the way of forgetting the feel of youth and in the way of over-remembering outworn formulas, that the adolescent must get his major help for meeting the perplexities of the world. In this changing world, guidance is needed as much as ever. We cannot evade the responsibility by trusting to luck and the instincts of youth, even if we have the greatest confidence in the soundness of those instincts; and we cannot exercise our responsibility by merely insisting upon what we were once taught, even if we have the utmost confidence in the wisdom and righteousness of our own parents. The parent is quite as perplexed as the young person. Is there anything we can do?

FIRST, we have to make our very own the feeling of relatedness that has done so much to clarify modern science and philosophy. In every situation that comes up we have to ask ourselves not what was right when we were young, but what is better here and now, what is significant about the latch-key, or about the lipstick. We try to teach young children that there is a time and place for all things; but we forget that there may be occasions also for things and doings not recognized a generation ago. It is undoubtedly desirable for John to be at home by ten o'clock; but there may also be occasions for staying up later. Perhaps all nights are not the same. If father was too young for a latch-key at eighteen, John may nevertheless be old enough at sixteen, or even fourteen. The lipstick is not a simple question of right or wrong, but a whole flock of questions: How old is Ann? What is her place in her group? How much is enough? What are the other girls doing? Is it not just a matter of fashion and costuming and taste rather than a moral issue?

Driving at night in a car is again no simple question. There is no doubt a place for the chaperon, but she is not a universal need. It is not only a question of the particular boy and the particular girl, but also a question of the setting. Who are the other boys and girls at the party? What are the prevailing assumptions and expectations? Who sets the tone?

With the new complexities, we have the difficult task of holding to the best we know while consciously groping for new standards. We have to be sure of ourselves and at the same time be tolerant of the many diverging others. Can we be sure without being self-righteous or bigoted? Can we teach our young people that folks whose ways of living are quite different from ours may nevertheless be quite as "nice" as ourselves, quite as worthy of regard in the community? Yes, if we genuinely feel that way ourselves. We can show our young people that while many of the old customs no longer apply to our present conditions, there is usually a

(*Turn to next page*)

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Let your children enjoy the freedom and comfort of these French panty styles in Nazareth underwear—they do not show below outer garments.

Retailers are showing these modern Nazareth styles in a variety of fabrics and styles, at popular prices. Always look for the Nazareth label on each garment.

If your retailer cannot supply you, write us, mention his name and we will see that you are supplied.

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Girls' bleached, ribbed, fine combed yarn step-in waist suit, band top, trunk leg, sizes 2/3 to 12/13. Also **LU** button front style ribbed; combed yarn; tapes over shoulders. These two styles retail at 75 cents each.

Style 271

Boys' taped waist suit (illustrated on right), nainsook 72 x 80 double seat, pearl buttons, trunk leg, sizes 2/3 to 12/13. Retails at 50 cents.

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Guiding the Adolescent in a Changing World

(*Continued from page 63*)

real need back of every enduring custom. That a certain custom, that many customs, today appear ridiculous must not discredit conventions altogether. We must try to find what is significant both in the old conventions and in the present desire to depart from them. The young people want us to be "open-minded." Very well, let's. But if we are to be open-minded in challenging conventions that interfere with our impulses and preferences, we must be equally open-minded in challenging our impulses that conflict with conventions. At a divide in the road, we have to consider both possibilities without prejudice—and if we do, we can get the young people to do so also.

We have to apply the same open-minded criticism to the "new" that we are called upon to apply to the old. This applies not merely to forms or to modes of conduct that appear rather arbitrary, but also to the aspects of life that we consider fundamental and that involve our deepest feelings—such as marriage and divorce, dancing and card playing, drinking and Sunday golf. In no community is there such unanimity of belief and such uniformity of practice that the parent can say of the exceptional person who represents a "modern" pattern of conduct, "She is not nice," or "He is wrong."

INCREASINGLY today, the recreations of the young people are outside the home; but that is no reason for removing all guidance and control. A party of young people, of sixteen to seventeen years of age, are going to a theatrical performance, with the full consent of their parents; but then some adventurous spirit suggests a midnight revue afterwards. It appears merely as a case of more of the same. This parent is called upon to point out that whereas attendance upon the earlier performance might be within the range of suitability, sixteen and seventeen-year-old boys and girls are distinctly out of place at the midnight revue, which is keyed to an entirely different kind of audience. Young people are discriminating enough to see these distinctions if they are pointed out to them.

A mother who tried to be liberal and sympathetic with the young people's point of view found that she was deeply troubled by their patronage of the movies on Sundays. She wanted to be reasonable, but it did disturb her when her daughter went to the movies on Sunday. Should she forbid? Should she penalize, or threaten penalties? Should she make an issue of it? If we wish to hold the young people, we must learn to compromise, and we have to decide where compromise is possible and where issues must be fought out. That means we must constantly revaluate the items on our own scale. If we make an issue of a lipstick or a latch-key, what are we going to do when it comes to Sunday movies? If we make an issue of Sunday movies, what are we going to do when it comes to the choice of a mate? By that time, perhaps, it is too late to make issues.

Many parents discover rather suddenly, during the adolescent period of their children, that guidance is necessary. This should of course have been a continuous process from the beginning. From his earliest infancy the child must have found his parents helpful guides, he must have learned that they are really considering his interests, that they are not demanding of him the arbitrary or the unreasonable, that they are not confusing issues. All through the years of dependence the child must be allowed to grow in responsibility and power and in self-reliance, so that with the approach of adulthood he comes to get such further help as parents can give on the level of "man to man."

WE cannot detach ourselves entirely from our past. Each one of us carries over from infancy—and perhaps from the infancies of our ancestors—strong feelings of favor or hostility to a great variety of objects, processes, relationships, out of proportion very often to real significance. Neither can we detach ourselves entirely from our neighbors and the prevailing opinions. We cling to old ceremonials and conventions when they cease to have meaning; but we also take on from our surroundings new forms, new devices, that have no meaning whatever except that "everybody" expects certain things from us. We cannot be too righteous and live our lives in defiance of "everybody"; and yet we cannot be too tolerant of everything and everybody, for that would mean having no standards at all. For these reasons we cannot hold our young people to the righteousness of a bygone day, however valid it may have been, however sincerely it was imposed upon us in our youth; but neither can we admit that the old is no longer significant merely because of its age: some of the moral truths the race has discovered may live vigorously for centuries. Our guidance must consist of more than prohibitions: it must include a continuous practice of inquiry, a continuous searching of the better way, with due regard to the past, with due regard to the fallibility of our contemporaries, with readiness to acknowledge our own errors. There must be positive principles to help us in our quest, for they are necessary if the children are to have confidence in our guidance.

Finally, we have to realize that as parents we are not working alone: we are influenced by, as we are influencing, not only other parents, but various social agencies and forces. The undertaking involves co-operation in all directions, and an increasing sense of mutual dependence.

Parent-Teacher Associations, mothers' clubs and child study groups are invited to use this article and the outline for study on page 80 at their next meeting.

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IN Sunday school class the primary youngsters were asked by the teacher, "Who can tell me what elephants have that no other animals have?"

Little Mary, aged six, said, "Baby elephants."—*Mrs. H. F. C., Billings, Mont.*

JOHN, age two, was on his rocking horse watching his mother bathe his new baby sister. Out of a clear sky, he said, "Mother, the next time you go to the hospital bring back a baby horse."—*Mrs. C. L. G., Buffalo, N. Y.*

WHEN Uncle John called, his little namesake, age four years, promptly told him he had been to a party.

"Why," said Uncle John, "you must have been the youngest there!"

"Oh, no," answered little Johnny in a lofty manner. "There was another gentleman who came in a baby buggy."—*M. Z., Kansas City, Mo.*

STANLEY, age four: "Mother, why do you call me 'Sonny' all the time? I wish you'd call me Stanley." Then with a bright after-thought: "I'll tell you what. If you'll call me Stanley, I'll call you Helen!"

DONALD'S mother bought him a black and white sweater, a white shirt, black knee pants and a pair of black and white golf hose. But he steadfastly refused to wear them.

"Don," she asked one day after his most recent determined refusal. "Why are you never willing to wear your black and white outfit?"

"Oh, Mother, you wouldn't understand," her thirteen-year-old replied.

"I'll try to."

"Well, if I'd put it on I'd look just like one of those guys that combs his hair without being told to."—*G. R. F., Olympia, Wash.*

A FRIEND aroused his family early to listen to King George's speech on the radio. While waiting for the King the radio announcer explained that the noise heard was the great commotion in the House of Lords.

Little Agatha rushed from the radio and called upstairs: "Hurry, Mother! Come down. Daddy's got Heaven and the King's 'most there."—*Mrs. R. P. T., Cranford, N. J.*

A LITTLE girl, age five, of our neighborhood, was traveling in a street car with her mother, a woman of slight proportions. Presently an extremely large lady boarded the car and sat down opposite the little girl. The child contemplated the woman opposite her for some minutes, then, turning to her mother, inquired in a loud voice: "Mother, is that all one lady?"—*Mrs. H. R., Buffalo, N. Y.*

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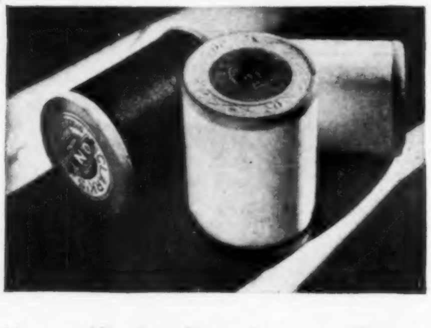

Suppose Your Child Became an Orphan

(*Continued from page 27*)

The story, in brief, was this: X. Y., Jr., socially eligible and heir to millions, married a young woman of no social position at all, whom his family steadfastly refused to receive into their circle, even after the birth of a son and heir, X. Y., the Third. However, the first intimation vouchsafed the public that the marriage was not turning out happily for the young people themselves came in the form of blazing headlines telling all the world that Mrs. X. Y., Jr., was suing her husband for separation on ground of cruelty and desertion, demanding judgment for alimony, with custody of the child. Her complaint alleged that her husband, having spirited away their four-year-old son, was keeping him in parts unknown to the child's mother.

Sympathy might naturally have been all on the side of the plaintiff, had not the defendant answered promptly with a counter claim for absolute divorce, based on adultery; furthermore alleging that his wife's habitual drunkenness and dissolute companionship rendered her an unfit person to be entrusted with the care of her own child. All these assertions, the wife returned indignantly, were base libels, conjured up by the Y interests, to defame the character of a helpless woman and keep her child from her. After the usual legal delays and adjournments, which seemed never ending, the case came up before a referee, who decided for the husband.

THE wife appealed, naturally, to a higher court. Followed more delays, more adjournments, more learned opinions. There was plenty of money to pay lawyers, and lots of time to spend in "taking the matter under advisement." When the final appeal was heard, the original judgment, in favor of the husband, was confirmed. But this victory was short-lived, however, for the very morning after the day the decree was handed down, it so happened that X. Y., Jr., starting off for a pleasant drive in his racing car, met with an automobile collision and died.

Then, the trouble began all over again. In X. Y., Jr.'s will he had provided, he thought, against the chance of the boy's ever falling to his mother by dividing the custody of little X. Y., Third, between certain relatives on the Y side, making them co-guardians with a certain trust company that was to handle the money.

But—hark a voice from the enemy's camp: Mrs. X. Y., Jr., speaking: *"How about my rights as surviving parent?"*

Learned counsel for the testamentary guardians crossed swords with learned counsel for the child's mother; and the fight was on again. This time, after a battle royal, the mother won, the court awarding her the custody of her son—now a big boy eleven years old, seven years having elapsed since he was taken away. The management of the property remained with the trust company, as arranged in the will of the testator; the effect of the judgment being to settle the rule that:

"The reputable conduct of a divorced mother for a considerable time after the divorce decree justified her right to be made co-guardian, with an impartial and fit person, after the death of the father, to whom the divorce decree had awarded the custody of the child."

But considerable haze seems to cloud the conception of the layman, in general, as to what is entailed in becoming a "guardian."

LET us imagine a concrete example. Suppose yourself to be one William Jones, a married man on a moderate salary, with a growing family. In the same suburban town where you are buying your home lives an only sister, who has always been very close to you. Since her husband's death, two years previously, she has returned to her former position, teaching in the public schools to support herself and her one child, Sonny, now a youngster seven years old.

Comes a day when your sister is hurried to the hospital with a ruptured appendix, a hopeless case from the start. During those few heart-breaking days of his mother's illness, little Sonny is tenderly cared for in your home by your wife. After the funeral, he just naturally stays on . . . and on.

You have two brothers in the West, who send telegrams of condolence, with love to Sonny, considering their whole duty done, seemingly. On you, "Uncle Will," devolves the duty of straightening out your dead sister's affairs; in particular, deciding what is best to be done with Sonny.

The first step is to get yourself appointed administrator of your sister's estate, as she left no will. There was little enough to be administered, you find. In addition to the few household furnishings in her flat, there remains a sum on deposit in the savings bank which, added to the back pay coming from the board of education, will just about cover expenses of her last illness, together with the undertaker's bill. Providentially, only a few months before, your sister had taken out a policy of five thousand dollars on her life, which will all go to Sonny.

Now, suppose you become Sonny's guardian. Just what does that entail?

To begin with, it places you very much in the position of Sonny's parent, so far as conferring on you the "say" as to how and where he shall live; deciding how he shall be clothed; educated; spend his holidays, and so forth, all this depending upon the money available for his maintenance. The guardian, placed under bond by the court, is entitled as a matter of course to expend the child's annual income for his support, and is required to render an annual accounting showing what the money has gone for. He is allowed to spend the income only. The principal sum must not be touched, except by permission from the court, upon proof from the guardian that the income is not sufficient to cover the necessary expenses. Suppose the principal, even, is not enough; what then? . . . Well, *except where the guardian is also the parent, the law imposes no obligation upon him to meet the expenses of his ward out of his own pocket.*

In other words, as Sonny's guardian, you will be called upon to take care of him, during minority, as it seems desirable. You may either keep him in your home or bring him up among strangers. In either case, a reasonable charge for maintenance is itemized in the annual accounting. Making Sonny your ward does not obligate you to make up the difference, in case his money gives out; "guardianship" does not imply "adoption."

IT is not assumed that even a near relative will undertake the duties of guardianship for nothing; in return therefor, the court allows a "reasonable allowance" from the ward's estate. In New York this is calculated on a definite percentage of the sums handled. The appointment as guardian to a "poor little rich boy" may well be a very juicy plum that all the relatives fight for; on the other hand, even kindly disposed persons hesitate to take on the care of a penniless orphan. It should be emphasized here that there is no legal obligation attaching to collateral relations—whether uncles or aunts, older brothers and sisters, however well-off or how able—to support a dependent child, however needy. No one, save the child's own parents; and possibly, in certain jurisdictions, the grandparents, can be held responsible. However, the moral obligation is quite another matter; and the chances are perfectly good, Uncle William, that if you take little Sonny into your home, and his five thousand dollars from his mother has vanished by way of food, clothing, bicycles, summer outings, doctors' and dentists' bills by the time he is twelve or thirteen years old, you will let him stay on at your own expense until he arrives at the age when the state law says a child can be put to work. Though you could, if you desired, turn him over as a proper charge to the department of charities in your town.

Appointment as guardian lasts until the ward attains the age of twenty-one, unless it is terminated for some reason; such as the death of the ward; or of the guardian or surety; or the resignation of the guardian. In most states, resignation of guardianship is not an absolute right, but has to be granted by the court; in general, it is not permitted, except on proven charges of neglect or misconduct in official capacity; neglect to file accounts, or of the guardian's change of domicile to another state, rendering it unfeasible for him to act. Personal guardianship is likewise terminated by the marriage of a ward, whether male or female, as the control of one individual over another's actions is regarded as incompatible with

(*Turn to next page*)

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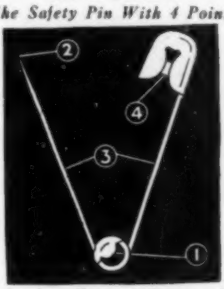

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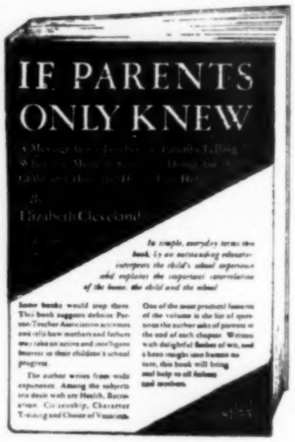
In simple, every-day terms this book, by an outstanding educator, interprets the child's school experience and explains the important inter-relation of the home, the child and the school. Here is a book that tells how mothers and fathers may take an active and intelligent interest in their children's school progress, and how that progress may be assured or increased. Health, recreation, character training and choice of vocation are merely a few of the practical features of the volume. Written with delightful flashes of wit and a keen insight into human nature. $1.75.



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Suppose Your Child Became An Orphan

(*Continued from page 67*)

the conjugal rights of husband and wife. However, guardianship over property of minors of either sex, married as well as single, continues up to the age of twenty-one.

It would be a very salutary thing for every parent of a child to stop and consider what would happen to that child if he were left an orphan.

In your own case, which of your relatives would be most likely to step forward . . . ? Is that the arrangement you would choose, if you had to decide now? Or is there some other person you would prefer? Have you obtained that other person's consent to act? Is it all down in writing?

Also, how much money would there be for that child? Enough to cover a fitting education? If not, why not consult the local agent of any one of the big insurance companies for advice as to the best form of policy for your needs.

On the other hand, if your child is bound to inherit a fortune on the death of its parents, is that child going to be adequately protected against the wiles of the fortune-hunter, to say nothing of unscrupulous investment brokers, on becoming of age? Have you sufficiently considered tying up the money in trust?

"But we're only young people ourselves!" parents protest. "We're counting on living with, as well as for, our children!"

Yes, so do all loving parents. But things do happen—we read about them in the papers every day.

And suppose it was *your* child who became an orphan!

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How I Managed with the Baby

¶ *A young mother tells just how she planned her work and had time for recreation too.*

Are Parents Bad for Children?

(*Continued from page* 19)

education ought to confer, but too often does not. Psychoanalysis contains a great deal that I regard as true and important, but has, in my opinion, a bad effect in practice when it is accepted as an incontrovertible gospel.

ALTHOUGH I do not accept the view that parents are bad for their children necessarily, I do think that it is easy for children to have too much of their parents. Children need the companionship of other children, not perhaps during the first two years of life but after that more and more as the years go by. They ought, therefore, to be part of the day at school. Moreover, parents have their own adult life to live and must unduly restrain their children's activities if their children are always about the house. In the modern small family it is very difficult for parents not to give too much attention to their children. Constant attention over-stimulates a child and makes him too much dependent upon praise. And unless parents are exceptionally placid, their anxieties are apt to make the children timid in play, or exasperated owing to constant interference.

To be a wise parent is undoubtedly difficult. I can think of five principal causes of parental failure. First, lack of love for the child: this is far commoner than is thought and produces the kind of bad effects that we have already considered. Second, possessive love, which is really due to the intrusion of a sexual element: this is the kind that leads to the Oedipus complex and to all the troubles dealt with by psychoanalysts. Third, over-stimulation: this is a very common modern fault in dealing with children; it may arise through the wish to give them too many pleasures, especially pleasures of a passive kind, such as the theater and the cinema, or again it may arise through giving them too many opportunities to show off, or allowing them to be present too frequently at grown-up conversation which they have difficulty in understanding. Fourth, too much repression: this was almost universal in former days, but is now much less common; it still occurs, however, where either parent is nervous or delicate and where good manners are too much insisted upon. Fifth, domestic discord between father and mother: this produces all kinds of bad nervous effects in children, and where parents have not enough self-control to avoid displaying it before their children it is best that the children should be as little at home as is possible. I think perhaps one ought to add a sixth cause of parental failure, which is indeed the one that at the moment I am trying to prevent, and that is, diffidence as to one's capacities. Parents should inspire children with confidence as to their competence. Often it is better to do the wrong thing confidently than the right thing diffidently.

IF your feeling towards your children has the right quality, your psychological handling of them is not likely to be amiss, and any knowledge that you acquire will be all to the good, provided that it is knowledge and not merely rash theorizing. But if your feeling has not the right quality no amount of knowledge will enable you to handle the child rightly. If you have the misfortune to have a child whom you cannot love physically and instinctively, you will do well to hand him over as far as you can to others who will love him. But if you love your children parentally, not possessively—that is to say, not for what they give you in the way of responses, but for what you hope they may become—do not mistrust your affection or let the theorists fill you with doubt and fear.

Blossoming

(*Continued from page* 31)

hedge popped the dim outline of a boy's head, then disappeared.

Fear seized Mary by the throat.

Another head—"Oh, Mother, is that you? Are you all alone?"

"All alone, dear—" she managed to say. And then she found herself able to breathe again the fresh evening air, heavy with the scent of flowers. For both children were running toward her. They seemed glad to see her.

They were dragging her along between them—to the spot where they had been, behind the hedge.

"Hurry—" cried Bobby.

"It's just going to open—" cried Crystal.

"What's going to open?" She felt like a child, too, gave a little skipping step between them.

"My flowers I planted—" said Bobby.

"The flowers from those seeds his uncle sent him from California," explained Crystal. "Primroses. Evening primroses! Bobby says they're sure to open up tonight." The little girl was speaking now in the soft awed voice of one who is afraid she might frighten off the spirit inside all these yellow petals which were already beginning to quiver with strange life. "But we didn't want that big boy to come. Do you think we were very impolite to run away from him?"

"No, we didn't want that guy—" echoed Bobby. "He'd laugh at us for wanting to watch flowers open."

"That big boy's icky—" said Crystal.

But, at that point, the big boy faded out of the conversation. For, right there, in front of them the stiff yellow petals of a huge fat bud wriggled, stretched, yawned, and popped wide open.

Crystal and Bobby, with squeals of delight, crouched close, and looked with wonder into the heart of a big, wide-spread flower.

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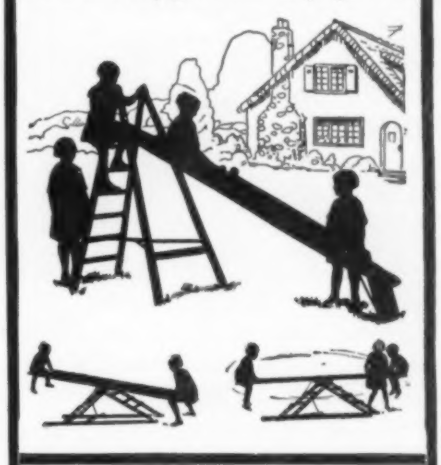

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The Care of Baby's Skin

(*Continued from page* 25)

put on. In many cases now the oil alone is used.

While it is true that young infants should be handled as little as possible, they are more comfortable and will be much more apt to have a restful night if they are entirely undressed at bedtime, sponged off with warm water which will remove all perspiration and excretions from the pores of the skin and then given an oil rub with a little pure dusting powder sprinkled in the creases of flesh and on the surfaces which may come in contact with the bedclothing, thus preventing any possible friction of clothing with the delicate skin of the infant. Fresh night clothing should be worn, keeping a set of underwear for this purpose and not using that which was worn during the day. In summer this care will frequently prevent prickly heat rash also.

IN the case of premature and very delicate babies, the water bath is usually omitted for some weeks. Every second day the baby is given an oil bath, the oil being gently applied, not rubbed in, and the child is then either wrapped in cotton or a wool garment especially made for this purpose.

Premature babies as well as others often have a tendency to constipation. In training them to use a small chamber at a regular hour each day, careful massage of abdomen often assists. A little pure oil may be used on the hands of the masseuse as a lubricant. Holt advises a cone of soft paper dipped in oil and inserted a short way into the baby's rectum when the training is first begun. This acts as a slight irritant and hastens results. It may be shortly dispensed with in most cases, however. Early training of this nature not only means much less trouble for the mother or nurse who thus has no soiled diapers to wash, but it also establishes an invaluable health habit likely to last all through life.

Inexperienced and untaught mothers are often considerably disturbed because the young infant "sheds" his skin. This normal desquamation usually begins upon the fourth or fifth day, and is completed in ten days or two weeks. If the skin is frequently oiled and properly bathed, desquamation is scarcely noticeable unless a close examination is made. The application of a pure oil in this connection does much to keep the skin smooth, preventing roughness and discomfort to the baby, especially if the infant's skin is naturally rather dry.

Inflammation of the skin on the buttocks or other parts is one of the most trying conditions met in early infancy. Its prevention is most important and usually possible when the skin is cared for as advised above; also when the diapers are properly washed and the baby is not allowed to lie in wet or soiled napkins. Sometimes, however, inflammation develops, as in bad cases of intestinal infections, summer diarrhea, and so forth. In such cases the baby should be kept out of his tub bath for a few days, a sponge bath being given on the normal skin and only oil being used on the affected parts for cleansing purposes. If ointments are spread on soft linen and applied to the buttocks after they are cleansed with oil, a marked improvement will often follow. In other cases a very pure dusting powder may be applied after the oil is gently wiped off. We find advocates for both methods, some infants' skin responds to one method while others do better with quite a different course of treatment. Exposing the inflamed skin to the sunlight, omitting the diapers and allowing the buttocks to remain uncovered as much as possible, treatment with various forms of therapeutic lamps are useful in many cases. When a water bath is first begun, a bran bag squeezed about in the water is very helpful.

The condition of "ammonia diaper" is complained of by many mothers; the irritated skin should be treated as above and in addition the diapers, after being thoroughly washed, rinsed and dried, may be wrung out of a 1:20 solution of boric acid, then dried and put on the baby when it is necessary to cover the buttocks. Correct feeding and water (without sugar) given between meals will also assist this condition.

SEBORRHEA of the scalp and sometimes of the eyebrows, frequently called "milk crust" or "cradle cap" by mothers, is a condition often met with. It may develop because of incorrect care of the skin at first, but sometimes appears in any case. It is usually necessary to soften the crusts before the ointment or other remedies can be applied. Stelwagon advises applying oily preparations to the scalp by means of an eye dropper, placing a drop here and there and then spreading it or rubbing it in with a piece of cotton. A piece of gauze may be saturated with oil and laid over the scalp, a cap being worn to hold this dressing in place. As the crusts loosen they should be removed, until all have come off. The special ointment or lotion should then be applied closely to the scalp, a fresh dressing being put on daily after washing the scalp with oil and occasionally with warm water and a little pure soap to prevent an unpleasant odor. The treatment should be continued for several nights after the scalp is apparently healed, as there is apt to be a recurrence of the trouble.

Eczema, in its various forms, is a special enemy of babies. It is most trying to baby, doctor and mother, and requires much patience on the part of all concerned. The feeding, of course, must be carefully regulated, stools examined and any abnormal conditions corrected. The local preparations applied must suit each case, but in many instances it is very unwise to allow water to touch the irritated skin. A pure oil is often applied for cleansing purposes, to remove crusts and also to remove a collection of the ointment or other applications prescribed. The occasional use of water is indicated in some cases, but according to Stelwagon, olive oil, almond oil and liquid petrolatum are most frequently in use. When necessary to use a water bath, a bran bag squeezed about in the water and soap omitted usually gives best results.

Splints or cuffs should be worn on the infant's arms to prevent scratching. If the eczema is on the face, a mask should be worn, and in cases where the eruption is on the body linen should be used next the skin. The usual silk and wool underwear may be worn outside a linen shirt, if they are needed for warmth. Care should be taken about the baby's outings on sharp, windy days, if the eczema is facial.

IN their zeal to have the babies tanned thoroughly, mothers often go too far, especially at the seashore in summer, and painful sunburns are frequently seen on babies and young children. If a pure oil is applied to the skin before the child is exposed to the sun, the skin will tan without being burned. If the burn has already occurred, a piece of gauze or linen soaked in a pure oil may be applied to the sunburned area and will be soothing. A solution of bicarbonate of soda may be used in the same way. Slight burns or scalds from other causes are treated in like manner.

Many babies who are fat or who wear many clothes, especially during the summer months, suffer much from prickly heat. To remove the cause is the first indication. Only a thin linen vest should be worn while the weather is very warm. Over this a thin silk and wool band may be used if required for slight warmth over the digestive organs. In addition, a diaper and thin slip may be worn, until the weather becomes cooler and more clothing tolerated. Frequent sponge baths with bicarbonate of soda in the water, or equal parts of vinegar and water, should be given, then a pure, smooth dusting powder should be applied.

On Child Conference

One hundred and fifty-nine women have been appointed by President Hoover on the various committees of the White House Conference on Child Health and Protection to be held in November. The roll of their names and positions gives an idea of the tremendous importance of women in the field of child health and guidance. Ten are serving on the Planning Committee of the Conference with Grace Abbott, chief of the Children's Bureau, as its secretary. While no woman is chairman of the four sections, three are subsection chairmen: Dr. Stanley of the subdivision on The Family and Parent Education; Anne S. Davis, director of the Vocational Guidance Bureau of the Chicago Board of Education, of Vocational Guidance and Child Labor; and Mrs. Kate Burr Johnson, commissioner of the North Carolina State Board of Charities and Public Welfare, of State and Local Organization for the Handicapped.

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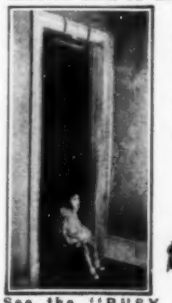

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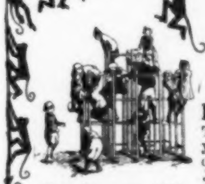

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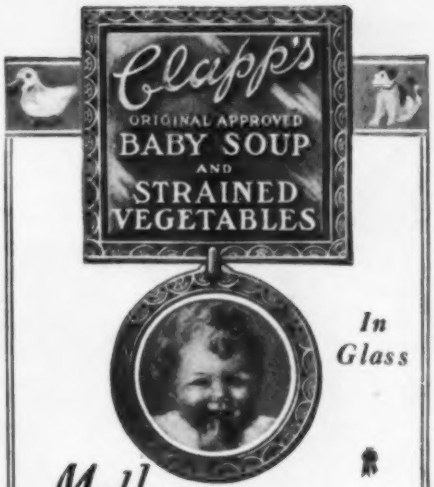

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Books for Boys and Girls

By ALICE DALGLIESH

Teacher of Story Telling for Children, Teachers College, Columbia University

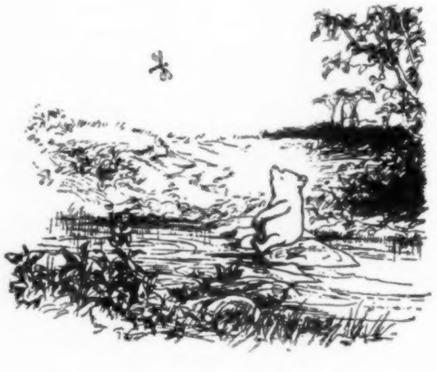
THE PICTURE FOR THIS MONTH gives Pooh more than his share of space for the year, but when we saw it on our Pooh calendar it seemed so appropriate that we could not resist it—especially as it also appears in THE HUMS OF POOH, the newest book of Milne's songs. So here it is, and naturally the first book on our list will have to be

THE HUMS OF POOH, by A. A. Milne. Music by H. Fraser Simson. *Dutton.* $2.50.

Whenever we read WINNIE-THE-POOH or THE HOUSE AT POOH CORNER, we wonder about those funny little tunes hummed by Pooh. Here they are with music and a characteristic introduction by A. A. Milne. The music is too difficult for little children, but may be sung to them.

THE FAIRY CARAVAN, by Beatrix Potter. *David McKay.* $2.00.

If you are a fervent admirer of Peter Rabbit, Benjamin Bunny and the rest, don't expect this new book to rank with those classics—it doesn't. It is a story with a definite appeal for grown-ups because of its charming descriptions of the English countryside and children who like animal stories will enjoy it. The animals, however, are not as convincing as those in Beatrix Potter's earlier stories. (Age 6 to 9.)



Oh, the butterflies are flying
Now the winter days are dying,
And the primroses are trying to be seen.
And the turtle-doves are cooing
And the woods are up and doing,
For the violets are blue-ing in the green.
—Song by Pooh and A. A. Milne.

THE JUNGLE MEETING POOL, by Mervyn Skipper. *Stokes.* $1.50.

Native jungle legends of Borneo told by the animals who gather around the water-hole to drink. The stories are fresh and different and the Python, the Stick Insect, the Ape, the Mosquito and other creatures have real personality. Attractive illustrations. (Age 7-9.)

THE BEST ANIMAL STORIES I KNOW, by John Clair Minot. *W. A. Wilde (Boston).* $2.00.

A collection of animal stories by such authors as Jack London, Albert Payson Terhune, Samuel Scoville, Jr., Dallas Love Sharp. The stories are well selected. (Age 10-14).

CHICO'S THREE RING SCHOOL, by Stella Burke May. *Appleton.* $2.00.

Circus children have to go to school and this book tells how Chico learned his lessons. (Age 7-10.)

Not all the books on our review book-shelf are animal stories. Among them we find several fairy tales for children who like fairy tales better than anything else.

SILVER MAGIC, edited by Romer Wilson. *Harcourt, Brace.* $2.50.

A collection of twenty-two fairy tales including the history of Reynard the Fox, Cinderella, Beauty and the Beast, The Miraculous Pitcher. The print should be larger if children are to read the stories themselves. (Age 7-10.)

THE WIND BOY, by Ethel Cook Eliot. *Doubleday, Doran.* $2.00.

A fairy tale which seems to show the influence of George Macdonald's stories and which has a decided element of mysticism and a good deal of charm. Imaginative children will enjoy it, but we recommend it only for those who do not mind stories that are a trifle "scarey." (Age 7-9.)

A FAIRY TO STAY, by Margaret Beatrice Lodge. *Published by the Oxford University Press.* $2.00.

This is a modern fairy tale for little girls who like everyday stories with a magic element. Pamela lives with two stern maiden aunts and the story tells how her life was changed by a friendly fairy who gives her much longed for curls and talks to her while sitting amiably at the foot of her bed. A very English story. (Age 7-9.)

There are two reprints of books which were favorites in by-gone days; we are not sure how kindly the modern child will feel towards them.

SIMPLE SUSAN, by Maria Edgeworth. *Macmillan.* $1.75.

This new edition of Maria Edgeworth's famous moral tales is illustrated in color by Clara Burd. It contains the well known "Rosamund and the Purple Jar," "The Cherry Orchard" and "Little Dog Trusty" as well as several other stories. We have found that children enjoy moral stories if the moral does not seem to be aimed at them, and these stories have interest and charm. (Age 7-9.)

AUNT JO'S SCRAP BAG, by Louisa Alcott. *Little, Brown.* $2.00.

A collection of Louisa Alcott's short stories. The book will be welcomed by lovers of LITTLE WOMEN because it tells of Miss Alcott's connection with "Laddie," the Polish boy who was the original of "Lawrie." The stories are of uneven interest. (Age 8-10.)

Last of all we find some books of the informational type.

THE STORY OF THE PILGRIMS, by Roland G. Usher. *Macmillan.* $1.00.
The newest addition to the Macmillan "Little Library." A clear, simple and authentic story of the first settlers in New England, with attractive illustrations. (Age 8-10.)

THE EARTH FOR SAM, by W. M. Reed. *Harcourt, Brace.* $3.50.
This book was written by a college professor for nine-year-old Sam who wanted to know how things came to be. It tells the story of life, as scientists have reconstructed it, from the first germ through the Stone Age. Parts of the book are extremely interesting, other parts are a trifle heavy, and sometimes the author "writes down." The serious illustrations are fine, the "funny" illustrations scattered throughout the chapters do not seem to belong in a book of this type. (Age 10-14.)

BOYS AND GIRLS WHO BECAME FAMOUS, by Amy Cruse. *Harcourt, Brace.* $2.00.
Stories of the childhood of famous people such as Benjamin Franklin, Hans Christian Andersen, Louisa Alcott, Thomas Edison, Edward Bok, Helen Keller, told in a dramatic manner that holds the reader's interest. (Age 8-12.)

GREAT MUSICIANS AS CHILDREN, by Franciska Schwimmer. *Doubleday, Doran.* $2.00.
Anecdotes about famous musicians. These should prove interesting to the child who is having music lessons. The author states that she has tried to use only authentic incidents. (Age 9-12.)

SKY HIGH, The Story of Aviation, by Eric Hodgins and F. Alexander Magoun. *Little, Brown (Atlantic Monthly Press Publication).* $2.50.
A history of aviation. Complete and detailed, with good illustrations, but lacking the thrill that should accompany a narrative of this type. (Age 10-14.)

THE NEW CHAMPLIN CYCLOPEDIA FOR YOUNG FOLKS. Vol. III. Literature, Art and Mythology. Edited by Lincoln MacVeagh. *Henry Holt.* $6.00.
A new edition of a standard cyclopedia which should prove useful to older boys and girls. Many illustrations, including photographs of famous buildings, pictures, statues and reproductions of illustrations from books.

OUR TREES, OUR WILD FLOWERS. *Samuel Gabriel Sons & Co.* $2.20 each.
Two albums in which a child may classify and preserve flowers and leaves. There are descriptions of the plants and trees, small pictures to be pasted beside the flower or leaf as it is found, and an envelope in the back of the book for pressing specimens. Interesting books for vacation days. The flower pictures would be more interesting if a little larger and clearer.

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Books for Parents

Personality Adjustment of School Children, by Caroline B. Zachry. *Scribners.* $1.80.

The value of this book, which is one of the six awarded medals by "THE PARENTS' MAGAZINE," is outstanding, not from one point of view, but from three; mental hygiene, education and literary and dramatic interest. Five different children, each representing a commonly found class-room type, are analyzed as set in their total environment; home, school and playmates, with interrelationships, developmental history, early history and family history. At the end of the story of each child the implications are given for the class-room teacher.

It is hard to determine who will benefit the most from this book: the earnest parent or the earnest teacher. Rich benefit for both; of that be assured.

To the reviewer the chief interest lies in the hope that the subject matter of this volume may stir the officials of teachers' colleges to greater and greater activity, to the end that student teachers may find in their college curricula and personnel the materials and contacts that will help them to the integrated personality, broad sympathy, coupled with tolerance and alertness to *causes*, in contradistinction to *symptoms*, of behavior, that our best psychologists and psychiatrists unite in believing is necessary, not only to live in the world one's self, but to help others to live socially. Thus they may be developed into the teachers of the future, the teachers who, as second parents, will continue the task of helping the growing child adjust constructively to the social demands of his widening environment.—*Reviewed by Blanche C. Weill.*

The House that Runs Itself, by Gladys Denny Shultz and Beulah Schenk. *John Day.* $2.50.

This book is delightfully interesting to women, especially to the mothers of young children, who will find its suggestions helpful; for they have survived the test of experience in more than one home. The house receives first attention. If it is built and arranged with the family needs in mind, there will be a place for everything. This simplifies its care. Moreover, it offers greater enjoyment to everyone under the rooftree, for if it is planned only to accommodate adults, the children react by presenting behavior problems that give the parents concern. The house described by the authors offers the children early in life a chance to become acquainted with the ins and outs of self-care. Learning to hang up their wraps on low hooks in a convenient closet and to put away their books on low shelves in the library is training in independence. Once the house has been made efficient and comfortable both for adults and youngsters, a schedule of work for the homemaker is considered. Plans for developing a satisfactory program are offered. Then comes the all-important matter of feeding the family. Menus for both the winter and summer seasons are offered. The meals are so planned for the grown-ups that with easily made alterations they furnish the right type of nutrition for the children. Even the business homemaker who spends some time outside of her home is not forgotten. The book is cheerful in that it is convincing testimony that a homemaker, even though she has little children demanding much care may have leisure if she will plan for it intelligently.—*Reviewed by Nell B. Nichols.*

Studies in Service and Self Control, by H. Hartshorne, M. May and J. Maller. *Macmillan.* $2.75.

This second volume in the series of presentations of the Character Education Inquiry offers detailed statistical study of three important character traits: cooperation, persistence, and inhibition.

At several points this valuable study challenges popular assumptions. The tests show that no one can tell, from one or two sample behaviors, that a child is or is not, honest, helpful, self-controlled and the like. There are, in a strict sense, no such traits in children. Each situation differs in the response it gets. The study shows that religious differences do not matter much. Even intelligence, that much-talked-about mystery in modern school testing, seems to have no very significant relationship to these behaviors tested, although it seems usually to be more of a help than a hindrance in character building.

The book is hardly for the casual reading public. It requires some technical study. The great incentive to such study is that here, at last, one may find measurement instead of argument, facts instead of fancy, applied to the world-old problem of character.—*Reviewed by Goodwin B. Watson, Ph.D.*

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The Riddle of Sex, by Dr. Joseph Tenenbaum. *Macaulay.* $3.50.

Dr. Tenenbaum has traversed a large part of the sexual field, selecting numerous materials of diverse interest and value. His compiled subject matter can be of service to parents seeking general information and those desiring specific guidance upon definite questions.

The volume as a whole fortunately is scientifically dependable though occasional unimportant errors are found. One regrets the occasional broad generalization and absurd statement.

He views modern marriage as indeed a little of everything from open monogamy to clandestine polygamy. And he has no hesitancy in saying, "Marriage, as it stands today, is more or less of a failure." His solution to the failure of marriage is the institution of companionate marriage, though he frankly confesses, "Nobody can solve individual marriage troubles without courage, patience and understanding which should serve to make marriage a success."

Here is an interesting source of light for parents even though it flickers at times because the holding hand is not always steady.—*Reviewed by Ira S. Wile, M.D.*

Fields of Work for Women, by Miriam Simons Leuck, M.A. Revised edition. *Appleton.* $2.50.

The girl or woman about to enter a wage-earning career would do well to scan the pages of this admirable analysis of her problem. She will learn how to take stock of her own potentialities, before making a choice; how to survey all the fields of work open to her (which are here fully set forth); how to conduct herself at her work; how to secure the coveted prize of success by working toward a definite goal and allowing nothing to distract her from it. She will enjoy the shrewd, sensible comments and bits of advice.

The Pattern of Life, by Alfred Adler. *Cosmopolitan Book Corporation.* $3.00.

This is another book by Dr. Adler showing his method of clearing up the "bad" child's difficulties by correcting his parents' mistakes. It is a series of running comments on case material with the child and the mother appearing on the lecture platform with the doctor in each instance. The behavior problems chosen for solution in the book are good examples of Adler's theories of individual psychology. The parent will find in them suggestions of practical help.

Posture and Hygiene of the Feet, by Philip Lewin, M.D. *Funk and Wagnalls.* 30 cents.

This slender book presents in clear and concise language the principles underlying the correct posture and hygiene of the feet. The author enumerates the many foot troubles from which people suffer, and gives the best methods for their correction and specific means for their prevention. Parents will find the book an aid in caring for their children's feet.

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We should like every young or expectant mother to have a copy of our 30-page booklet, "Your Baby's Care." A simple, instructive guidebook, written by a woman physician.

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Things for Children to Do and to Make

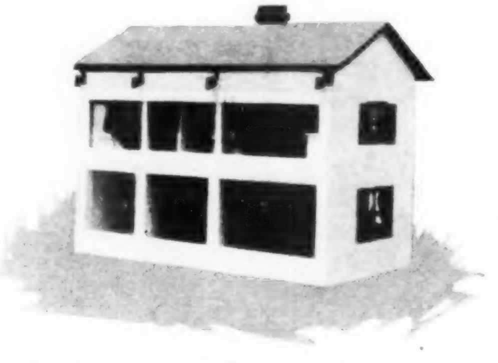
Edited by the Playground and Recreation Association of America

THE SPRING REAL ESTATE BOOM IS AT HAND. Any family of dolls will delight to move into the new house pictured here. The drawings or working plans will enable father or brother to build the house for the little girl of the family. The materials cost only $1.25.

Lightness is the chief advantage of this home. Weighing only seventeen pounds, complete with furniture, it may be carried easily from the house to the yard and back again. Yet the frame is amply strong. The open front makes it easy to get at the furniture.

If the beaver board which covers the house is painted white, the effect is very like white stucco. The shutters, made from cigar-box lumber, are painted emerald green, the roof is dark green and the chimney red.

The second floor is one large room, but screens, as shown in section on the drawings, provide movable partitions, making it possible to change the size and arrangement of the rooms at will. What a selling point to a doll housewife who likes variety!



This is the Model Home for Dolls. Plans and specifications for making it will be sent on receipt of 4 cents in stamps. Address: Things to Do Department, THE PARENTS' MAGAZINE, 255 *Fourth Avenue, New York, N. Y.*

The interior of the house illustrated was painted with oil paints. The kitchen was finished in white, the living room and dining room in light tan and the bedrooms, on the second floor, in light blue. The floors were painted with oak stain, except the kitchen floor, which was covered with tile pattern oilcloth. *—H. H., Miami, Florida.*

For Little Children— Indoors or Out

SAND TABLE—A good substitute for the kindergarten sand table is made by nailing a shallow drygoods box to an old stand or table. Seated in his high chair, a child will amuse himself for hours by playing with small cups, tins and dishes placed in a few inches of white sand.*—M. M., Carollton, Ohio.*

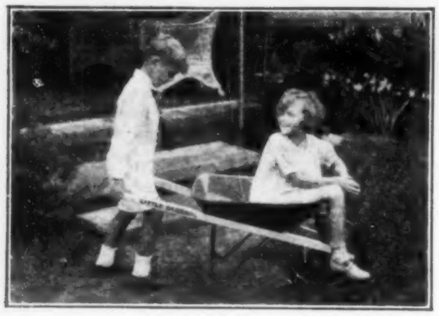
GROCERY STORE—The favorite game of a three-year-old is provided through an apple-box with a shelf in it. Mother gives the storekeeper for his stock some of her small cans of food, with perhaps a few potatoes or pieces of fruit. He has a notebook and pencil on his shelf, and proudly marks down a record of the goods sold, using his own method of shorthand. A toy telephone stands on top of the box and is often used to call grandmothers and aunts to inquire about their grocery needs. A toy truck for delivery purposes is the final touch.*—Mrs. R. G. L., Houston, Texas.*

Spring Sports

JAPANESE FAN GAME—Give each child a three-inch square of tissue paper, marked with his own name. The importance of the game is enhanced if each one writes his name on his own square. Then supply the players with a fan apiece, to be used to fan the squares of tissue toward the goal. The books placed on the floor about a foot apart will do admirably for the goal. When the word is given, each one tries to fan his paper through the goal first. You'll find this race so popular that is will be a feature both of sunshiny days outdoors and rainy days in the house.*—A. G., New Orleans, La.*

WATCH YOUR STEP—An amusing contest for two or more children. Each child has two cans with a fairly large surface. They line up and at a given signal start for the goal. Each player places one can on the ground, puts one foot on it and then, balancing himself, sets the other can at a distance that he can step. He then lifts the can that is behind him and, while balancing on the other foot, places that can in front and goes on as before. A player who steps off his cans may either be out of the race, or be obliged to go back to the starting point.—P. R. A. A.

We will pay one dollar for each contribution published in this department. Address the Managing Editor, THE PARENTS' MAGAZINE, 255 *Fourth Avenue, New York, N. Y.*



A Playthinɡ That is Useful

We are leading wheelbarrow makers. One day we made a wheelbarrow just like our regular contractor and industrial wheelbarrows only we made it smaller. We made it for a son of one of our officials. The boy's playmate wanted one so we made several. All the boys in that neighborhood now have one.

It attracts boys so much that we many times have seen them abandon juvenile vehicles and other toys and rush pell mell to one of these wheelbarrows. Besides this, they are extremely useful. Mothers find them just the right size for their work in the garden and on the lawn.

Built of exactly the same materials and exactly same design as our larger "full grown" barrows—only smaller. That's the only difference. Not a toy to be bent, broken up and thrown away, but a substantial plaything that will last for years and calls into play energy-developing exercise. And boys (at least our boys) from four to ten years old certainly do "go" for it.

So we called it Boybarrow and if your boys and your friends' boys like it as well as our boys do, we will put it in the stores. In the meantime, you may have one at a special price of $4.95 prepaid to your home. And if you are not completely satisfied, you may return it and we will gladly refund your money. You may order now from this advertisement or if you prefer, write for a little folder we had printed which is delightfully illustrated and describes Boybarrow in detail. **GENERAL WHEELBARROW CO., 3140 East 65th St., Cleveland, Ohio.**

The Little General

Boy Barrow

THUMB SUCKING

Safety Thumb Guards will safely and quickly cure your child of this bad habit.

Guards ingeniously constructed of one piece of German Silver Wire. No ends to loosen, to injure the face or eyes.

Perfectly safe and sanitary.

Complete instructions with guard.

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Price, $1.75 per pair, postage prepaid. State age of child when ordering guards. Satisfaction Guaranteed.

The Safety Thumb Guard Co., New Haven, Conn.

"EASIEST PIANO LESSONS for *YOUNG BEGINNERS*"

Even four- and five-year-olds

can learn to play with this simple system for home use. *No piano teacher required!* Adults learn while practicing with child. Endorsed by musical and educational authorities (names on request).

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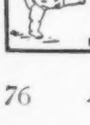

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EXCEPTIONAL WEARING QUALITY.

Neat in appearance, easy to put on and especially convenient when training the baby. Sold at Dept. Stores & Children's Shops or direct from us if not found at store. Small $2.50, large $3.00, extra large $3.50 per doz.

Send for free booklet.

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Behavior Problems of Children

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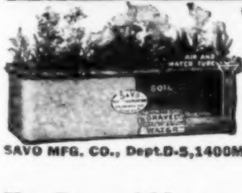
The School Service Bureau has information on schools of this type throughout the country and will be glad to suggest suitable schools to you.

In New York City, there are many delightful chaperoned residences which we can recommend if your daughter will come here to study next winter.

Write to the School Department or fill in the coupon on page 8

SAVO All-Year-Around Steel Flower Box



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Self-watering and sub-irrigating steel boxes for windows, porches, ledges, sun parlors, etc. Leak proof; rust proof. Perfect air circulation and drainage. Six sizes. 30 days' Free trial. Write for FREE catalog.

SAVO MFG. CO., Dept.D-5,1400MerchandiseMart,Chicago,Ill.

My Son and I Go Fishing

(Continued from page 33)

and picked up my own tackle for a few minutes plugging among the reeds. His cork gave a couple of bobbles.

"Watch your float—you're getting a bite," I warned.

Then suddenly the cork disappeared under the water with a vicious jerk.

"Pull it out—jerk him out," I yelled, "you've got a fish."

For a moment he sat as if stunned, then heaved up on his pole. There was a brief struggle in the water, then pole, line, boy and fish landed on the bank in one wild scramble.

"I've got a fish, I've got a fish," he yelled, throwing himself on a wriggling, flopping bass of eight inches, which had dropped from the hook.

He held the prize up to my view in a pair of clutching hands, brown eyes shining and filled with excitement. Then a flop, a cry and our quarry was back safely in the water.

Tragic eyes stared at me, and a lower lip trembled perilously. I held him close in the hollow of one arm while I explained that many men let their fish jump back in the water, that it mattered little, after all, for we could keep bass only eleven inches long or longer. He fought back the tears of disappointment and I secretly gave thanks that it had happened so, for I should have hated to ask him to return that first fish to the water. Later we caught a few crappie and bream and the day from his viewpoint at least was a success. As we sat at lunch, he reviewed the morning's sport for me.

"Daddy, I almost caught a BIG fish this morning, but he got away. He was the biggest fish I ever saw. He was——"

He laid down his sandwich and stretched arms to their fullest extent—

"He was *this* big. I saw him."

I laughed, for the stretch of his arms encompassed a length I felt sure could be matched by few fish in our waters.

Perhaps I should have lectured him then on the virtues of truth and accuracy. I should hate to have him grow up to be a falsifier, yet——

If my son is a *good* fisherman, should I, his father, protest too much if he is occasionally known for that one vice attributed to all Brothers of the Angle?

To Tommy

If I didn't have to know
Where the souls of small mice go;
Why the clouds stay in the sky
When they are not fastened; why
A beet is red instead of green
Like a pea or a string-bean;
Why an onion makes you cry
When you are laughing at it; why
A cricket only sings at night
Instead of in the gay sunlight;
Why a little boy can't fly—
"If a bird can, why can't I?"
I might have some time to read,
Or plant my special larkspur seed.
(But in a week, or in a day
I would come to you and say,
"See if you can stump your mother,
Tommikins, ask me another!")

—Laura Nowak Kerr.

A REAL "CHAMPION" PROVED BY-

SIDEWALK TESTS

The fellow on KoKoMo "Champions" whizzes along ahead of the gang because "Champion" wheels have *double* rows of ball bearings which make them roll easier and faster. It has been proved in real tests right on the sidewalks. "Champion" wheels have two treads that double sidewalk miles! Get a pair of "Champions." Lead the gang on the finest, fastest, longest-wearing skates to be had.

KoKoMo STAMPED METAL CO.
Kokomo, Indiana

There are nine reasons why KoKoMo "Champions" are real leaders. Ask your dealer to show you these important things which make "Champions" so much better.

KoKoMo Champion

With Double Tread Steel Wheels Also Rubber Tires

Double Sidewalk Miles

CROWN LAVENDER SMELLING SALTS

At home, at the theatre, while shopping or traveling, or if you find yourself in stuffy rooms or crowded places, the pungent fragrance of Crown Lavender Smelling Salts clears the brain, steadies the nerves, counteracts faintness and weariness. It is invigorating — a delight and comfort. Sold everywhere. Schieffelin & Co., 16-26 Cooper Sq., New York

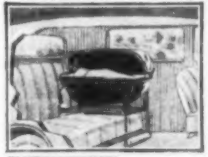
Waring and Wilker's
The Behavior of Young Children

How to improve their eating and sleeping habits. *Over a hundred actual cases described.* $1.00.

CHARLES SCRIBNER'S SONS,
597 Fifth Avenue New York

BABY IS SAFE

Comfort for Baby and Mother in Auto



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BABY Specialists and thousands of mothers endorse this safe, comfortable way to motor with baby. Complete freedom for mother to drive or relax. Bassinet fits any car, instantly removed for use in hotel or home. Shock absorbing springs. Folding hood. No screws in upholstery. **Detachable wheels** supplied if desired quickly convert Bassinet into baby carriage. Costs less than any carriage alone. Splendid gift. From dealers or by mail. Send for descriptive folder. Money refunded if not pleased.

GORDON MOTOR CRIB CO., Inc.,
Dept. 5-B, 8 Bridge St., New York, N. Y.

You may send illustrated folder and name of nearest dealer

Name ....

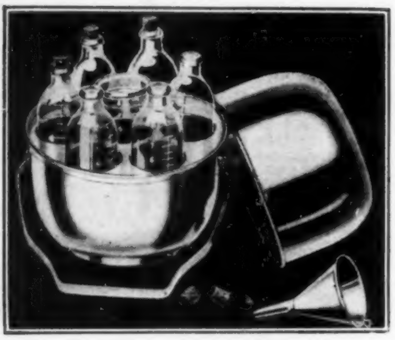
Address ....

All advertisements are certified as conforming to standards on page 82.

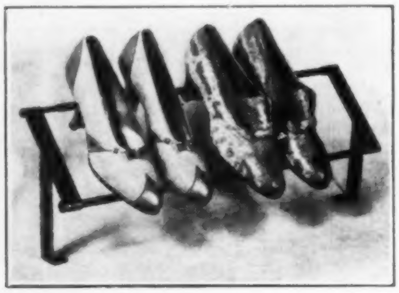
MOTHER GOES SHOPPING

New Things for Children and Devices that make Housekeeping Easier

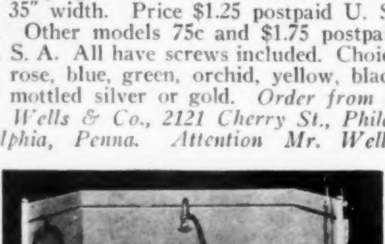
By MRS. MARTHA SAGE



THE preparation of a baby's food is vital. Cleanliness is an essential. Utensils, bottle, gruel, etc., *must* be sterile. This bottle kit solves the problem. Put in water, place on any burner and steam sterilization does the job absolutely. When families motor or travel, cracked ice placed in aluminum container keeps milk at 60 Fahrenheit for 6½ hours. $5 postpaid east of the Mississippi; $5.50 postpaid west of Mississippi. *Order from Therma Products Corp., 139 Franklin St., New York, N. Y. Attention Mr. Skinner.*



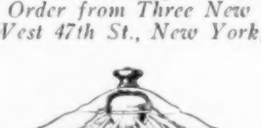
HERE is a smart new shoe rack that adjusts to fit the panels on your closet door, wall or floor. Model illustrated has telescoping tubes and will extend from 19" to 35" width. Price $1.25 postpaid U. S. A. Other models 75c and $1.75 postpaid U. S. A. All have screws included. Choice of rose, blue, green, orchid, yellow, black or mottled silver or gold. *Order from J. B. Wells & Co., 2121 Cherry St., Philadelphia, Penna. Attention Mr. Wells.*



YOU can imagine the joy of the Youngest Mistress of the House when she sees this imported toy bathroom *with running water!* The washstand, tub, shower and bowl are connected with a concealed tank and when the faucet is turned on the water runs. Two sizes: 12" long, $6; 14" long, $7.50. *Order from: Mayfair Playthings Stores, 9 East 57th St., New York.*

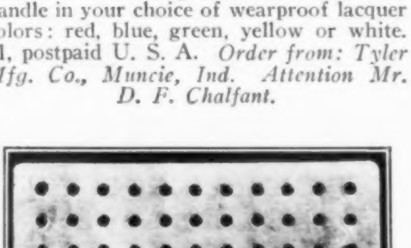
> *THIS DEPARTMENT has been started for the convenience of our readers. We feel that it will help each month in buying new and useful things for children, for the nursery and the home. Every single object is inspected by me personally before being illustrated.*

A MOST dependable New York shop offers this wall bracket electrified oil lamp—"The Queen Anne," as their outstanding value of the year. It is solid brass, or brass with pewter finish. It attaches to wall and the lamp may be lifted out to stand on the table. Height overall 12½"; the 8" pleated chintz shade has charming colors and has been specially treated to resist dust. Complete with glass chimney, shade, wall bracket and lamp, with silk covered cord, special at $5.95 postpaid east of the Mississippi. Pewter finish, add $2. *Order from Three New Yorkers Inc., 8 West 47th St., New York, N. Y.*

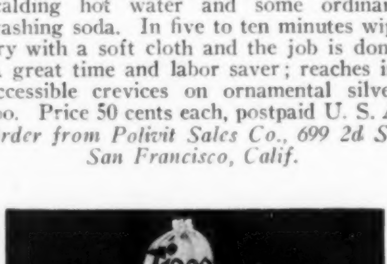


THIS copper washer employs an entirely new principle—it percolates hot soapy water sprayed automatically over the clothes. Handles the most delicate fabric; no hand rubbing at all. Operates on any direct heat: gas, oil, electricity, wood, coal or campfire. Small, 11½" diameter, 15" height, $13.50; large for the weekly wash, 16½" diameter, 25" height, $18.50. F. O. B. N. Y. Fine for baby things. *Order from Perco-Steril Machine Co., 22 East 41st Street., New York, N. Y.*

THE "Kluster-Knife" is a thoroughly descriptive name for this kitchen tool of many uses. As a light cleaver it will serve for chopping bones. A turn of a wing-nut brings a cluster of steel knives for tendering meat, mincing meat or vegetables—a chopping blade for chopping cabbage in a bowl. It is rust-proof steel; hardwood handle in your choice of wearproof lacquer colors: red, blue, green, yellow or white. $1, postpaid U. S. A. *Order from: Tyler Mfg. Co., Muncie, Ind. Attention Mr. D. F. Chalfant.*



POLISHES silver without tiresome polishing! This metal alloy plate which you simply place in any enameled or porcelain basin along with silver to be cleaned. Add scalding hot water and some ordinary washing soda. In five to ten minutes wipe dry with a soft cloth and the job is done. A great time and labor saver; reaches inaccessible crevices on ornamental silver, too. Price 50 cents each, postpaid U. S. A. *Order from Polivit Sales Co., 699 2d St., San Francisco, Calif.*



IN a shop specializing in most unusual toys I discovered this outfit called "The 1000 Animals." The parts are made of smooth hard wood. There are literally a thousand different charmingly grotesque animals. Good as a character builder. $3.25 postpaid in U. S. A. *Order from: The Playroom, 220 West 98th Street, New York, N. Y.*

A New Convenience for Mothers—

Downee Didee

This modern sanitary diaper, approved by physicians and hospitals, is more comfortable for babies and less trouble for mothers. Soft, fluffy Dee-Dee Pads do not chafe babies like ordinary, old fashioned diapers, and are easily disposed of like tissue in toilet bowl.

No More Diaper Washing

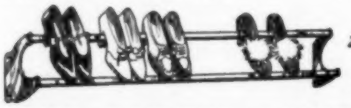
Does away entirely with disagreeable task of washing diapers and reduces babies' laundry at least 2½ times. Keeps babies' clothes and bedding dry.

Special Offer Trial package of 2 Downee Didees and 3 Packages of pads (44 small, 38 medium or 32 large pads per package), only $2.75. Extra pads, 55c per package. Specify size: Small for babies up to 4 mos. old; Medium, 4 to 9 mos.; Large, 9 mos. and older. Order today from

Downee Products Co. Dept. A, Sioux City, Iowa

Keep Footwear Orderly

K-V Shoe Racks provide a place for the orderly care of all footwear They encourage system and neatness on the part of children and are equally desirable for use by adults. Racks attached to closet door, baseboard or wall with screws provided. Strong, durable Finished in brushed nickel. Order direct if your dealer cannot supply you



Sizes 20" and 24"
One $1.25
Two $2.00

KNAPE & VOGT MFG. CO. 701 RICHMOND STREET GRAND RAPIDS, MICH.

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Please send me free sample nipple.
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Prize Announcement

The following problem appeared in the March issue of this magazine. We take pleasure in publishing below the letter which was awarded the prize as offering the most helpful suggestions. The author is Mrs. Charles P. Cleveland of Middletown, N. Y. Honorable mention is also made of the letter received from Mrs. H. C. Bonfig, Kansas City, Mo.

During the past three years six-year-old Jane and her mother have had continuous sharp conflicts of wills, and the mother has always remonstrated in an aggrieved way and has frequently punished the child severely. The little girl has seemed possessed to shock her mother in spite of punishments. She is now somewhat interested in her baby brother, six months old, but she often handles him roughly, and cannot be left alone with him without causing her mother to be uneasy. One day recently, coming in from play and discovering the baby alone in the room, Jane shook him strenuously and then ran out of doors.

The Prize-Winning Letter

If six-year-old Jane has had continuous sharp conflicts of will with her mother for three years, a serious mental and nervous habit has been formed that will require calm nerves and much tact on the mother's part.

It would seem that the mother was at fault to have sharp clashes with a mere child of three. Mother should consult a physician regarding her own nervous condition. Certainly she has missed the opportunity of forming that companionship with her little daughter during her impressionable years which would be the basis of a later comradeship that might help to guide her child through the adolescent period.

If Jane is an irritable child perhaps her daily body processes are at fault. Regular elimination is as necessary for a happy child as are nourishing, cheerful and regular meals.

Does Jane have sufficient sleep and outdoor exercise to meet the needs of her age and temperament? School will prevent daily sleep after the noon meal, but she should have plenty of outdoor play after school hours, then to bed early after supper.

Naughtiness is sometimes only a symptom of misdirected excess energy. Perhaps Jane needs more opportunity for self expression. It is human to rebel against too much guidance and curbing. She must perform her little tasks according to her child wishes and ideals.

But above all let mother take a daily rest so that she is not high-strung and demanding in Jane's presence. Avoid trying circumstances. If signs of temper appear, talk kindly to Jane. Do not punish her or use force. Never assume an aggrieved attitude. It will cause Jane to lose respect for mother.

Jane's treatment of her baby brother is probably due to jealousy.—*Mrs. C. P. C., Middletown, N. Y.*

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Please send "Scientific Lighting for Health" to
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"Little Toidey" with Foot Rest............$5.00
Without Foot Rest $3.00 "Toidey" Steps......$6.00

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Your baby won't lose her baby teeth before their time, as happened to a California toddler thrown against the side of the car. The eminent physician attending her bewailed the handicap to her health; recommends every baby have a "Comfy-Safe" AutoSeat from 9th month through 5th year.

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Program for Discussion at Your Next Meeting

PREPARED BY THE CHILD STUDY ASSOCIATION OF AMERICA

THE following outline for study is based on the article "Guiding the Adolescent in a Changing World," by Sidonie Matsner Gruenberg, in this issue.

How to Use This Program

Appoint a leader who will first read aloud the article on page 17. The leader should then present for discussion the various questions given below. She will next request various members of the group to take up, one by one, the Problems for Discussion. At the close of the meeting it will be found helpful for the leader to read the summary of the main points made in the article. In advance of the meeting, the various book and pamphlet references should be assigned to members of the group who will report on them at the meeting.

Questions Based on the Article

(1) Have young people undergone a radical change in their needs and desires, or is the change largely one of external setting?

(2) Is the general use of cosmetics today a sign of moral laxity?

(3) How can one account for the change in general attitudes toward them on the part of both men and women?

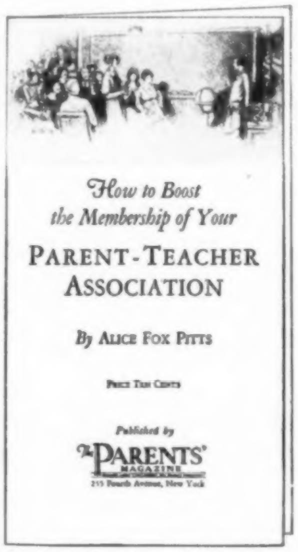
(4) Have adolescents always found their parents intolerant or is this a distinctly modern phase?

(5) How can parents achieve a balance between being old-fashioned disciplinarians and giving up all control of their children?

(6) Is it safe to begin challenging our own conventions?

(7) Is the "revolt of youth" a normal phase which is needed for wholesome development?

(8) Can mutual understanding and co-operation replace authoritative domination of the child by the parent?



How to Boost the Membership of Your
PARENT-TEACHER ASSOCIATION
By ALICE FOX PITTS
PRICE TEN CENTS
Published by
The PARENTS' MAGAZINE
255 Fourth Avenue, New York

In this 12-page pamphlet, Alice Fox Pitts outlines a well-laid plan of action for a successful membership drive. She discusses methods of gaining the co-operation of enrolled members and the school children; the proper time for the campaign; publicity in local newspapers, and every phase of the campaign itself. This helpful pamphlet will be sent on receipt of 10 cents in stamps or currency. Address the Group Service Bureau, THE PARENTS' MAGAZINE, 255 Fourth Avenue, New York, N. Y.

Points to Remember

(1) Changes in the structure of the household and in ways of living have brought changes in the relationships of parents and growing children.

(2) Memory of one's own youth is an insufficient guide to understanding the younger generation.

(3) Changing fashions must be kept distinct from moral issues, if our thinking is not to be confused.

(4) A parent's judgment, based on standards that no longer hold, sometimes arouses contempt rather than respect in the mind of the adolescent.

(5) An unprejudiced and unbiased approach to the many decisions and problems affecting adolescents is needed by young people and their parents as well.

(6) Increased freedom from restraint need not mean lack of guidance and control.

(7) Guidance implies constant revaluation of practice, in the light of changing conditions and experience.

Questions for Discussion

(1) For a number of generations the Browns had sent their sons to Yale. William, however, expressed a leaning for a middle western co-educational college. What should determine the decision?

(2) Mrs. S. dreaded the approaching school holidays because the routine of the household was so difficult to maintain. "Between unreasonable maids and unreasonable children I don't have a moment's peace until school starts again," she says. There are two daughters in the household—fifteen and seventeen years old. What solutions can be offered?

(3) Mary goes to the local college and has become tremendously interested in liberal thought and internationalism. Her parents would like to discourage

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her intimacies with certain of her newfound friends whom they consider unsuitable companions. Is this fair, and if so, how shall it be done?

(4) Elizabeth is a studious and quiet girl of sixteen who feels out of place with her rather hectic classmates who are interested in excitement and noisy amusement. Her parents fear that she will be increasingly neglected and not share in the good times to which her age entitles her. They try to compensate by taking her with them to theaters, concerts, on visits and trips.

(5) Seventeen-year-old Bob considers it right and proper that he should have the use of the family car on Saturday evenings. Since, in the state where he lives drivers' licenses are granted at sixteen, there is no legal reason against it. What consideration should determine the decision?

(6) Tom had saved his money and on his arrival at college had invested his own $50.00 in a car. His parents were very troubled about this and felt that he had misused his funds. The boy was defiant and wrote back that he would rather leave college than be there without his car.

(7) In a certain co-educational school there is a decided tendency to pair off and many parents of adolescent children feel that this is extremely undesirable, as some of the girls take these relationships too seriously. What steps would you take in a matter of this sort?

References

THE PSYCHOLOGY OF THE ADOLESCENT, by Leta S. Hollingworth. *Appleton.* $2.50.

THE ADOLESCENT IN MODERN SOCIETY, by Benjamin C. Gruenberg. *Child Study Association of America.* Reprint, 5 cents.

MENTAL HYGIENE PROBLEMS OF NORMAL ADOLESCENCE, by Jessie Taft, Ph.D. *National Committee for Mental Hygiene.* 15 cents.

CONCERNING PARENTS, edited by the Child Study Association of America. *Published by The New Republic, Inc.* See Page 137, Confronting the World—The Adjustments of Later Adolescence, by Frankwood E. Williams, M.D. $1.00.

SEX LIFE OF YOUTH, by G. Elliott and H. Bone. *Association Press.* $.75 (paper). $1.50 (cloth).

Understanding Hearts

BIOGRAPHERS of Goethe tell us that his mother told him such wonderful fairy tales that he lived in an enchanted land. She was especially fond of telling stories to him that had no endings and leaving him to invent the answers himself. It was the imagination fostered by this sweet, patient woman that gave to the world some of its greatest poetry. She was always inventing surprises for him, and spent hours in the making of a puppet show with a real stage and tiny actors, who put on a real play for his benefit.—*Excerpt taken from manuscript "Understanding Hearts" by Eugenia Whyte.*

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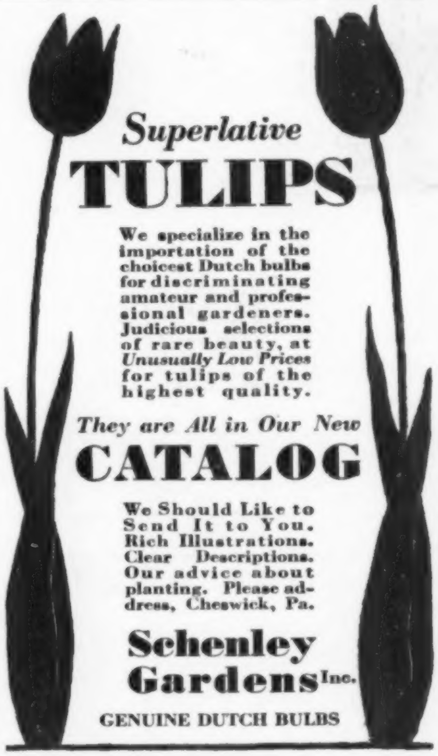

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All advertisements are certified as conforming to standards on page 82.

Helpful Booklets and Some Samples for the Asking

By Using the Coupon You Can Request Any Number of Them at One Time

All the booklets and samples listed below in italic type are offered free in the advertisements in this isue. Order by number. While some advertisers do not make any special offers in their advertisements, they all will be glad to send further information on request. Orders requiring remittances should be sent direct to the advertisers.

Apparel, Shoes and Textiles, etc.

Number	Products Advertised and *Booklet or Sample Offered*	See Page
1	Cantilever Shoes (Cubs)	50
2	Clark's Threads—*Threads and Needle Chart*	66
3	E-Z Underwear	72
4	Hood Canvas Shoes—*"Care of Children's Feet"*	53
5	Kaynee Sleeveless Suits—*"Boy Types and How to Dress Them"*	61
6	Minneapolis Garments	3rd Cover
7	Nazareth Children's Underwear—*Catalog*	63

Books for Children

Number	Products Advertised and *Booklet or Sample Offered*	See Page
8	Bookhouse for Children—*"Right Reading for Children"*	73
9	Compton's Pictured Encyclopedia—*Sample Section and Questionario Game*	59

Books for Parents

Number	Products Advertised and *Booklet or Sample Offered*	See Page
10	D. Appleton & Co.	74
11	Association Press	74
12	City & Country School Series	75
13	Cosmopolitan Book Corporation	67
14	Wm. Lewin	74
15	Macmillan Co.	74
16	G. P. Putnam's Sons	75
17	Chas. Scribner's Sons	77
18	Silver, Burdett & Co.	75

Camps

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19	Directory of Camps	5-9

Druggists' Supplies and Toilet Articles

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20	Colgate's Ribbon Dental Cream—*Trial Tube and "The Way to Happy Town"*	51
21	Crown Lavender Smelling Salts	77
22	Cuticura Soap	71
23	Derbac Shampoo—*"Booklet for Children"*	71
24	Duplex Safety Pins—*Card with Samples*	67
25	Laco Baby Powder—See adv. for other offer requiring remittance	71
26	Squibb's Dental Cream	46
27	VanKai Waving Fluid—See adv. for other offer requiring remittance	64

Food Products

Number	Products Advertised and *Booklet or Sample Offered*	See Page
28	Banana Growers Assn.—*"Bananas in the Modern Manner"*	49
29	Burnett's Vanilla—See adv. for other offer requiring remittance	52
30	Clapp's Strained Vegetable Baby Soups—*"Strained Vegetables for Infant Feeding"*	71
31	Cocomalt—*Trial size can*	47
32	Cream of Wheat—*Sample package and Plan of H. C. B. Club*	35
33	Gerber's Strained Vegetables—See adv. for other offer requiring remittance	65
34	Karo—*"The Food of the Infant and the Growing Child"*	45
35	Kellogg's Rice Krispies—*Literature and Advice on Child Feeding and Diet*	41
36	Quaker Oats	14
37	Quaker Farina	43
38	Royal Baking Powder—*"Royal Cook Book"—"Making Biscuits"*	44
39	Royal Gelatin—*"Recipes for Gelatin Desserts"*	54
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41	Wheatena—*Sample package*—See adv. for other offer requiring remittance	3

Household Equipment and Supplies

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44	Hilam Light—*"Scientific Lighting for Health"*	79
45	K-V Shoe Racks—See adv. for other offer requiring remittance	79
46	Leonard Refrigerators—*"All Steel Refrigerator Book"*	4th Cover
47	Lux	48
48	National Champion Gates—*"Save the Child"*	81
49	Pom Tongs—See adv. for other offer requiring remittance	79
50	Startex Toweling—See adv. for other offer requiring remittance	57
51	Super Sieve—See adv. for other offer requiring remittance	81

Infants' Specialties

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52	Baby Bottle Kit	67
53	"Comfy-Safe" Auto Seat	80
54	Doo-Tee Infant Trainer—See adv. for other offer requiring remittance	70

Approved
By the Experts and Readers of "The Parents' Magazine"

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THE PARENTS' MAGAZINE accepts only advertisements of reliable products, accurately described.

In passing on advertised products and the claims made for them, we use the same high standards as in selecting our editorial material.

In applying these advertising standards, we have the advice of our editors and associate editors, and other leading experts in the field of health, education, child welfare, nutrition, clothing, play equipment, the arts, etc.

Instead of having a relatively small analyzing and testing laboratory of our own, we use, whenever necessary, the facilities of Teachers' College, Columbia University, and what we believe to be the most reliable commercial laboratory in this city.

In using therapeutic products, readers are advised to consult their own physician.

Infants' Specialties—*Cont'd*

Number	Products Advertised and *Booklet or Sample Offered*	See Page
55	Downee Didee—See adv. for other offer requiring remittance	79
56	Gordon Motor Crib—*Descriptive Folder*	77
57	Heywood-Wakefield Baby Carriages—See adv. for other offer requiring remittance	55
58	Ingram's Transparent Nipples—*Sample Nipple*	79
59	Little Boy's Toilet Shield—See adv. for other offer requiring remittance	65
60	"Little Toidey"	80
61	Mennen's Baby Oil—See adv. for other offer requiring remittance	37
62	Mennen's Borated Talcum—See adv. for other offer requiring remittance	37
63	Pant-Ease Diapers—*Free Booklet*	76
64	Pyrex Nursing Bottles	65
65	Q'Tips—See adv. for other offer requiring remittance	65
66	Rock-a-Bye Auto Seat—*Catalog of Nursery Specialties*	70
67	Safety Thumb Guards—See adv. for other offer requiring remittance	76
68	Dr. Thompson's Sanitary Rings—See adv. for other offer requiring remittance	79
69	"Toidey" Steps	80

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Number	Products Advertised and *Booklet or Sample Offered*	See Page
70	Directory of Schools	10-13

Toys and Play Equipment

Number	Products Advertised and *Booklet or Sample Offered*	See Page
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72	Bradley's Pre-School Playthings—*"Child Play Education"*	56
73	Busy Kiddie—*Booklet*	71
74	Holgate Toys—*Illustrated Circulars and Prices*	70
75	Iver Johnson Velocipedes and Juniorcycles—*"Catalog C"*	66
76	Junglegym—*"Movi-Graff of Junglegym"*	71
77	KoKoMo Champion Skates	77
78	Mayfair Playthings—*Spring Catalog*	79
79	Merremaker Play Equipment—*Catalog and Price List*	69
80	Playskool Peggy Box—See adv. for other offer requiring remittance	75

Miscellaneous

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82	Calvert School	75
83	John Hancock Mutual Life Ins. Co.—See adv. for other offer requiring remittance	75
84	Investors Syndicate—*"Payment Schedule and Full Details"*	81
85	Juvenile Music Bureau—See adv. for other offer requiring remittance	76
86	Kodak—*"Illustrated Book on Taking Children's Pictures"*	39
87	Metropolitan Life Ins. Co.—*"Booklet on Accident Prevention—530-Y"*	2nd Cover
88	Prince George Hotel	81
89	Savo Steel Flower Box—*Catalog*	77
90	Schenley Gardens—*Catalog*	81
91	State Univ. of Iowa	81

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THE PARENTS' MAGAZINE
255 Fourth Ave., New York, N. Y.

May Issue

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24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46
47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69
70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	

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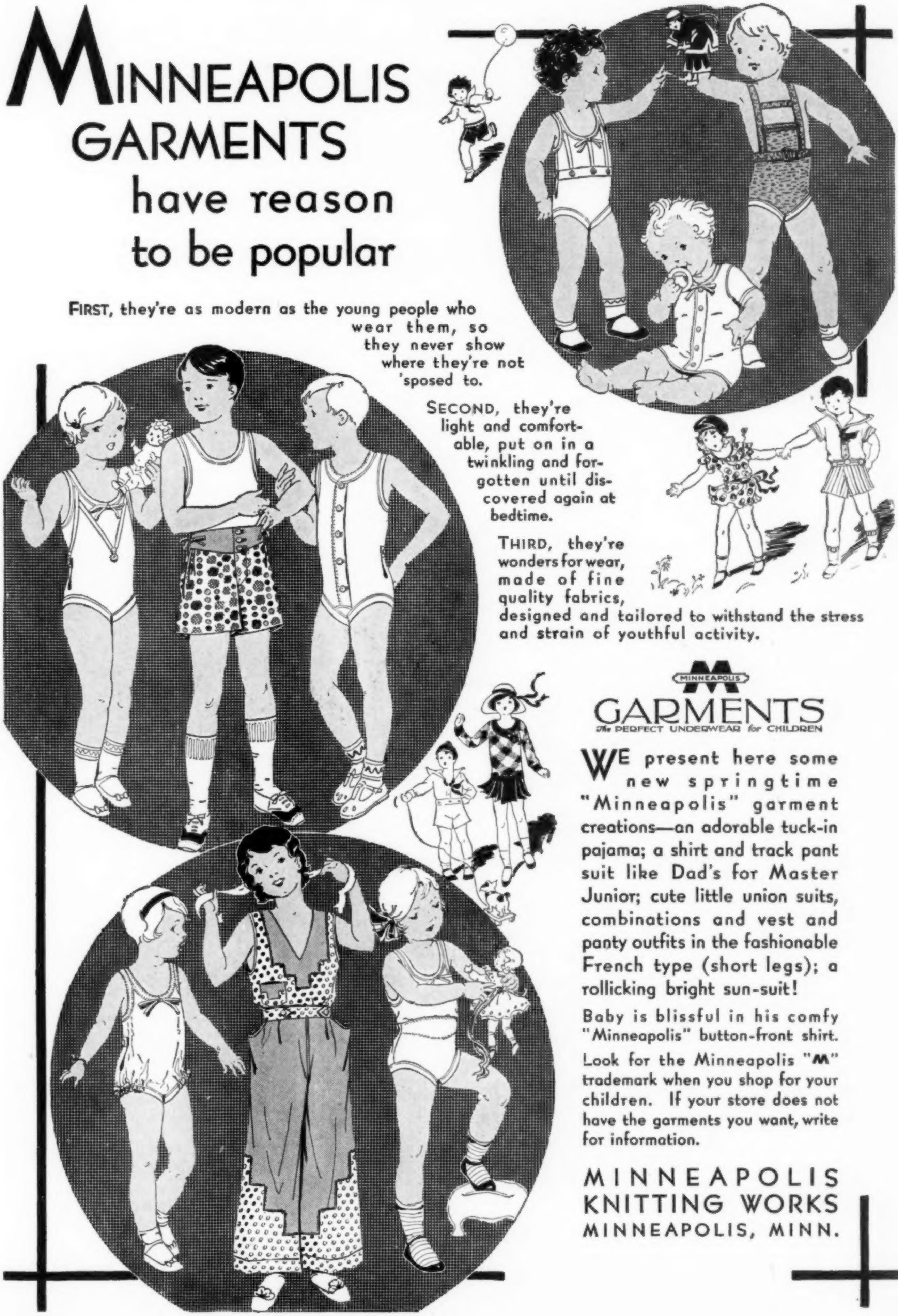

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